

*Creating Community Through People, Parks & Programs*

Fall 2014

# Recreation

**THANKSGIVING  
BREAK  
CAMPS**  
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# Trick or Treat on Safety Street

Centerville Community Center | Friday, October 24th

Come visit a trick or treat wonderland, where children can travel to miniature houses in Halloween Town gathering goodies without the worries of being out in the streets. Enjoy snacks at Alice's Wonderland Tea Party, car crafts at the Radiator Springs Auto Repair shop, kids carnival booths at Super Hero City, and play in the Where the Wild Things Are pre-school rumpus room. Bring your camera for family photos throughout the building.

For more information, call (510) 494-4344

## CHILD (AGES 0-9) & 2 ADULTS

BAR	TIME	FEE
214332	5:00PM	\$9
214333	5:30PM	\$9
214334	6:30PM	\$9
214335	7:00PM	\$9

## ADDITIONAL NON-PARTICIPANTS

BAR	TIME	FEE
214336	5:00PM	\$2
214337	5:30PM	\$2
214338	6:30PM	\$2
214339	7:00PM	\$2

Tickets are required for children (Ages 0-9). Two adults per family have free entry but must accompany children with paid admission. Additional non-participants are \$2 each. At the Door tickets (if not sold out in advance) are \$15 per child.



## PERSONAL TRAINER CERTIFICATION

*"Become a Nationally Certified  
PERSONAL TRAINER!"*



Learn in person with a classroom setting!

Key topics include: biomechanics, exercise physiology, fitness testing, equipment usage, and health assessment.

World Instructor Training Schools (W.I.T.S.) is the only major certifying body in the country providing comprehensive practical training and internship components. CPR/AED certification is required in order to receive the W.I.T.S Personal Trainer Certification.

See page 21 for more details.



**FREE ORIENTATION**  
In-Person on  
Sep 27 at CPVSC  
BAR#214986

## Central Perks @ Lake Elizabeth

COFFEE & SNACK STAND



{We'll see you at the park!}

Located near the Boat Docks at Lake Elizabeth

- Freshly Brewed Coffee
- Full Lunch Menu
- Fountain Drinks
- Catering Options
- Vienna Bakery Treats
- Dippin' Dots Ice Cream

Check out Central Perks online for more details!

[www.Fremont.gov/CentralPerks](http://www.Fremont.gov/CentralPerks)

(510) 494-4300 | [www.Fremont.gov/CentralPerks](http://www.Fremont.gov/CentralPerks) | [jdilks@fremont.gov](mailto:jdilks@fremont.gov)

Enjoy a free small coffee or small fountain drink with any purchase.  
This offer cannot be combined with any other offer. No photo copies. Expires. 10/31/14

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# In The Spotlight



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**Dance . . . . . page 14**

**OH, NO!**  
**YOU CANCELLED IT!**

Sometimes courses are cancelled because people wait too long to register. Please register early to avoid disappointment!



# ACADEMIC ENRICHMENT

ACADEMIC ENRICHMENT

ACADEMIC ENRICHMENT

## OLIVE CHILDRENS FOUNDATION

For registration questions, please call (510) 494-4344  
For curriculum questions, please call (510) 770-8708

### FREE Open House

**Ages 10-18**

Come and learn about our classes!  
Saturday, August 30 | Olive Childrens Foundation  
10:00AM: 217137, 11:30AM: 217136, 1:00PM: 217138

### Middle School

**Ages 11-13 NEW!**

Students will learn the craft of writing original persuasive and expository speeches, while harnessing the technique to deliver a compelling speech. This class provides an energetic, warm, and theatrical environment to bring student's speaking skills to life — a skill that will translate to their school experience and communication abilities in life. \$20 material fee due at first day of class.

#### SPEECH

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
217135	11-13	OCF	Sep10-Oct29	6:00PM-8:00PM	8	W	OCF	\$319

#### DEBATE

217229	11-13	OCF	Sep10-Oct29	6:00PM-8:00PM	8	W	OCF	\$319
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### Mock Trial

**Ages 10-18 NEW!**

Experience what it is like to role play as attorneys and witnesses in actual courtroom trials! The trials will involve cases dealing with negligence, malpractice, defamation of character, contract law, as well as: constitutional, international, and environmental law. Enrollees will receive a Mock Trial Manual that will demonstrate how to prepare and participate in a courtroom as attorneys and witnesses. Enrollees will create opening statements, direct and cross examinations, and closing arguments in preparation for their classroom trials. Come and join this 'battle of wits! \$20 material fee due at first day of class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
217132	10-11	OCF	Sep13-Nov1	10:00AM-12:00PM	8	Sa	OCF	\$319
217133	12-13	OCF	Sep13-Nov1	1:00PM-3:00PM	8	Sa	OCF	\$319
217134	14-18	OCF	Sep13-Nov1	3:30PM-5:30PM	8	Sa	OCF	\$399

### Model United Nations

**Ages 12-18 NEW!**

The entire world is the stage at Model United Nations! Take the position of any country on any issue and prepare to debate. Committees simulate the actual activities of the United Nations as delegates take and defend their positions, build coalitions, and pass resolutions on international issues. Important skills including, but not limited to, debate, public speaking, negotiating, writing, research, and conflict resolution are employed in practice and at conferences. \$20 material fee due at first day of class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
217131	12-18	OCF	Sep12-Oct31	6:00PM-8:00PM	8	F	OCF	\$319

**CHESS CLASSES PAGE 26**



### Warm Springs

**Grades K-6th**

### After School Care & Homework

For more information, call (510) 791-4318

Worried that your child is not getting enough academic support in after school care? Here is your solution! Our enthusiastic and experienced staff provides students quality care and homework support. This unique program's low student/tutor ratio provides daily homework assistance, well-structured daily curriculum, nutritious snacks, and exciting fun activities at the Warm Springs Community Center. Free pick up from Leitch Elementary School and Warm Springs Elementary School (including early release days). No class Sep. 1, Nov. 11, 24-28, Dec. 22-Jan. 2.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214261	5-12	WSCC	Aug27-Sep24	3:00PM-6:00PM	20	M-F	\$359
214262	5-12	WSCC	Sep25-Oct22	3:00PM-6:00PM	20	M-F	\$359
214263	5-12	WSCC	Oct23-Nov20	3:00PM-6:00PM	20	M-F	\$359
214264	5-12	WSCC	Nov21-Jan 8	3:00PM-6:00PM	20	M-F	\$359

### SAT Preparation

**Ages 13 & up**

For more information, call (510) 494-4349 or email [dsw12@hotmail.com](mailto:dsw12@hotmail.com)

UPCOMING SAT EXAM DATES: Oct4,2014.: Jan 24, Mar 7, and May 2, 2015. No Class on Nov29, 2014. This class also prepares students for the PSAT. College admissions requirements and target score strategies will also be discussed. . No material fee-FULL SET of handouts (strategy sheets, worksheets, mini-practice exam, homework, and some class notes) included in class fee.

### Critical Reading and Writing

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students will learn the basic concepts of and strategies for the Critical Reading and Writing sections. Each session includes a practice exam essay and five other practice exam sections graded with personalized feedback from the instructor.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216351	13 & up	WSCC	Sep6-Oct4	10:00AM-12:00PM	5	Sa	Wang	\$139
216352	13 & up	WSCC	Nov15-Dec20	10:00AM-12:00PM	5	Sa	Wang	\$139
216353	13 & up	CPVSC	Oct9-Nov6	10:00AM-12:00PM	5	Th	Wang	\$139

### Math

This is an in-depth review of all 4 math topics covered by the SAT. This class also helps students review/relearn all the important math topics that should be mastered for future math classes. Sample problems-both multiple choice & 'grid-ins'-will be demonstrated in class. Practice exam sections will be given and graded in class-and personalized feedback will be given to the students.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216354	13 & up	CPVSC	Sep4-Oct2	4:30PM-6:30PM	5	Th	Wang	\$139
216355	13 & up	WSCC	Oct11-Nov8	10:00 AM-12:00PM	5	Sa	Wang	\$139
216356	13 & up	CPVSC	Nov13-Dec18	4:30PM-6:30PM	5	Th	Wang	\$139



# COMMUNICATION ACADEMY

For registration questions, call (510) 494-4344

For curriculum question, call (408) 777-8876 or visit [communicationacademy.com](http://communicationacademy.com).



## FREE Open House

**Ages 5-17**

Communication Academy gives students the skills they need to succeed both inside and outside of the classroom! Our FREE one-hour open house offers an excellent overview of all our courses. Hear about our innovative curriculum and ongoing course series. Participate in sample activities from our public speaking, debate, reading, and writing courses. Learn about the academic and personal benefits of the language arts enrichment classes we provide. Meet our professional instructors, find out how we select them, and see how they share their passion with students. Discover the history of our company, from why we are here to what we do. All questions welcome! Parents and students are invited to join us for an hour of fun and learning!

**IRVINGTON COMMUNITY CENTER | 1-2PM**

**SATURDAY, SEPT 13 (BAR# 214282)**

**SATURDAY, SEPT 27 (BAR# 214283)**

## Academic Writing and Reading Expository

**Ages 5-11**

Based on Common Core standards! This NEW course combines writing and reading together. Students will read various selections and incorporate text evidence into expository writing pieces. Focus on: organization, use of evidence, voice, focus, word choice, and grammar. Experienced educators, detailed feedback! \$25 material fee due at first day of class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214279	5-6	IRCC	Oct1-Dec10	4:00PM-5:00PM	10	W	CA	\$255
214280	7-8	IRCC	Oct1-Dec10	5:15PM-6:15PM	10	W	CA	\$255
214281	9-11	IRCC	Oct2-Dec11	5:15PM-6:15PM	10	Th	CA	\$259

## Math Olympiad

**Ages 7-11**

Math Olympiad stimulates a student's love for math while introducing and sharpening analytical skills. Featuring challenging word problems from previous Math Olympiad tests, our ongoing Math Olympiad Series is designed to help students strengthen math intuition and master creative problem solving strategies. Students become proficient in problem solving techniques, discover the fun of math, and increase Math Olympiad scores. \$25 material fee due at first day of class. No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214284	7-8	IRCC	Oct4-Dec13	1:00PM-2:00PM	10	Sa	CA	\$255
214285	9-11	IRCC	Oct4-Dec13	2:15PM-3:45PM	10	Sa	CA	\$389

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FOR ACADEMIC  
ENRICHMENT  
CAMPS



**Ages 5-8**

## Pre-Public Speaking: Confident Speech

Want your child to be an effective class participant and successful public speaker? Confidence is the key! In Confident Speech students learn how to overcome nervousness, speak clearly, use non-verbal communication and organize ideas. Students build confidence and develop a strong public speaking foundation. \$15 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214289	5-6	IRCC	Oct4-Dec13	1:00PM-2:00PM	10	Sa	CA	\$255
214290	7-8	IRCC	Oct4-Dec13	2:15PM-3:15PM	10	Sa	CA	\$255
214291	5-6	IRCC	Oct1-Dec10	5:15PM-6:15PM	10	W	CA	\$255
214292	7-8	IRCC	Oct1-Dec10	4:00PM-5:00PM	10	W	CA	\$255

## Public Speaking & Academic Writing and Reading

**Ages 7-11**

SAVE \$50 when you enroll in Combo Classes which combine two fun, back-to-back classes from Communication Academy. Parents maintain peace-of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting. Don't delay on this fantastic opportunity. \$40-\$50 due at first day of class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214293	9-11	IRCC	Oct2-Dec11	4:00PM-6:15PM	10	Th	CA	\$465
216080	5-6	IRCC	Oct1-Dec10	4:00PM-6:15PM	10	W	CA	\$459
216081	7-8	IRCC	Oct1-Dec10	4:00PM-6:15PM	10	W	CA	\$459

## Public Speaking: Persuasive Speech

Based on Common Core standards, Persuasive Speech teaches the oral skills of persuasion. Students will learn how to develop a well-organized and cohesive argument to sway an audience. Detailed feedback, professional coaches! First and final speeches recorded on DVD. \$25 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216079	9-11	IRCC	Oct2-Dec11	4:00PM-5:00PM	10	Th	CA	\$259



# AQUATICS

## AMERICAN SWIM ACADEMY

For more information, contact the registration desk at [RegeRec@fremont.gov](mailto:RegeRec@fremont.gov) or call (510) 494-4300

Classes are 30 minutes each. All classes are taught in indoor heated pools heated to 92°F, creating a warm, inviting environment. Classes are small. Participants must wear a swimsuit and bring a towel. The required ASA \$30 registration fee is included in the price listed. Registration will close at 4:30PM on Thursday Sept. 4th. To withdraw after Sept. 4th, you must contact the American Swim Academy directly. You will not receive a refund however; you will receive an American Swim Academy credit minus a \$25 cancellation fee. No class all day Thursday, Nov. 27th for Thanksgiving or Friday, Oct. 31st after 5:30PM for Halloween. Classes have been pro-rated for these holidays.

AQUATICS

### Parent & Child

**Ages ½-2**

This class combines water adaptation and safety. Once comfortable in the water, your child will learn safety skills, including holding his/her breath, floating, kicking and climbing out of the water. Non/Newly potty trained children are required to wear a swim diaper. This is a parent participation class and all students must be accompanied by an adult in the water. Maximum 6 per class.

#### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
215779	Sep7-Dec14	1:45PM-2:15PM	15	Su	\$300
215780	Sep8-Dec15	5:30PM-6:00PM	15	M	\$300
215781	Sep9-Dec16	6:00PM-6:30PM	15	Tu	\$300
215782	Sep10-Dec17	9:00AM-9:30AM	15	W	\$225
215783	Sep10-Dec17	5:30PM-6:00PM	15	W	\$300
215784	Sep11-Dec18	9:00AM-9:30AM	14	Th	\$212
215785	Sep11-Dec18	5:30PM-6:00PM	14	Th	\$282
215786	Sep12-Dec19	9:30AM-10:00AM	15	F	\$225
215787	Sep12-Dec19	12:00AM-12:30PM	15	F	\$225
215788	Sep13-Dec20	12:00PM-12:30PM	15	Sa	\$300

#### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
215789	Sep7-Dec14	1:00PM-1:30PM	15	Su	\$300
215790	Sep8-Dec15	6:00PM-6:30PM	15	M	\$300
215791	Sep9-Dec16	9:30AM-10:00AM	15	Tu	\$195
215792	Sep9-Dec16	6:00PM-6:30PM	15	Tu	\$300
215793	Sep10-Dec17	6:00PM-6:30PM	15	W	\$300
215794	Sep11-Dec18	10:00AM-10:30AM	14	Th	\$184
215795	Sep11-Dec18	5:00PM-5:30PM	14	Th	\$282
215796	Sep12-Dec19	10:00AM-10:30AM	15	F	\$195
215797	Sep12-Dec19	6:30PM-7:00PM	14	F	\$282
215798	Sep13-Dec20	1:00PM-1:30PM	15	Sa	\$300

### Tots

**Ages 3-4**

The ultimate goals for our preschool swimmers are water comfort, water movement, and water safety. Instructors incorporate games and positive reinforcement to get swimmers comfortable in the water. Heavy emphasis is placed on water safety. Maximum 4 students per class.

#### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
215799	Sep7-Dec14	2:15PM-2:45PM	15	Su	\$300
215800	Sep7-Dec14	3:00PM-3:30PM	15	Su	\$300
215801	Sep8-Dec15	9:00AM-9:30AM	15	M	\$225
215802	Sep8-Dec15	10:00AM-10:30AM	15	M	\$225
215803	Sep8-Dec15	4:30PM-5:00PM	15	M	\$300
215804	Sep9-Dec16	4:15PM-4:45PM	15	Tu	\$300
215805	Sep10-Dec17	10:30AM-11:00AM	15	W	\$225
215806	Sep11-Dec18	10:00AM-10:30AM	14	Th	\$212
215807	Sep11-Dec18	4:30PM-5:00PM	14	Th	\$282
215808	Sep12-Dec19	9:00AM-9:30AM	15	F	\$225
215809	Sep12-Dec19	12:00PM-12:30PM	15	F	\$225
215810	Sep13-Dec20	1:45PM-2:15PM	15	Sa	\$300
215811	Sep13-Dec20	2:15PM-2:45PM	15	Sa	\$300

#### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
215812	Sep7-Dec14	1:00PM-1:30PM	15	Su	\$300
215813	Sep7-Dec14	2:00PM-2:30PM	15	Su	\$300
215814	Sep8-Dec15	11:00AM-11:30AM	15	M	\$195
215815	Sep8-Dec15	1:00PM-1:30PM	15	M	\$195
215816	Sep8-Dec15	7:30PM-8:00PM	15	M	\$300
215817	Sep9-Dec16	4:30PM-5:00PM	15	Tu	\$300
215818	Sep10-Dec17	10:30AM-11:00AM	15	W	\$195
215819	Sep11-Dec18	11:00AM-11:30AM	14	Th	\$184
215820	Sep11-Dec18	3:30PM-4:00PM	14	Th	\$282
215821	Sep12-Dec19	11:30AM-12:00PM	15	F	\$195
215822	Sep12-Dec19	12:00PM-12:30PM	15	F	\$195
215823	Sep13-Dec20	1:30PM-2:00PM	15	Sa	\$300
215824	Sep13-Dec20	2:30PM-3:00PM	15	Sa	\$300

### Youth & Teens: Home-Schooled

**Ages 5-9**

We offer four levels of beginner classes ranging from first time in the water to perfecting the front crawl stroke. All steps are broken down for easy learning and instructors make classes fun with games and positive reinforcement. Earn Physical Education credits for your home-schooled child. Maximum 4 per class

#### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
215849	Sep8-Dec15	1:00PM-1:30PM	15	M	\$225
215850	Sep10-Dec17	1:00PM-1:30PM	15	W	\$225
215853	Sep8-Dec15	1:00PM-1:30PM	15	M	\$225
215854	Sep10-Dec17	1:00PM-1:30PM	15	W	\$225

#### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
215851	Sep9-Dec16	1:00PM-1:30PM	15	Tu	\$195
215852	Sep11-Dec18	1:00PM-1:30PM	14	Th	\$184
215855	Sep9-Dec16	1:00PM-1:30PM	15	Tu	\$195
215856	Sep11-Dec18	1:00PM-1:30PM	14	Th	\$184



AQUATICS



LIKE US ON FACEBOOK



FREMONT COMMUNITY SERVICES

**Youth**

**Ages 5-9**

The ultimate goals for our beginner swimmers are water comfort, water movement and safety and to begin learning the fundamentals of freestyle. All steps are broken down for easy learning and instructors make the class fun with games and positive reinforcement. Maximum 4 students per class.

**FREMONT LOCATION**

BAR	DATE	TIME	#	DAY	FEE
215825	Sep7-Dec14	2:15PM-2:45PM	15	Su	\$300
215826	Sep8-Dec15	8:30AM-9:00AM	15	M	\$225
215827	Sep8-Dec15	3:30PM-4:00PM	15	M	\$300
215828	Sep8-Dec15	5:00PM-5:30PM	15	M	\$300
215829	Sep9-Dec16	4:15PM-4:45PM	15	Tu	\$300
215830	Sep9-Dec16	5:15PM-5:45PM	15	Tu	\$300
215831	Sep10-Dec17	4:15PM-4:45PM	15	W	\$300
215832	Sep10-Dec17	5:15PM-5:45PM	15	W	\$300
215833	Sep11-Dec18	12:30PM-1:00PM	14	Th	\$212
215834	Sep11-Dec18	3:30PM-4:00PM	14	Th	\$282
215835	Sep12-Dec19	4:00PM-4:30PM	15	F	\$300
215836	Sep13-Dec20	2:15PM-2:45PM	15	Sa	\$300

**NEWARK LOCATION**

BAR	DATE	TIME	#	DAY	FEE
215837	Sep7-Dec14	2:00PM-2:30PM	15	Su	\$300
215838	Sep8-Dec15	1:30PM-2:00PM	15	M	\$195
215839	Sep8-Dec15	3:30PM-4:00PM	15	M	\$300
215840	Sep8-Dec15	7:00PM-7:30PM	15	M	\$300
215841	Sep9-Dec16	4:30PM-5:00PM	15	Tu	\$300
215842	Sep9-Dec16	7:00PM-7:30PM	15	Tu	\$300
215843	Sep10-Dec17	3:30PM-4:00PM	15	W	\$300
215844	Sep10-Dec17	4:30PM-5:00PM	15	W	\$300
215845	Sep11-Dec18	12:30PM-1:00PM	14	Th	\$184
215846	Sep11-Dec18	3:30PM-4:00PM	14	Th	\$282
215847	Sep12-Dec19	4:00PM-4:30PM	15	F	\$300
215848	Sep13-Dec20	2:00PM-2:30PM	15	Sa	\$300

**Stroke**

**Ages 7 & up**

Stroke training classes are for American Swim Academy graduates, students already competent in all 4 strokes and summer league swimmers. The program focuses on stroke technique and the importance of learning proper form. Students will perform drills that isolate specific fundamentals for each of the 4 competitive strokes. Maximum 6 per class.

**FREMONT LOCATION**

BAR	DATE	TIME	#	DAY	FEE
215857	Sep8-Dec15	5:45PM-6:15PM	15	M	\$300
215858	Sep13-Dec20	8:30AM-9:00AM	15	Sa	\$300

**NEWARK LOCATION**

BAR	DATE	TIME	#	DAY	FEE
215859	Sep7-Dec14	3:30PM-4:00PM	15	Su	\$300
215860	Sep13-Dec20	8:30AM-9:00AM	15	Sa	\$300

**Teens**

**Ages 10-14**

Grouped primarily by age, this class allows young teens to progress individually. Instructors determine their ability during the first class. Maximum 4 per class.

**FREMONT LOCATION**

BAR	DATE	TIME	#	DAY	FEE
215861	Sep8-Dec15	3:30PM-4:00PM	15	M	\$300
215862	Sep8-Dec15	5:00PM-5:30PM	15	M	\$300
215863	Sep9-Dec16	7:00PM-7:30PM	15	Tu	\$300
215864	Sep10-Dec17	4:00PM-4:30PM	15	W	\$300
215865	Sep11-Dec18	4:30PM-5:00PM	14	Th	\$282

**NEWARK LOCATION**

BAR	DATE	TIME	#	DAY	FEE
215856	Sep8-Dec15	4:30PM-5:00PM	15	M	\$300
215867	Sep9-Dec16	7:00PM-7:30PM	15	Tu	\$300
215868	Sep10-Dec17	4:30PM-5:00PM	15	W	\$300
215869	Sep11-Dec18	7:00PM-7:30PM	14	Th	\$282
215870	Sep12-Dec19	4:30PM-5:00PM	15	F	\$300

**Adults**

**Ages 15 & up**

Our adult classes are small, personal and self-paced. Classes meet the individual need of every adult ranging from those who have a life-long fear of water to students wanting to perfect their stroke. Maximum 4 per class.

**CO-ED**

**FREMONT LOCATION**

BAR	AGE	DATE	TIME	#	DAY	FEE
215877	15 & up	Sep8-Dec15	8:30AM-9:00AM	15	M	\$225
215878	15 & up	Sep8-Dec15	7:15PM-7:45PM	15	M	\$300
215879	15 & up	Sep10-Dec17	8:30AM-9:00AM	15	W	\$225
215880	15 & up	Sep11-Dec18	8:30AM-9:00AM	14	Th	\$212
215881	15 & up	Sep12-Dec19	8:30AM-9:00AM	15	F	\$225

**NEWARK LOCATION**

BAR	AGE	DATE	TIME	#	DAY	FEE
215882	15 & up	Sep8-Dec15	9:00AM-9:30AM	15	M	\$195
215883	15 & up	Sep8-Dec15	8:00PM-8:30PM	15	M	\$300
215884	15 & up	Sep10-Dec17	9:00AM-9:30AM	15	W	\$195
215885	15 & up	Sep11-Dec18	8:00PM-8:30PM	14	Th	\$282
215886	15 & up	Sep12-Dec19	9:00AM-9:30AM	15	F	\$195

**MEN ONLY**

**NEWARK LOCATION**

BAR	AGE	DATE	TIME	#	DAY	FEE
215871	15 & up	Sep12-Dec19	8:00PM-8:30PM	14	F	\$282

**WOMEN ONLY**

**NEWARK LOCATION**

BAR	AGE	DATE	TIME	#	DAY	FEE
215874	15 & up	Sep8-Dec15	8:45PM-9:15PM	15	M	\$300
215875	15 & up	Sep9-Dec16	8:45PM-9:15PM	15	Tu	\$300
215876	15 & up	Sep10-Dec17	8:45PM-9:15PM	15	W	\$300



Open weekends through September.  
[GoAquaAdventure.com](http://GoAquaAdventure.com)



# ART

For more information, call (510) 494-4322

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## Balloon Twisting Workshop

**Ages 7-11**

Explore and discover some of the basics of 'one balloon animal' twisting in this NEW special workshop! Participants will learn a simple three-step method to make the balloon animals and decorate them. The instructor has done animal balloon twisting for 20+ years and began teaching groups this art six years ago. \$3 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215186	7-11	OHAC	Oct8	3:30PM-5:00PM	1	W	Wertman	\$19

## Mommy & Me Sewing

**Ages 7 & up**

Learn a new skill and bond with your child at the same time! In this NEW class, you will enjoy learning various techniques of hand sewing. Class includes instruction and project work, with students working independently with instructor's supervision.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215394	7 & up	SHP	Sep10-Oct8	6:30PM-8:00PM	5	W	Kieft	\$109
215395	7 & up	SHP	Oct22-Nov19	6:30PM-8:00PM	5	W	Kieft	\$109

## Project Runway

**Ages 8-13 NEW!**

Save money and express your own style. Design clothing using sewing patterns and learn sewing safety tips and stitching techniques by hand and with machine. Sewing machines provided for each two students. Learn to read patterns to make clothing and more. Show off your work at the Fashion Showcase at the last day of class modeling their own creations. Students will receive a supply list at the first day of class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214902	8-13	SHP	Sep16-Oct14	6:00PM-8:00PM	5	Tu	Kieft	\$129
214903	8-13	SHP	Oct21-Dec2	6:00PM-8:00PM	5	Tu	Kieft	\$129

## Tea Parties!

**Ages 6-10 NEW!**

This is the class for those who love to be creative and play make-believe! We'll be making decorations and placemats for our tea party and will decorate our own aprons! Then, to top it off, we'll be making our own little savory and tea tasties to go along with our decorations! Come and join the fun! All materials supplied. Participants leave with their very own designed apron and tasty treats! No class Nov 11 & 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214908	6-10	SHP	Sep16-Oct14	2:00PM-3:30PM	5	Tu	Kieft	\$89
214909	6-10	SHP	Oct21-Dec2	2:00PM-3:30PM	5	Tu	Kieft	\$89



## YOUNG REMBRANDTS

### Eric Carle Drawing Workshop

**Ages 4-6**

Come explore the world of Eric Carle as we read different Eric Carle books then draw a lesson incorporating one aspect of the book we just enjoyed. Our creativity and imagination will play together as we create wonderful drawings of creatures like a caterpillar, a lady-bug, and crab. \$10 material fee due at first class. No class Nov 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214099	4-6	CCC	Nov7-Dec12	10:00AM-11:30AM	5	F	Young Rembrandts	\$99

### FUNDamental Drawing

**Ages 4-6**

Young Rembrandts FUNDamental drawing classes teach children the skills necessary to draw complex images. As they learn to draw with our step-by-step method, children develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. In Young Rembrandts weekly classes, young children learn how to follow directions, hold and use a pencil, increase their attention span and grow their self-confidence so they will be successful in kindergarten. No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214079	4-6	CCC	Sep20-Oct25	9:30AM-10:30AM	6	Sa	Young Rembrandts	\$99
214080	4-6	CCC	Nov1-Dec13	9:30AM-10:30AM	6	Sa	Young Rembrandts	\$99

### Curious George Drawing Workshop

**Ages 4-6 NEW!**

Pre-school children will explore the world of H.A. and Margaret Rey in this workshop full of art and reading. Each day we will read a different Curious George book. Afterward we will draw a Young Rembrandts lesson which incorporates one aspect of the book we just enjoyed reading together. Our creativity and imagination will play together as we create wonderful drawings. \$10 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214088	4-6	CCC	Sep26-Oct24	10:00AM-11:30AM	5	F	Young Rembrandts	\$99

### Holiday Card-Making Workshop

**Ages 6-12**

Create your own special greeting cards while learning to draw a wonderful array of still life drawings the YR way. We will draw a variety of holiday and winter imagery. Highlights and shading will enhance each drawing. No prior experience needed. All supplies provided.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214101	6-12	CPVSC	Dec6	1:00PM-4:00PM	1	Sa	Young Rembrandts	\$39

### Anime

**Ages 6-12**

Why sit in front of the TV and watch cartoons when you can draw amazing characters and awesome scenes of your very own? Our students will create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off of the page. We will use a variety of facial expressions, action, and movement to illustrate our scenes. \$10 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214100	6-12	CCC	Oct1-29	4:00PM-5:30PM	5	W	Young Rembrandts	\$119



# FINE ART STUDIO

No class Oct 4 & Nov 29.

## Junior Painters

**Ages 4-5**

This class invites your child to paint amazing art. Your child's creative thought is a process that can be learned with practice and inspiration. Junior Painters prepares your child for the next class of Master Painters, Master Painters II and Master Painters Continuing. Your child will experience artist's style & history and basics of color theory and application. Our mediums are temperas and glazes. This class encourages creativity and enhances coordination, imagination and fine motor skills. While in class, your child will experience a sense of peace and joy in which to grow as an artist.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216029	4-5	WSSC	Sep13-Oct11	9:00AM-10:30AM	4	Sa	Mrs. Christina	\$109
216030	4-5	WSSC	Oct18-Nov8	9:00AM-10:30AM	4	Sa	Mrs. Christina	\$109
216031	4-5	WSSC	Nov15-Dec13	9:00AM-10:30AM	4	Sa	Mrs. Christina	\$109

## Masters Painters I and II

**Ages 6-10**

Master Painters is an advanced painting class for children who already have basic skills of color theory and composition. This class is an advanced painting class for children who have completed the Fremont Junior classes or have knowledge of art through another program. We will create fantastic art together while using mediums of acrylic and glaze paints on canvas and other surfaces. Your child's creative thought is a process that can be learned with practice and inspiration. While in class, we will experience a fun loving atmosphere encouraging creativity, imagination and fine motor skills. Your child will produce 'amazing art'-be it expressive, geometric or naturalistic in style. If you would like to paint on canvas this class is for you!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216032	6-10	WSSC	Sep13-Oct11	11:00AM-12:30PM	4	Sa	Mrs. Christina	\$109
216033	6-10	WSSC	Oct18-Nov8	11:00AM-12:30PM	4	Sa	Mrs. Christina	\$109
216035	6-10	WSSC	Nov15-Dec13	11:00AM-12:30PM	4	Sa	Mrs. Christina	\$109

# BOBBIN LACE MAKING

No class Oct 22, Nov 12 & 26.

## Beg/Int

**Ages 12 & up**

Bobbin Lace is a fascinating type of fiber art that has been around for centuries. This unique craft makes a great hobby that is fun to learn. Beginners' projects follow a clear, step-by-step course and include a series of specially selected designs. Intermediate students gain more experience by moving up to the next level. Starting class members will purchase a supply kit (\$39.00) at the first meeting.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213988	12 & up	WSSC	Sep17-Dec3	7:30 PM-9:30PM	9	W	Colgan	\$109

## Continuing

Continuing Bobbin Lace students will be able to refine their skills while working on larger and more intricate patterns. Class projects include a variety of designs with both traditional and contemporary applications. A supply list will be given in class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213989	12 & up	WSSC	Sep17-Dec3	07:00 PM-09:30 PM	9	W	Colgan	\$125

## Acrylic Painting

**Ages 14 & up NEW!**

Study basic tools to develop your skills to create highlights and shadows, obtain 3-D contouring concepts, create colors, establish depth and perspective, analyze composition, focal point and design in your artwork. Individual creative expression is encouraged in a positive inspirational environment. No class Nov 4, 11 & 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214889	14 & up	CCC	Sep16-Oct14	7:30PM-9:30PM	5	Tu	Benoit	\$119
214890	14 & up	CCC	Oct28-Dec9	7:30PM-9:30PM	5	Tu	Benoit	\$119

## Drawing & Painting Workshop

**Ages 14 & up**

Come to this inspiring class to learn to improve your drawing skills, learn basic painting techniques, or continue with current projects you are working on. In this class, we will study color, light and shadows, focal point, negative space and composition while looking at works by the Masters for inspiration. No class Nov 4 & 11.

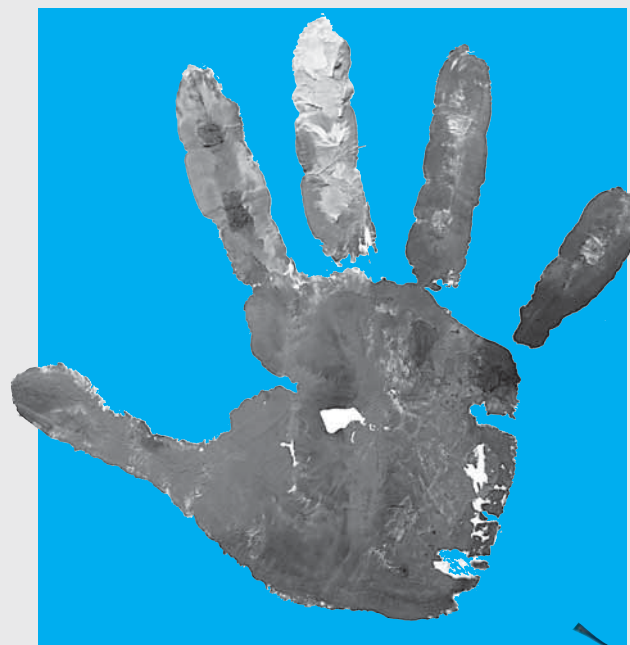
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215643	14 & up	CCC	Sep9-Oct7	5:30PM-7:30PM	5	Tu	Benoit	\$119
215644	14 & up	CCC	Oct14-Dec2	5:30PM-7:30PM	5	Tu	Benoit	\$119

## Stained Glass Design

**Ages 14 & up NEW!**

Students create a three or five-piece design as their first project. This teaches the student how to handle glass, choose colors and textures, fit glass to patterns, score, run (or break) glass, grind, fit, clean, foil, solder, patina and polish a stained glass piece. This class is for both the beginning and continuing student; each person will create his/her own beautiful stained glass projects. Learn glass cutting, foiling and soldering techniques of this timeless craft to create boxes, window hangings and much more-light box and grinders available for use. Supplies required. Most suppliers give students discounts; many are on-line.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214906	14 & up	CCC	Sep22-Nov17	6:30PM-9:30PM	9	M	Benoit	\$189



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## Canvas and Cookies **Ages 15 & up NEW!**

Canvas and cookies is a creative class for both the artistic and not so artistic. Come learn the basics of acrylic painting while enjoying the company of friends AND baking some cookies!! No experience necessary; just join us for an evening of fun as we are dedicated to bringing the creativity out in each individual through simple painting prompts, music, baking and good company! We offer a step by step process to instruct and teach people how they can paint their very own unique, one of a kind art piece. Get ready for an experience that is sure to entertain and delight all those who participate. Expect to leave inspired, having created a painting that is absolutely uniquely your own. Registration fee covers all your supplies (paint, canvas & brushes) and cookie ingredients.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214896	15 & up	SHP	Sep25	6:30PM-9:30PM	1	Th	\$69
214897	15 & up	SHP	Oct23	6:30PM-9:30PM	1	Th	\$69
214898	15 & up	SHP	Dec18	6:30PM-9:30PM	1	Th	\$69

## Canvas and Cabernet **Ages 21 & up NEW!**

Canvas and cabernet is a creative class for both the artistic and not so artistic. Come learn the basics of acrylic painting while enjoying the company of friends. No experience necessary; just join us for an evening of fun as we are dedicated to bringing the creativity out in each individual through simple painting prompts, music and good company! We offer a step by step process to instruct and teach people how they can paint their very own unique, one of a kind art piece. Get ready for an experience that is sure to entertain and delight all those who participate. Expect to leave inspired, having created a painting that is absolutely uniquely your own. Registration fee covers all your supplies (paint, canvas & brushes) and two tastings.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214892	21 & up	OHAC	Oct16	6:30PM-9:30PM	1	Th	\$79
214893	21 & up	OHAC	Nov20	6:30PM-9:30PM	1	Th	\$79
214894	21 & up	OHAC	Dec16	6:30PM-9:30PM	1	Tu	\$79



## CERAMICS

### Hands Together Ceramics **Ages 4 & up**

Roll, pinch and pound! Explore ceramics with your child! Together your child will enjoy a tactile experience using clay, as we hand build playful projects and create personal treasures and memories that will last a lifetime. This is a parent/child class. Fee is per adult/child pair. Class fee includes firing and glazing. Additional clay may be purchased at class for \$12 per bag.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214968	4-7	LCCC	Sep10-Oct8	5:30PM-7:30PM	5	W	Bettencourt	\$129
214969	4-7	LCCC	Oct22-Nov19	5:30PM-7:30PM	5	W	Bettencourt	\$129
214966	6 & up	LCCC	Sep14-Oct12	1:00PM-3:00PM	5	Su	Bettencourt	\$129
214967	6 & up	LCCC	Oct19-Nov16	1:00PM-3:00PM	5	Su	Bettencourt	\$129

### Creative Claywork **Ages 4-8**

This popular class presents traditional clay working techniques including coiling, sculpting, slab building and free-form modeling. Children learn basic hand-building skills and complete a variety of fun projects while developing perceptual ability, motor skills and artistic confidence. Parents do not participate in this class. Class fee includes firing and glazing.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216129	4-8	LCCC	Sep11-Oct9	3:45PM-4:45PM	5	Th	Bettencourt	\$109
216130	4-8	LCCC	Sep10-Oct8	3:45PM-4:45PM	5	W	Bettencourt	\$109
216131	4-8	LCCC	Oct16-Nov13	3:45PM-4:45PM	5	Th	Bettencourt	\$109
216132	4-8	LCCC	Oct15-Nov12	3:45PM-4:45PM	5	W	Bettencourt	\$109

### Ceramics in 3-D **Ages 7-14**

Create three-dimensional art projects, both practical and artistic! You will learn handcrafted ceramic techniques while sculpting figures and pots. Build using slab procedures including scoring and slip techniques. Create vases and free forms using coil techniques. Pottery will be medium-fired with use of white clay and non-toxic glazes. Class fee includes firing and glazing. No class Oct 31 and Nov 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214960	7-14	LCCC	Sep11-Oct9	5:00PM-7:00PM	5	Th	Bettencourt	\$139
214961	7-14	LCCC	Oct16-Nov13	5:00PM-7:00PM	5	Th	Bettencourt	\$139
214962	7-14	LCCC	Sep12-Oct10	5:00PM-7:00PM	5	F	Bettencourt	\$139
214963	7-14	LCCC	Oct17-Nov21	5:00PM-7:00PM	5	F	Bettencourt	\$139
214964	7-14	LCCC	Nov20-Dec18	5:00PM-7:00PM	4	Th	Bettencourt	\$119
214965	7-14	LCCC	Dec5-Dec12	5:00PM-7:00PM	3	F	Bettencourt	\$99

### Ceramics for Adults **Ages 15 & up**

Perfect for both beginners and those with experience! Beginning participants will learn hand-building techniques: building a pinch pot, coil pot and slab-built vessel, glazing and an introduction to wheel throwing. Intermediate / continuing students will receive instruction on current works and continuing instruction on the wheel. Students will purchase clay at class - \$12 per bag. (Bring check made payable to 'City of Fremont').

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214899	15 & up	LCCC	Sep11-Oct16	7:00PM-9:30PM	6	Th	Bettencourt	\$159
216613	15 & up	LCCC	Sep14-Oct19	3:00PM-5:30PM	6	Su	Bettencourt	\$159
214900	15 & up	LCCC	Oct23-Nov20	7:00PM-9:30PM	6	Th	Bettencourt	\$159
216134	15 & up	LCCC	Oct26-Nov30	3:00PM-5:30PM	6	Su	Bettencourt	\$159
214901	15 & up	LCCC	Dec4-18	7:00PM-9:30PM	3	Th	Bettencourt	\$79



# COOKING

For more information, call (510) 494-4322



## Wee Chefs

**Ages 3-4 NEW!**

In the intro to the preschool experience, parents will help their children learn to cook while also participating in socialization. Children will be exposed to various foods while developing skills in counting, measuring, and eye-hand coordination with your assistance. Parent participation required—only ONE adult per registered child. Only registered children may attend the class, no infants please.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214981	3-4	OHAC	Sep11-Oct9	10:00AM-11:30AM	5	Th	\$109
214982	3-4	OHAC	Oct30-Nov20	10:00AM-11:30AM	4	Th	\$95

## SMALL CHEFS

### A-Z Cooking

**Ages 3-5**

This ABC cooking class will allow your child to discover cooking while learning their ABC's. The program begins in fall with 'A' and ends in spring with 'Z'; participants learning the alphabet throughout fall/winter/spring. Simple, nutritious and delicious projects will focus on 'special' letters of the alphabet. Letter identification, sound recognition and letter writing will be part of the fun! Additional skills include following directions, measuring, eye-hand coordination, kitchen safety, manners and etiquette. Please let instructor know of any food allergies. Fee includes all cooking ingredients and supplies. Each Small Chef receives their very own cookbook at the end of the session. Parents do not participate in this class. No class Nov 11 & 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214882	3-5	SHP	Sep16-Oct14	4:00PM-5:30PM	5	Tu	Shultz	\$99
214883	3-5	SHP	Oct21-Dec2	4:00PM-5:30PM	5	Tu	Shultz	\$99

### Storybook Cooking

**Ages 4-7**

This Storybook cooking class will focus on a favorite book from children's literature. In a small, intimate setting, the stories we read will inspire the recipes the kids learn to cook. Through hands on cooking, participants will learn how to follow directions, measure, mix and learn kitchen safety, manners and etiquette. Please let instructor know of any food allergies. Fee includes all cooking ingredients and supplies. Each Small Chef receives their very own cookbook at the end of the session.

Parents do not participate in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214886	4-7	SHP	Sep10-Oct8	4:00PM-5:30PM	5	W	Shultz	\$99
214887	4-7	SHP	Oct15-Nov12	4:00PM-5:30PM	5	W	Shultz	\$99
214888	4-7	SHP	Dec3-17	4:00PM-5:30PM	3	W	Shultz	\$69

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## Creative Chefs

**Ages 7-11 NEW!**

This hands-on cooking series offers participants an opportunity to develop skills throughout the school-year. Students will learn about food and cooking safety while developing their cooking skills. Participants learn to write grocery lists, organize inventory, prep for cooking projects and clean up. They will end the session the knowledge and confidence to cook for family and friends. Fall I-Basic Baking; Fall II-Everything But The Turkey; December-Holiday Cookies; Winter I-Simple Suppers; Winter II-Breakfast and Brunch; Spring-Desserts. The small group setting allows for complex projects, more individualized attention and hands-on opportunities. Please let the instructor know of any food allergies; recipes can be adapted for vegetarians. All participants receive a recipe book. Fee includes all ingredients and supplies.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214879	7-11	SHP	Sep11-Oct9	4:00PM-6:00PM	5	Th	Shultz	\$169
214880	7-11	SHP	Oct16-Nov13	4:00PM-6:00PM	5	Th	Shultz	\$169
214881	7-11	SHP	Dec4-18	4:00PM-6:00PM	3	Th	Shultz	\$99

## Mommy/Daddy & Me Cupcakes

**Ages 5-10**

Cupcakes aren't just for kids' anymore; they're for adults too! In this class both the parent and child get creative learning a new type of cupcake and decoration each week. We will cover everything from traditional basics to unique flavor creations. No materials required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214884	5-10	SHP	Sep20-Oct11	10:00AM-12:00PM	4	Sa	Noelck	\$109
214885	5-10	SHP	Nov1-22	10:00AM-12:00PM	4	Sa	Noelck	\$109



COOKING

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TO REGISTER, SEE PAGE 49 OR ONLINE AT WWW.REGERC.COM

# PHOTOGRAPHY

Instructor Len Cook has 15 years of experience as a photojournalist and over 25 years as a photographer and instructor.

## Creative Blur and Creative Sharpness

**Ages 14 & up**

### NEW!

Blurred backgrounds often look wonderful in people portraits. Sharp backgrounds often look good in outdoor scenery photos. But you can't always seem to make the right background happen at the right time! In this session we will discuss the controls you can use on your camera to get sharpness where you want it, and blur where you want it. Not all cameras are made alike, so methods vary from one type of camera to another. We'll discuss the variables and what you can do about them. We will also discuss various auto-focus modes and determine if your camera's focus system is customizable (focus micro-adjustment).

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215493	14 & up	OHAC	Sep16-Oct17	7:00PM-9:00PM	4	Tu	Cook	\$119

## Digital Photography

**Ages 13 & up NEW!**

In our new digital photography class, we will discuss camera basics and techniques for taking better pictures: portraits, family pictures, action pictures, travel pictures, and close-ups. Learn safe ways to store your pictures outside your camera so you won't lose your pictures! You'll also learn how to re-use the space on your memory card. We will answer questions like: What do the extra controls on my camera mean? How can I use the extra controls to make better pictures? What difference do they make? My camera can make lots of different sizes of pictures. Which size should I use? Should I always make the biggest size picture?

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214910	13 & up	IRCC	Sep10-Oct1	7:00PM-9:00PM	4	W	Cook	\$119



## Digital Photography-Intermediate

**Ages 13 & up**

You will learn to control your images and efficiently share them! Focal length, viewpoint, composition, lighting, sharpness and other controls contribute to the message in your photos. You will explore free and low-cost photo editing software as well as free and low-cost online photo sharing. Finally, you will learn how to get the best possible results from online or local printing services. Digital Photography-Intermediate-will help you take your photos to the next level.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214911	13 & up	IRCC	Oct8-29	7:00PM-9:00PM	4	W	Cook	\$119

## Flash Photography-Big Flash, Little Flash

**Ages 14 & up NEW!**

Electronic flashes can add very professional looks to your photos, but they are SOOOOO CONFUSING!! Especially BALANCING flash and ambient light. We'll talk also about that balancing act. We will explore best use of flash units that are already built into your camera. Then we'll experiment with accessory flash units ('dedicated' flash as well as 'generic' flash). We'll also have the opportunity to use my remote-controlled flash units with your camera, as well as my STUDIO FLASH units. You need only your camera, lens, and memory card. Bring your extra flash if you have one. I will provide 'generic' and some Canon flash units and triggers and remote radios.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215494	14 & up	OHAC	Oct14-Nov4	7:00PM-9:00PM	4	Tu	Cook	\$119

# THEATER ARTS

For more information, call (510) 494-4322

## Children's Little Theater

**Ages 4-6**

Little Theater is a production of the City of Fremont Parks and Recreation Children's Repertory Theater. Little Theater is an opportunity for 4 to 6 year olds to have a live stage experience like the big kids. Younger actors will spend class time learning lines, stage direction, and stage voice.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214983	4-6	NVMH	Sep24-Dec3	4:30PM-5:30PM	10	W	Ewing	\$159

## Children's Repertory Theater - Fall 2014

**Ages 7-16**

Seussification of Romeo and Juliet by Peter Bloedel A whimsical reinvention of Shakespeare's tragic love story, complete with rhymed couplets, creative wordplay, and fantastical machines — similar to something Dr. Seuss might have come up with if he ever had his way with the script.. 'The Seussification of Romeo and Juliet' is not affiliated, endorsed, or sponsored by Dr. Seuss Enterprises. Your child will participate in 11 weeks of rehearsals for culminating in two performances! Participants will learn costuming, staging, projecting, stage presence and much more while having fun learning their lines and meeting new friends. Participants must be available for dress rehearsal on Wednesday, Dec10 and performances on Friday and Saturday, December 12 and 13.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214985	7-16	NVMH	Sep24-Dec3	6:30PM-8:30PM	10	W	Ewing	\$295

## Seussification of Romeo & Juliet by Peter Bloedel

**Ages 5 & up**

A whimsical reinvention of Shakespeare's tragic love story, complete with rhymed couplets, creative wordplay, and fantastical machines — similar to something Dr. Seuss might have come up with if he ever had his way with the script.. Support local theater! Doors open 1/2 hour before show time. These shows are for all ages.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
215655	5 & up	NVMH	Dec12	7:00PM	1	F	\$5
215656	5 & up	NVMH	Dec13	11:00AM	1	Sa	\$5

## Musical Theater Fremont!

**Ages 4-14**

This NEW addition to the City of Fremont Parks and Recreation Children's Repertory Theater offerings - Musical Theater Fremont! - offers an musical experience for both the young budding actor and older youth actor. Both will work on the same production but at different times. They will merge their rehearsals a few weeks prior to the performance. All will perform in a live stage experience - venue/date TBD.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
216784	4-6	TNC	Sep12-Dec5	4:30PM-5:30PM	10	F	\$195
216783	7-14	TNC	Sep12-Dec5	6:00PM-8:30PM	10	F	\$295



# Olive Hyde Art Gallery

## FALL 2014 EXHIBITION SCHEDULE

**"Hidden Treasures/Local Talent"**  
Featuring the work of the Serra Center Art Program  
Sept 12 – Oct 11  
*Opening Reception:* Friday, Sept 12, 7-9PM

**"Watertight" Vessel Art**  
Oct 24 – Nov 22  
*Opening Reception:* Friday, Oct 24, 7-9PM

**"Holiday Show & Sale"** Dec 5, 6, 7  
*Gala (ticketed):* Friday, Dec 5, 5-9PM  
*Show & Sale (free):* Dec 6 & 7, 10AM-4PM

123 Washington Blvd. | Thursday-Sunday | 12-5PM  
(510) 791-4357 [www.Fremont.gov/OHAG](http://www.Fremont.gov/OHAG)  
*Receptions and postcard printings sponsored by the Olive Hyde Art Guild | [www.OliveHydeArtGuild.org](http://www.OliveHydeArtGuild.org)*

## THRILL THE WORLD!

### The Moves

**Ages 8 & up**

Learn the moves to join the Thrill the World annual worldwide simultaneous dance of 'Thriller' and experience the energy of thousands of people around the world dancing together in the name of making a difference for charitable organizations (recreation scholarships), mass collaboration and global unity! Participants will learn the dance over an 8-week period and simultaneously dance with thousands of others on Saturday, October 25 at 3:00 PM. Fee includes Thrill the World event registration fee.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213879	8 & up	FCC	Sep10-Oct22	6:30PM-8:00PM	7	W	Genovea	\$49

### The Event

**Ages 8 & up**

ZOMBIES will perform at 3:00 PM on Sat. Oct. 25 at the Candle Lighter's Ghost House! Thrill the World is an effort to break the record of the most 'zombies' dancing simultaneously around the world to Michael Jackson's 'Thriller' video. Pre-registration is required. Registrants MUST attend dress rehearsal on Wednesday, October 22 @ 6:30PM at the Fremont Community Center. Registrants MUST have participated in the Thrill the World event in the past and know the dance in its entirety.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213880	8 & up	WHP	Oct25	3:00PM-4:30PM	1	Sa	Genovea	\$15

TO REGISTER, SEE PAGE 49 OR ONLINE AT [WWW.REGEREC.COM](http://WWW.REGEREC.COM)

# DANCE

For more information, call (510) 791-4351

## Dancing Darlings

**Ages 2-3**

This class is for boys and girls! Does your little one have energy and like to dance and twirl around the house? We'll direct that rhythmic energy in fun and social ways as we teach them the fundamentals of tap and ballet! Tap and ballet shoes are required. Parents are asked to participate with their child during the class. Please note: there are no refunds based on gender participation. No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215447	2-3	WSSC	Sep20-Oct25	11:55AM-12:35PM	6	Sa	Alexandra	\$69
215448	2-3	WSSC	Nov1-Dec13	11:55AM-12:35PM	6	Sa	Alexandra	\$69

## Dance Twinkle Toes

**Ages 3-5**

A little bit of tap, a little bit of ballet, and a little bit of creative dance just for your little twinkle toe dancer. This is great opportunity to enhance mobile movement, flexibility, and social skills. It is a fun environment for both boys and girls and a safe place to explore the art of dance. Tap and ballet shoes are required. This class is scheduled for the 2015 recital performance. No class Nov 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215487	3-5	CCC	Oct1-29	5:00PM-6:00PM	5	W	Jessica	\$65
215488	3-5	CCC	Nov5-Dec10	5:00PM-6:00PM	5	W	Jessica	\$65

## Creative Dance

**Ages 3-5**

Creative Dance is a playful exploration of the art of movement for children. This class is an expression of the heart. It is fun and energetic and designed to introduce beginning instruction in Creative Dance, utilizing sign language, props, age appropriate music and basic dance movements. This class will help promote healthy bodies and build confidence in your little one. Ballet or Jazz shoes required. Come join the FUN. Fall: No class on Nov. 24 & 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216034	3-5	LCCC	Sep15-Oct20	3:00PM-3:45 PM	6	M	Tia	\$69
216036	3-5	LCCC	Oct27-Dec8	3:00PM-3:45 PM	6	M	Tia	\$69
216037	3-5	LCCC	Sep20-Oct25	11:55AM-12:35 PM	6	Sa	Tia	\$69
216038	3-5	LCCC	Nov1-Dec13	11:55AM-12:35 PM	6	Sa	Tia	\$69

## Princess Storybook Class

**Ages 3-5**

Do you have a little princess at home who just loves to dance around the house and listen to story tales? This class is perfect for the little girls who dream of being a princess. We will incorporate princess fairytale story books with Ballet and creative dance. This class gives young children the chance to bring their dreams of being a princess alive! Each little darling will be welcome to dress up in her favorite princess attire and Ballet slippers. Let your child's imagination soar with this special class! Sign up early to insure your little princess has a space in the royal class! No class Nov 24 & 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215437	3-5	CCC	Sep15-Oct20	3:00PM-3:40PM	6	M	Dana	\$65
215438	3-5	LCCC	Sep20-Oct25	10:00AM-10:45AM	6	Sa	Tia	\$69
215439	3-5	CCC	Oct27-Dec8	3:00PM-3:40PM	6	M	Dana	\$65
215440	3-5	LCCC	Nov1-Dec13	10:00AM-10:45AM	6	Sa	Dana	\$69

SEE PAGE  
17 FOR  
DANCE CLASSES  
FOR ADULTS



## Absolutely Ballet Class

**Ages 3-7**

This is a beginning instruction to introduce your child to the basics of Ballet. One day, your little princess can grow up and become a true ballerina. Ballet shoes are required. No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215447	3-5	CCC	Sep27-Oct25	9:00AM-9:45AM	5	Sa	Jessica	\$65
215448	3-5	WSSC	Sep20-Oct25	10:55AM-11:40AM	6	Sa	Alexandra	\$69
215480	3-5	WSSC	Nov1-Dec13	10:55AM-11:40AM	6	Sa	Alexandra	\$69
215445	3-5	LCCC	Sep20-Oct25	11:00AM-11:45AM	6	Sa	Tia	\$69
215479	3-5	LCCC	Nov1-Dec13	11:00AM-11:45AM	6	Sa	Tia	\$69
215499	5-7	CCC	Sep27-Oct25	10:00AM-10:45AM	5	Sa	Jessica	\$65
215500	5-7	CCC	Nov1-Dec13	10:00AM-10:45AM	6	Sa	Jessica	\$69
215639	5-7	WSSC	Nov1-Dec13	10:00AM-10:45AM	6	Sa	Alexandra	\$69

## Disney Ballet & Tiny Tappers

**Ages 4-5 NEW!**

This class is perfect for introducing dance to your little one. It is jammed-packed with exciting music and activities that provide your growing child with positive development and also builds their confidence. With Ballet and Tap as the foundation, familiar music from all your Disney Favorites brings the imagination and fun to life! Ballet and Tap shoes are required. No class Nov 26 & 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215294	4-5	CCC	Oct1-29	4:15PM-5:00PM	5	W	Jessica	\$59
215634	4-5	CCC	Nov5-Dec10	4:15PM-5:00PM	5	W	Jessica	\$59
215636	4-5	CCC	Sep19-Oct17	3:00PM-3:45PM	5	F	Dana	\$59
215637	4-5	CCC	Nov7-Dec12	3:00PM-3:45PM	5	F	Dana	\$59

## Hip Hop Mini Groovers

**Ages 4-6**

Hip Hop Mini Groovers is a dance class that incorporates body awareness, age appropriate music, and social interactions with peers while learning through dance. Your child will be dancing in style! Tennis or jazz shoes required. Have your little one dress comfortably and be ready for some fun! No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215443	4-6	LCCC	Sep15-Oct20	4:00PM-4:45PM	6	M	Tia	\$69
215444	4-6	LCCC	Oct27-Dec8	4:00PM-4:45PM	6	M	Tia	\$69

## Ballet Creative for Little Princesses

**Age 5-6 NEW!**

For little girls who want to have a ballet class that is creative a fun. This new class is 35 minutes long. Short and sweet but full of pink delights of dance for your little princess! Basic Ballet technique along with other creative movements may be added to create a fun environment. Pink ballet shoes are required. No class Nov 11 & 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215383	5-6	CCC	Sep23-Dec2	3:05PM-3:40PM	9	Tu	Debra	\$85

DANCE

DANCE

DANCE

**Hula for Youth****Ages 6-14**

Kids, this one's for YOU! Come experience a little bit of Hawaii right here in Fremont. Let's get back to the basic traditional Hula dancing. In the class you will learn some basic footwork such as the Kaholo, Ka'o, and the Ami. We will tell a story with hand motions. It's like learning Hawaiian sign language! This class is great for beginners. All are welcome to join us as we learn a traditional dance using graceful techniques of this ancient Hula art form. Bring a simple pau or sarong to class. We will dance barefooted. At the end of session we will create our own in class Luau. This is going to be fun for all to learn the Hawaiian culture through the Hula. To insure you have a spot, sign up before class start date. No class Nov 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215287	6-14	LCCC	Sep17-Oct22	5:45PM-6:45PM	6	W	Janice	\$69
215288	6-14	LCCC	Oct29-Dec10	5:45PM-6:45PM	6	W	Janice	\$69

**All About Dance****Ages 8-10 NEW!**

This exciting class is a continuation class for students who have previously taken Absolutely Ballet Classes. Miss Jessica will be adding on to basics they have already learned and will teach more advanced movements. To ensure you get a spot in class, enroll early. Ballet shoes are required No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215503	8-10	CCC	Sep27-Oct25	10:50AM-11:35AM	5	Sa	Jessica	\$65
215504	8-10	CCC	Nov1-Dec13	10:50AM-11:35AM	6	Sa	Jessica	\$69

**Jazz-Hip Hop Dance Fusion****Ages 7-12 NEW!**

Hey Kids, this one's for you! Join this new exciting class to learn fun Jazz routines that combine influences from Hip Hop and Modern dance! Students will learn the foundational techniques in Jazz through a choreographed warm-up, across the floor combinations and dance routines. Kids will experience a combination of technique and style with fun routines set to energetic music! Wear dance attire that is comfortable to move in. Jazz shoes are required. No class Nov 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215331	7-12	CCC	Sep19-Oct17	4:50PM-5:50PM	5	F	Dana	\$59
215332	7-12	CCC	Nov7-Dec12	4:50PM-5:50PM	5	F	Dana	\$59

**Jazz and Broadway Dance Combo****Ages 7-11 NEW!**

A little bit of Jazz. A little bit of Broadway! Come join this beginning fun combo dance class that will help to build your confidence and prepare you for the stage. Participants will learn basic Jazz technique and learn dance choreography to popular Broadway Musical hits! This fun class will help to increase your flexibility, coordination, and turns. Wear comfortable clothing to dance in. Black Jazz shoes are required! 5'6'7'8', let's get ready to DANCE! No class Nov 24 & 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215433	7-11	CCC	Sep15-Oct20	3:50PM-4:40PM	6	M	Dana	\$65
215434	7-11	CCC	Oct27-Dec8	3:50PM-4:40PM	6	M	Dana	\$65
215435	7-11	CCC	Sep19-Oct17	3:50PM-4:40PM	5	F	Dana	\$55
215436	7-11	CCC	Nov7-Dec12	3:50PM-4:40PM	5	F	Dana	\$55

**Indian Kathak Dance****Ages 8-12 NEW!**

Begin Learning the first steps of one of the most beautiful classical Dances of India, derived from the singing story tellers [Bards] of ancient India called 'Kathiks', This dance moved from its temple origin to a 16th century Court dance with some Persian Influence, to its current stunning form. The Instructor Vaishnavi Misra has been a student of Guru Surendra Saikeya of the Lucknow Gharana and graduated in Kathak Dance from one of the foremost Schools of dance and music In India. Come and enjoy the discipline and fun this dance offers. It is not only good exercise, but instills grace and poise in you. No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215515	8-12	LCCC	Nov8-Dec13	9:00AM-9:55AM	5	Sa	Vaishnavi	\$65

**Ramleela Dance & Drama Workshop for Diwali****Ages 7-12 NEW!**

'Ramleela' or the story of King Ram and how he defeated the King Raavan is played on local and celebrity stage all across India on the occasion of Diwali and Dussehra. Let the festive season begin! Join this class for this mythological celebration. Cost includes costumes supplies

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215514	7-12	LCCC	Sep6-Oct25	8:45AM-9:55AM	8	Sa	Vaishnavi	\$115

**Bollywood Fusion****Ages 5-7**

Want your child to be active in a fun and frolicky way? This Bollywood Dance class for children is the choice for you! Instructor Vaishnavi Misra will teach your child the moves, the grooves of the Bollywood Style. Participants will learn the correct posture, hand and leg movements that are essential to the Art form of Bollywood! All of this to great Bollywood songs, lots of energy and fun! Participants should wear comfortable clothing and bring bottled water. So what are you waiting for, sign up today! No class Nov 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215512	5-7	LCCC	Sep16-Oct21	6:00PM-7:00PM	6	Tu	Vaishnavi	\$75
215513	5-7	LCCC	Oct28-Dec9	6:00PM-7:00PM	6	Tu	Vaishnavi	\$75



**Tap and Creative Jazz Combo** **Ages 6-8 NEW!**

Exciting new class just for kids! Participants will learn the basic Tap and Jazz techniques in a fun way that will enhance their coordination and rhythm skills along with helping to increase self-confidence and healthy expression! BlackTap Shoes and Black Jazz or Black Ballet Shoes Required. This class is scheduled for the 2015 recital performance. Come join us and have fun and learn the Art of Dance! No class Nov 11 & 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215382	6-8	CCC	Sep23-Dec2	3:50PM-4:50PM	9	Tu	Debra	\$105

**Tap and Ballet****Ages 6-10 NEW!**

This class is intended for the dancer who has previously taken 1 year of Jazz, Ballet & Tap classes. This class is taught by Miss Jessica. In this class, instruction will build up from basics to advanced steps and combinations. Each class includes a warm-up, Ballet Bar exercise, center work, and sometimes choreography. Tap and Jazz or Ballet shoes are required. This class is scheduled for the 2015 recital performance. No class Nov 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215491	6-10	CCC	Oct2-30	3:30PM-4:30PM	5	Th	Jessica	\$65
215492	6-10	CCC	Nov6-Dec1	3:30PM-4:30PM	5	Th	Jessica	\$65

**Tap and Jazz Combo****Ages 8 & up NEW!**

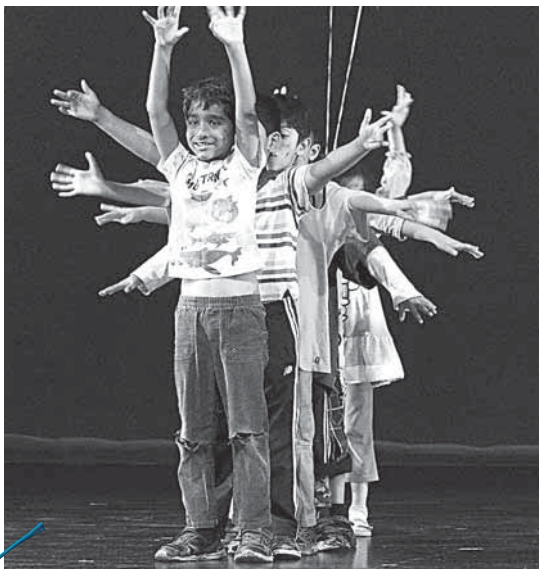
This class not based on age but skill level. This class is intended for the intermediate dancer who has previously taken 1 year of Tap, Jazz, and Ballet. This class is taught by Miss Jessica and the instruction will focus on the differences between Ballet technique and Jazz technique, along with combining the basics of Tap with new exciting steps. Each class includes a warm-up, across the floor, center work, and sometimes choreography. Tap and Jazz shoes required. This class is scheduled for the 2015 recital performance. No class Nov 27.

**INTERMEDIATE**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215495	8-18	CCC	Oct2-30	4:35PM-5:35PM	5	Th	Jessica	\$65
215496	8-18	CCC	Nov6-Dec1	4:35PM-5:35PM	5	Th	Jessica	\$65

**ADVANCED**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215497	8-18	CCC	Oct2-30	5:45PM-6:55PM	5	Th	Jessica	\$69
215498	8-18	CCC	Nov6-Dec1	5:45PM-6:55PM	5	Th	Jessica	\$69

**Urban Hip Hop****Ages 7-12 NEW!**

This is Hip Hop class for both boys and girls. Ever wanted to audition to join a dance company? Gain some experience and see for yourself what's it's like to be a part of a Youth Hip Hop Dance group. From learning choreography to blocking and casting, this will be a fun class to increase your dance level. Come join and groove with diverse styles of movement. Whether you have a lot of experience or none at all, come dip your toes in this fun class that is sure to be a hit! Wear sneakers, comfortable clothes, bring water to drink, and be ready to get your groove on! No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215236	7-12	LCCC	Sep15-Oct20	5:15PM-6:15PM	6	M	Dana	\$69
215237	7-12	LCCC	Oct27-Dec8	5:15PM-6:15PM	6	M	Dana	\$69

**Dance I****Ages 9-16**

This class is great for first time dancer, taught by our very own Miss Jessica Gurule'. They will be mastering the basics of Tap, Jazz, and Ballet technique. There is no experience needed just the urge to learn. Come get your dance on and have fun doing it! This class requires Tap shoes and Ballet or Jazz shoes. This class is scheduled for the 2015 recital performance. No class Nov. 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215485	9-16	CCC	Sep29-Dec8	6:00PM-7:00PM	10	M	Jessica	\$109

**Urban Hip Hop****Ages 13-17**

This is a hip hop class for boys and girls. Ever wanted to audition to join a dance company? Gain some experience and see for yourself what's it's like to be a part of a Youth Hip Hop Dance group. From learning choreography to blocking and casting, this will be a fun class to increase your dance level! Come join and groove with diverse styles of movement. Whether you have a lot of experience or none at all, come dip your toes in this fun class that is sure to be a hit! Wear sneakers, comfortable clothes, bring water to drink, and be ready to get your groove on! No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215233	13-17	LCCC	Sep15-Oct20	6:30PM-7:25PM	6	M	Dana	\$69
215235	13-17	LCCC	Oct27-Dec8	6:30PM-7:25PM	6	M	Dana	\$69

**Jazz Funk****Ages 13-18 NEW!**

This NEW Jazz Funk for Teens class will get you grooving and having fun while learning dance routines to the Top 40 Hits! Jazz Funk combines Hip Hop, Femme and Jazz Styles into one class. Wear comfortable clothing and Sneakers to groove in. Bring bottled water and a positive attitude! You will be movin and groovin in no time! No class Oct 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215279	13-18	CCC	Sep19-Oct17	6:00PM-7:00PM	5	F	Dana	\$59
215280	13-17	CCC	Nov7-Dec12	6:00PM-7:00PM	5	F	Dana	\$59



## TAP DANCE

Do you want to have fun and learn to tap at the same time? This class is perfect for you! Experience the fun rhythms of tap as you learn rhythmic and classic tapping techniques. Participants in the intermediate class should have completed one year of beginning tap instruction. Tap shoes are required. No class Nov 26, 29.

### Beginning

**Ages 18 & up**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215501	18 & up	CCC	Sep27-Oct25	11:45AM-12:45PM	5	Sa	Jessica	\$65
215502	18 & up	CCC	Nov1-Dec13	11:45AM-12:45PM	6	Sa	Jessica	\$75

### Intermediate

**Ages 18 & up**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215385	18 & up	CCC	Oct1-Dec10	6:15PM-7:15PM	10	W	Jenae	\$109

### Advanced

**All Ages**

This Advanced Tap class is geared toward those who have at least 1 year of previous experience in an Intermediate Tap or Advanced Tap level. If you are interested in expanding in this style of dance, this class will do just that. It will focus on Tap tricks and turns as well as advanced combinations. Instructor consent is required to register for this tap class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215386	All Ages	CCC	Oct1-Dec10	7:20PM-8:20PM	10	W	Jessica	\$109

### Intermediate for Seniors

**Ages 50 & up**

Participants must have completed one year of Beginning Tap for Seniors. The pace in this class will move faster. Lots of fun will still be had. Great for getting your exercise. No class Nov 24.

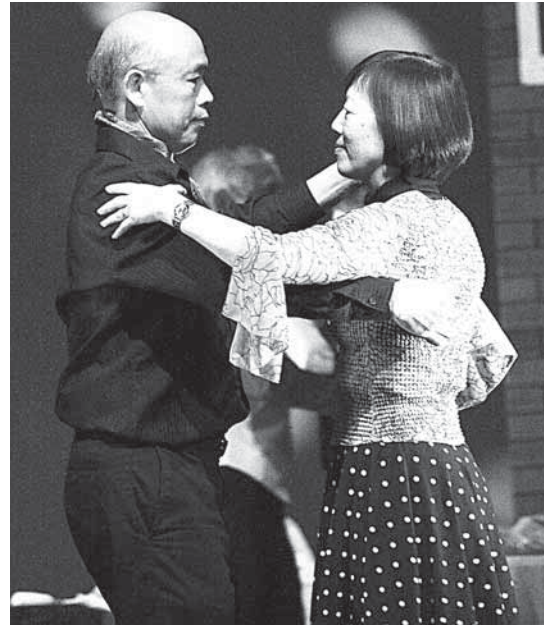
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215384	50 & up	CCC	Sep15-Nov17	12:00PM-1:00PM	10	M	Venae	\$99

### Tap Performance for Seniors

**Ages 50 & up**

Tap experience is required. Participants will learn choreography that will prepare them to perform at community events and our annual spring recital. Enrollment is required to participate in performances. This is a recital class. No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215387	50 & up	CCC	Sep15-Nov17	1:45PM-2:45PM	10	M	Venae	\$99



### Ballroom Beginning

**Ages 16 & up**

Social ballroom is a beginner course appropriate for those who have never taken lessons in the American Style of Ballroom Dancing. No prior dance experience is required as all dance steps and concepts taught in this class will set you up for success in future courses. Come discover such social dances as the timeless elegance of the Waltz, the romantic Rumba, the fun & flirty Cha Cha, the groovin' Swing dances, the hip-shakin' Merengue, the Passionate Tango and many more! Go ahead grab your partner and soon you'll be gliding across the dance floor, ala, Fred Astaire & Ginger Rogers! Wear comfortable clothing and dress shoes. Fee is per couple, participants must bring a partner. No class Oct 31, Nov. 24, & 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215390	16 & up	LCCC	Sep19-Oct17	6:45PM-7:45PM	5	F	Mr. Jose	\$79
215392	16 & up	TNC	Sep22-Oct20	6:25PM-7:25PM	5	M	Mr. Jose	\$79
215393	16 & up	LCCC	Oct24-Dec5	6:45PM-7:45PM	5	F	Mr. Jose	\$79
215396	16 & up	TNC	Oct27-Dec8	6:25PM-7:25PM	6	M	Mr. Jose	\$89

### Ballet for Adults

**Ages 16 & up**

This Ballet class will inspire you to dance with flexibility. Students will learn basic Ballet technique with creative modern movements. Try something out of the ordinary! This class is a chance to express yourself and emote through dance while getting a great workout. No experience necessary. Ballet shoes are required. Wear comfortable clothing. This class is scheduled for the 2015 recital performance. No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215486	16 & up	CCC	Sep29-Dec8	7:15PM-8:15PM	10	M	Jessica	\$109

### Salsa for Beginners

**Ages 16 & up**

A Salsa dance class just for YOU. Come join the fun and learn the basic motion of dance with Latin rhythm. In this exciting class participants will learn how to perform basic patterns with leading and following techniques. No previous dance experience necessary! Fee is per couple, participants must bring a partner. No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215388	16 & up	TNC	Sep22-Oct20	7:30PM-8:30PM	5	M	Mr. Jose	\$79
215389	16 & up	TNC	Oct27-Dec8	7:30PM-8:30PM	6	M	Mr. Jose	\$89



# FITNESS & HEALTH

## DANCE & FITNESS CLASSES

CHECK OUT THIS NEW! DANCE FITNESS COMBO CLASS!



FITNESS & HEALTH

FITNESS & HEALTH

### Baby Bump Fitness

**Ages 18 & up**

For more information, call (510) 791-4318

Welcome all pregnant moms to this fun and safe fitness environment. Join me through your nine month pregnancy journey and learn dynamic key workouts that will help you stay healthy and happy during and after pregnancy. We will learn safe prenatal exercise warm ups, circuits, cool downs and exercises you can practice on your own. This course will make you feel great and secure knowing you and your baby are receiving all the benefits exercise has to offer a pregnant mom.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214231	18 & up	WSCC	Sep15-Nov3	6:00PM-7:00PM	8	M	\$149
215938	18 & up	WSCC	Nov10-Dec22	6:00PM-7:00PM	7	M	\$129

### Belly Dance Workout

**Ages 18 & up**

For more information, call (510) 791-4351

Belly dance is a beautiful feminine folk dance that celebrates the body and spirit. Grab your hip scarf if you have one, and come learn this ancient art form of SharQui Belly Dance while getting a full-body workout. Feel sexy, energetic and feminine again as you shake, shimmy and belly dance your way to a better body. No class Nov 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215301	18 & up	CCC	Sep18-Oct23	7:15PM-8:15PM	6	Th	Monicah	\$79
215302	18 & up	CCC	Oct30-Dec11	7:15PM-8:15PM	6	Th	Monicah	\$79

### Bollywood Fusion

**Ages 17 & up NEW!**

For more information, call (510) 791-4351

This exciting class has the energy and the artistic choreography of the Bollywood dance. Come learn the nuances of the real time Bollywood Dance! From tips to tricks to doing it right! Learn this trendy Art form while keeping in shape and enhancing your energy level, while having fun! Come everyone-Be A Star! Bring water bottle and hand towel to each class. Wear breathable dance clothes. All levels are welcome. No class Nov 27 & 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215505	17 & up	LCCC	Sep18-Oct16	6:00PM-7:00PM	5	Th	Vaishnavi	\$65
215506	17 & up	LCCC	Oct30-Dec11	6:00PM-7:00PM	6	Th	Vaishnavi	\$75
215509	17 & up	LCCC	Sep19-Oct24	10:00AM-11:00AM	6	F	Vaishnavi	\$69
215510	17 & up	LCCC	Oct31-Dec12	10:00AM-11:00AM	6	F	Vaishnavi	\$69



### Try It Class: Zumba,

**Ages 18 & up NEW!**

### Bombay Jam, & Hula Fitness Combo

Zumba, Bombay Jam, and Hula Fitness! WOW! Learn ALL three in one night. Try it and you will love it! Sign up with a friend and get started on a healthier YOU! Bring sweat towel bottled water, and a 'I Can Do It' attitude. We are going to have a Ball!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
215657	18 & up	CCC	Sep20	10:30AM-12:30PM	1	Sa	\$20

### Bombay Jam Fitness

**Ages 18 & up NEW!**

For more information, call (510) 791-4351

Come and Burn calories Bollywood style with Bombay Jam !! It is the ultimate dance fitness workout full of authentic Bollywood flavor. This class includes cardio and toning routines in one action packed class. So get ready you will be hooked onto this incredible dance fitness workout. No class Nov 11, 25 or 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215289	18 & up	WSCC	Sep17-Oct22	7:30PM-8:30PM	6	W	Suri	\$79
215290	18 & up	WSCC	Oct29-Dec10	7:30PM-8:30PM	6	W	Suri	\$79
215649	18 & up	CCC	Sep16-Oct21	6:20PM-7:20PM	6	Tu	Suri	\$79
215650	18 & up	CCC	Oct28-Dec9	6:20PM-7:20PM	5	Tu	Suri	\$69

### Hula Fitness

**Ages 18 & up**

For more information, call (510) 791-4351

Come one, come all and be a part of the Hula craze workout class. This class is designed to make you feel great while you have fun getting in shape. Hula Fitness for all levels is the great way to work your cardio. You will learn basic Hula moves that will help to strengthen your core. You will be surprise how these slow dance movements will increase your strength and definition. One move we will do is the 'kaholo'. It's just like walking which benefits your health. Come join us and have an experience. Be inspired by the sounds of the Pacific Islands and dance to easy Hula movements. Bring a water bottle and a sarong. Dancing barefoot works best. Looking forward to seeing you there! No class Nov 26 & 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215283	18 & up	CCC	Sep17-Oct22	12:00PM-1:00PM	6	W	Janice	\$69
215285	18 & up	CCC	Oct29-Dec10	12:00PM-1:00PM	6	W	Janice	\$69
215284	18 & up	WSCC	Sep18-Oct23	12:00PM-1:00PM	6	Th	Janice	\$69
215286	18 & up	WSCC	Oct30-Dec11	12:00PM-1:00PM	6	Th	Janice	\$69

### Jazz Funk Cardio

**Ages 18 & up NEW!**

For more information, call (510) 791-4351

This exciting, NEW Jazz Funk Cardio for Adults class will help you get fit and feeling good while you learn new Hip Hop moves with a flare! Combing elements of Jazz, Femme, and Hip Hop, this class adds an extra spice to learning dance combinations. Bring out the Diva in you! Wear workout clothing, Jazz shoes or tennis shoes for more support. Bring a water bottle, sweat towel and an 'I can do it' attitude. No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215231	18 & up	LCCC	Sep15-Oct20	7:30PM-8:30PM	6	M	Dana	\$69
215232	18 & up	LCCC	Oct27-Dec1	7:30PM-8:30PM	6	M	Dana	\$69
215238	18 & up	CCC	Sep19-Oct17	7:15PM-8:15PM	5	F	Dana	\$59
215239	18 & up	CCC	Nov7-Dec12	7:15PM-8:15PM	5	F	Dana	\$59





## ZUMBA

For more information, call (510) 791-4351

These classes are designed for all levels of fitness and dance. All Zumba classes are taught by a licensed instructor. Bring water and wear tennis shoes and comfortable clothes. No class Nov 11, 25, & 28.

### Zumba Fusion Workout Ages 18 & up

A little bit of Zumba and little bit of SOUL! Great for those working adults who need to get away from their desk and get movin' for a few minutes. This Zumba Fusion Workout class is a combination of African, Latin, and other dance styles along with use of hand weights for toning exercises. All of this fused together to create a fun and energetic workout that is designed for ALL levels. Go at your own pace! Bring 2 or 3 lbs hand weights, floor mat, and face towel.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215379	18 & up	CCC	Sep23-Oct21	12:05PM-12:55PM	5	Tu	Debra	\$59
215380	18 & up	CCC	Oct28-Dec9	12:05PM-12:55PM	5	Tu	Debra	\$59

### Daytime & Nighttime Ages 18 & up

It's a Zumba Party! Come have fun while exercising to Latin inspired beats. You are sure to have a good time while working out!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215303	18 & up	CCC	Sep19-Oct17	12:00PM-1:00PM	5	F	Monicah	\$69
215304	18 & up	CCC	Nov7-Dec12	12:00PM-1:00PM	5	F	Monicah	\$69
215305	18 & up	CCC	Sep16-Oct21	7:30PM-8:30PM	6	Tu	Monicah	\$79
215306	18 & up	CCC	Oct28-Dec9	7:30PM-8:30PM	5	Tu	Monicah	\$69

### Zumba Gold Ages 55 & up **NEW!**

Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed and provides modified, low-impact moves which are used in the regular Zumba classes. It's an invigorating, community-oriented dance-fitness class that feels fresh, and most of all, exhilarating!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215299	55 & up	CCC	Sep19-Oct17	10:00AM-11:00AM	5	F	Monicah	\$69
215300	55 & up	CCC	Nov7-Dec12	10:00AM-11:00AM	5	F	Monicah	\$69

**EARLY BIRD DISCOUNT:**  
SAVE \$10 EACH SESSION  
WHEN REGISTERING ONE  
WEEK PRIOR TO THE  
CLASS START DATE



## YOGA

For more information, call (510) 791-4318.

Come and join our Yoga classes and introduce yourself to the mind and body benefits. Guided by detailed instructions, you will learn foundational poses with proper forms for developing strength and flexibility. No experience required; just a desire to learn and participate. Each class starts with a deep breathing exercise and ends with relaxation to rejuvenate your mind and body. For the intermediate class, we will review and learn beginner/intermediate level poses to deepen your Yoga practice, further improving strength and flexibility. This class is taught at a faster pace with more challenging poses than the Beginner class. We also practice deep breathing and relaxation, essential to any level of Yoga. Wear comfortable clothing. Bring your own yoga mat and water. No class Nov 11, 25, 27, & 29.

### Beginner Ages 18 & up

#### EARLY BIRD DISCOUNT

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214236	18 & up	CCC	Sep4-Oct23	9:30AM-10:30AM	8	Th	Tsoi	\$79
214234	18 & up	TNC	Sep6-Oct25	9:30AM-10:30AM	8	Sa	Tsoi	\$79
214357	18 & up	CCC	Oct30-Dec18	9:30AM-10:30AM	7	Th	Tsoi	\$69
214365	18 & up	TNC	Nov1-Dec13	9:30AM-10:30AM	6	Sa	Tsoi	\$59

#### REGULAR PRICE

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214237	18 & up	CCC	Sep4-Oct23	9:30AM-10:30AM	8	Th	Tsoi	\$89
214235	18 & up	TNC	Sep6-Oct25	9:30AM-10:30AM	8	Sa	Tsoi	\$89
214364	18 & up	CCC	Oct30-Dec18	9:30AM-10:30AM	7	Th	Tsoi	\$79
214366	18 & up	TNC	Nov1-Dec13	9:30AM-10:30AM	6	Sa	Tsoi	\$69

### Intermediate Ages 18 & up

#### EARLY BIRD DISCOUNT

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214912	18 & up	CCC	Sep2-Oct21	9:30AM-10:30AM	8	Tu	Tsoi	\$79
214914	18 & up	TNC	Sep6-Oct25	10:45AM-11:45AM	8	Sa	Tsoi	\$79
214916	18 & up	CCC	Oct28-Dec16	9:30AM-10:30AM	6	Th	Tsoi	\$59
214918	18 & up	TNC	Nov1-Dec13	10:45AM-11:45AM	6	Sa	Tsoi	\$59

#### REGULAR PRICE

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214913	18 & up	CCC	Sep2-Oct21	9:30AM-10:30AM	8	Tu	Tsoi	\$89
214915	18 & up	TNC	Sep6-Oct25	10:45AM-11:45AM	8	Sa	Tsoi	\$89
214917	18 & up	CCC	Oct28-Dec16	9:30AM-10:30AM	6	Tu	Tsoi	\$69
214919	18 & up	TNC	Nov1-Dec13	10:45AM-11:45AM	6	Sa	Tsoi	\$69



# SNAP FITNESS

For more information, call (510) 494-4334

## Family Fitness Fun

**Ages 6 & up**

Have a family workout organized to get the whole family fit. Bring just yourself or the whole family to have a workout as a family while playing fitness games indoors and outdoors. The whole family will learn basic conditioning, strengthening, flexibility, and competitive advantages. Join Snap Fitness Personal Trainer/Coach on Saturdays at 1 pm.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214929	6 & up	SF	Sep6-27	1:00PM-2:00PM	4	Sa	\$79
214930	6 & up	SF	Oct4-25	1:00PM-2:00PM	4	Sa	\$99
214931	6 & up	SF	Nov1-22	1:00PM-2:00PM	4	Sa	\$99
214932	6 & up	SF	Dec6-20	1:00PM-2:00PM	3	Sa	\$59

## Fun Adventure Club

**Ages 6 & up**

Join the crazy fun of urban adventure races. Each session will include a warm up, cardiovascular conditioning, agility, strength and balance with a short mock adventure race indoors and outdoors with obstacle courses. Learn how to prepare your body to compete in a fun adventure race.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214933	6 & up	SF	Sep3-24	6:15PM-7:15PM	4	W	\$79
214934	6 & up	SF	Oct1-29	6:15PM-7:15PM	5	W	\$99
214935	6 & up	SF	Nov5-26	6:15PM-7:15PM	4	W	\$79
214936	6 & up	SF	Dec3-17	6:15PM-7:15PM	3	W	\$59

## Mile In Your Shoes

**Ages 6 & up**

Learn to run or power walk to burn calories. We will prepare you to do your first 5K/10K or simply improve your running speed.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214937	6 & up	SF	Sep8-29	5:00PM-6:00PM	4	M	\$79
214938	6 & up	SF	Oct6-27	5:00PM-6:00PM	4	M	\$79
214939	6 & up	SF	Nov3-24	5:00PM-6:00PM	4	M	\$79
214940	6 & up	SF	Dec1-15	5:00PM-6:00PM	3	M	\$59

## Run Club

**Ages 6 & up**

Ever dreamed of completing a 5K/10K race? Don't hesitate to sign up for this small group training where you will have support and guidance to assist you throughout the training. We will work on making you an efficient runner with emphasis on foot strike and proper running form. This is a great way to meet new running friends.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214941	6 & up	SF	Sep8-29	6:15PM-7:15PM	4	M	\$79
214942	6 & up	SF	Oct6-27	6:15PM-7:15PM	4	M	\$79
214943	6 & up	SF	Nov3-24	6:15PM-7:15PM	4	M	\$79
214944	6 & up	SF	Dec1-15	6:15PM-7:15PM	3	M	\$59

## Women On Weights

**Ages 12 & up**

This small group training class is designed for women who want to improve their whole body strength and build strong toned muscles in a positive female friendly environment. Classes can be adapted to allow for all levels to participate, if you are new to weights or would like to transform your body.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214949	12 & up	SF	Sep4-25	6:00PM-7:00PM	4	Th	\$79
214950	12 & up	SF	Oct2-30	6:00PM-7:00PM	5	Th	\$99
214951	12 & up	SF	Nov6-20	6:00PM-7:00PM	3	Th	\$59
214952	12 & up	SF	Dec4-18	6:00PM-7:00PM	3	Th	\$59

## Teens Body Building

**Ages 13-19**

If your teen is looking to strengthen their body or learn about body building, this small group training program is for them. The trainer will work closely on a progressive strengthening program. They will start with proper form and customized amount of weight to build a more muscular physique to their greatest potential. Join Snap Fitness Personal Trainer/Coach on Saturdays 1 pm.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214945	13-19	SF	Sep6-27	1:00PM-2:00PM	4	Sa	\$79
214946	13-19	SF	Oct4-25	1:00PM-2:00PM	4	Sa	\$79
214947	13-19	SF	Nov1-22	1:00PM-2:00PM	4	Sa	\$79
214948	13-19	SF	Dec6-20	1:00PM-2:00PM	3	Sa	\$59

## Fitness-20-20-20

**Ages 18 & up**

Try 20 minutes of cardio, 20 minutes of strength, and 20 minutes of stretching. This well balanced class will motivate and get you in shape. Class taught by Certified Personal Trainer.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214829	18 & up	SF	Sep7-28	10:00AM-11:00AM	4	Su	\$79
214830	18 & up	SF	Oct5-26	10:00AM-11:00AM	4	Su	\$79
214831	18 & up	SF	Nov2-23	10:00AM-11:00AM	4	Su	\$79
214832	18 & up	SF	Dec7-21	10:00AM-11:00AM	3	Su	\$59

## Fremont's Biggest Loser

**Ages 18 & up**

You know the popular show, and now we have it available to you in Fremont. Come join a team! Workout with personal trainers, receive lifestyle and nutrition coaching, share success stories, and transform your body. You will be weighed every week and mentored to stay on track. The participant with the biggest amount of weight lost will win a prize and be Fremont's Biggest Winner! Program presented by Snap Fitness certified personal trainers. Please Note: Tuesday classes meet at 6:00-7:15PM, and Saturday classes meet at 9:00-10:15AM. No class Nov 11.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214833	18 & up	SF	Sep2-Oct11	See Description	12	Tu,Sa	\$239
214834	18 & up	SF	Oct14-Nov25	See Description	12	Tu,Sa	\$239



**Reiki Level 1**

**Ages 18 & up**

*For more information, call (510) 791-4318*

Reiki is an ancient alternate healing therapy for healing and transforming deep rooted emotional, mental and physical issues into peace, contentment and freedom. It is drug free and can be given to ourselves, to children, our family, our goals and plants and animals. The Reiki Channel taps into the Universal Life Force/Prana/Chi/Ki/Energy to restore his/her balance and to channel to others. In the class we learn how to do Self healing with Reiki, how to channel healing to others, when not to channel Reiki, What are Chakras and how to strengthen them, how to give Reiki to goals and relationships, how to clear of the energy in a place/house. Many experiences improve in sleep, healing of allergies, healing of habits and an improved physical, emotional immune system. Reiki is NOT a massage. It can be practiced hands off or hands on. We practice seeing Aura and giving healing in our Aura. The class included a Reiki Level I attunement/Initiation. We discuss traditional and non-traditional Reiki healing. Detailed Manual included. Please bring water along and wear layered comfortable clothing. Bring your Yoga mat if you wish to sit on the ground.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215934	18 & up	CPVSC	Sep28-Oct12	1:00PM-5:00PM	3	Su	Govil	\$85

**Powerful Guided Meditations** **Ages 18 & up**

*For more information, call (510) 791-4318*

Powerful Guided Meditations which can be practiced anywhere, anytime for sharper memory, increasing focus, improving sleep, peace of mind, lose weight, increasing motivation and self-confidence, forgiveness and emotional and mental stability. We learn and practice Chakra Balancing and Strengthening with Sound, Breath and Visualization. Self Body Scan, Mindfulness meditations to increase awareness of our daily routine, Manifestation Meditations, experiencing a No-thought state, being an observer. We will also learn breathwork (Alternate Nostril, Bee humming, Victorious Breath), Positive affirmations, tapping and grounding meditations and much more. Please bring water.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215933	18 & up	WSSC	Sep25-Nov6	6:30PM-8:00PM	7	Th	Govil	\$75



**WITS PERSONAL TRAINER CERTIFICATION PROGRAM**

*For more information, call (510) 494-4322*

World Instructor Training Schools (W.I.T.S.) is the only major certifying body in the country providing comprehensive practical training and internship components. W.I.T.S. is an approved CEU provider for the Board of Certification for Athletic Trainers (BOC), the American Occupational Therapy Association (AOTA), National Certification Board for Therapeutic Massage & Bodywork (NCBTMB), Veterans Training and Education, and the International Association of Continuing Education and Training (IACET). Come join this fun profession and be a part of the hottest job in the U.S. Whether a career move or for your own personal knowledge, get all the information that you'll need to become a Certified Personal Trainer. CPR/AED certification is required in order to receive the W.I.T.S Personal Trainer Certification. Purchase of a textbook is required. Order directly from W.I.T.S. at <http://www.witseducation.com/store/Store.htm#Textbooks> or 1-888-330-9487 W.I.T.S. is an approved CEU provider. No class Nov. 29.

**Personal Trainer Certification** **Ages 18 & up**

This challenging course is taught over a 9 week period (16 hours of lecture, 16 hours of practical training). The National Exam is held on the last week and students who pass both exams are eligible for the 30-hour internship that is required for certification and networks many graduates right into their first job in the fitness field. Key topics include: biomechanics, exercise physiology, fitness testing, equipment usage, and health assessment. The American Council on Education has recommended 3 undergraduate academic credits for this course.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214988	18 & up	CPVSC	Oct11-Dec13	9:00AM-12:00PM	9	Sa	WITS	\$969



**FREE Orientation to Fitness Training**

**IN PERSON ORIENTATION**

This presentation includes a brief overview of the industry and professional trends, a look at the study materials while allowing ample time for a Q & A session. Handouts provided by W.I.T.S. Topics include personal training, group fitness, older adult fitness, youth fitness, fitness management and aqua fitness.

BAR	LOC	DATE	TIME	DAY
214986	CPVSC	Sep27	10:00AM-11:00AM	Sa

**ONLINE ORIENTATION**

Never leave your home and get the most comprehensive information on one of the hottest jobs. This online orientation is a great way to enjoy to ask questions and participate in a live chat with our instructor.

BAR	DATE	TIME	DAY	LINK
216780	Sep4	1:00PM	Th	<a href="http://bit.ly/Sep4WITS">bit.ly/Sep4WITS</a>
216781	Oct2	9:00AM	Th	<a href="http://bit.ly/Oct2WITS">bit.ly/Oct2WITS</a>



# MUSIC

For more information, call (510) 494-4322

## MELODY ACADEMY OF MUSIC

For more information, call (510) 494-4322

Class will be held at the Academy of Music, 1972 Driscoll Road, Suite 5.

THANKSGIVING  
BREAK CAMPS  
PAGES 43-47



MUSIC

### Todd-o-Piano Basics **Ages 3-4 NEW!**

This is a new approach to lead toddlers into musical world! A Pre-Piano/Keyboard lesson with introduction to music terminology, keyboard playing and rhythm training using fun store-telling method. The class prepares students for future piano lesson with development to students' Musical character and movement ability. Parent participation required. Only registered students are allowed in the classroom. No class Nov 27 & 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214692	3-4	MAM	Sep23-Oct28	10:30AM-11:15AM	6	Tu	MAM	\$145
214693	3-4	MAM	Sep26-Oct31	10:30AM-11:15AM	6	F	MAM	\$145
214694	3-4	MAM	Oct20-Nov24	10:30AM-11:15AM	6	M	MAM	\$145
214695	3-4	MAM	Oct23-Dec4	10:30AM-11:15AM	6	Th	MAM	\$145

### Piano for Beginners **Ages 4-5**

This course will enrich children who have never studied music through a variety of fun activities. Learn the various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, reading music. Parent participation in the class is required and only registered students can be in the classroom. \$45 non-refundable material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214679	4-5	MAM	Sep3-Oct8	4:30PM-5:15PM	6	W	MAM	\$145
214680	4-5	MAM	Sep6-Oct11	3:00PM-3:45PM	6	Sa	MAM	\$145
214682	4-5	MAM	Sep22-Oct27	4:00PM-4:45PM	6	M	MAM	\$145
214681	4-5	MAM	Sep14-Oct19	10:00AM-10:45AM	6	Su	MAM	\$145

### Piano for Beginners **Ages 5-7**

Featuring music theory, key board skills and techniques are included in the class. Ear-training and sight-singing skills will be emphasized. Children will also receive instruction in performing keyboard and rhythm instrument. \$45 non-refundable material fee due at first class. Parent participation in the class is required and only registered students can be in the classroom.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214683	5-7	MAM	Sep3-Oct8	5:30PM-6:15PM	6	W	MAM	\$145
214684	5-7	MAM	Sep6-Oct11	4:00PM-4:45PM	6	Sa	MAM	\$145
214685	5-7	MAM	Sep14-Oct19	9:00AM-9:45AM	6	Su	MAM	\$145
214686	5-7	MAM	Sep22-Oct27	5:00PM-5:45PM	6	M	MAM	\$145



### Yamaha Piano/Keyboard for Beginners **Ages 5-6 NEW!**

MAM is now offering Yamaha certified Piano/Keyboard classes!!; Over 6,000,000 students around the world have studied Yamaha music curriculums. It is proven that Group Lessons are an effective way to achieve comprehensive musical training. Through groups, students can sing with others and perform in various kinds of ensembles. Groups also allow for children to be at ease, become motivated by their peers and develop confidence through regular in-class performance in front of a friendly and familiar audience. \$45 material fee due at first class. Parent participation is required. Only the registered student is allowed in the classroom.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214696	5-6	MAM	Oct6-Nov10	7:00PM-7:45PM	6	M	MAM	\$169

### Group Violin **Ages 6-10**

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory. Non-refundable material fee of \$45 due at first class (includes 6-week violin rental) or if you have your own violin, a \$25 material fee is due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214687	6-10	MAM	Sep6-Oct11	1:00PM-1:45PM	6	Sa	MAM	\$145
214688	6-10	MAM	Sep23-Oct28	4:30PM-5:15PM	6	Tu	MAM	\$145
214689	6-10	MAM	Oct1-Nov5	5:45PM-6:30PM	6	W	MAM	\$145

### Group Guitar **Ages 7-13**

This is a beginner's class for kids and teens. Focus will be on learning basic skills and techniques for the instrument. No former musical knowledge required. This class is designed to facilitate self-discovery through the instrument. Group setting helps create environment for expressions and communication through music. \$25 non-refundable material fee due at first class. Please bring your own guitar.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214690	7-10	MAM	Oct5-Nov9	5:45PM-6:30PM	6	Su	MAM	\$145
214691	10-13	MAM	Sep28-Nov2	6:45PM-7:30PM	6	Su	MAM	\$145



MUSIC

MUSIC



## KINDERMUSIK

### Our Time

9 mos-3 years

Our Time reflects the emotional foundations of school readiness and the latest research on music and early childhood development. Our Time is a unique opportunity for parent and child to interact and learn together in an unhurried and joyful manner. We'll meet many animal characters in our books, activities, and songs—each specifically chosen for a toddler's emerging interests and physical skills. With silly, bumpy lap bounces we'll help toddlers develop rhythm while further developing their ever-emerging language skills. With a special stringed instrument emphasis in the music from class, parents can bring home the violin, cello, and orchestra sounds to help their toddlers stay happy and engaged learners at home, too. Home Materials: Double CD featuring songs from class; two interactive storybooks—This Little Piggy Played the Fiddle and Animal Serenade to develop early literacy skills; Home Activity Book, and a pair of Fiddlestick instruments. Material fee of \$65 per family due at first class (includes 2 CDs, the books and a musical instrument). No class Nov 27, Dec. 25, Jan. 1.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215652	9mos-3	NVMH	Sep4-Oct30	10:55AM-11:40AM	9	Th	Shpits	\$139
217129	9mos-3	NVMH	Nov6-Jan22	10:55AM-11:40AM	9	Th	Shpits	\$139

### Kindermusik Village

Ages 1 mos-9 mos

Kindermusik Village incorporates the most current research on early childhood development and provides families a special place for learning and connecting with other parents and babies through music and movement. The musical poems, bird songs, and the naturally occurring sounds in nature help babies develop an early appreciation-and accelerated aptitude-for language, movement, and music in this class. What will parent and child experience in class?? Variety of music, instrument play, dance, together time, expert advice! Home material fee of \$65 per family due at first class (includes 2 CDs, the books and a musical instrument). No class Nov 27, Dec 25 & Jan 1.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215653	1-9	NVMH	Sep4-Oct30	10:00AM-10:45AM	9	Th	Shpits	\$139
217130	1-9	NVMH	Nov6-Jan22	10:00AM-10:45AM	9	Th	Shpits	\$139

### Little Panda Chinese Music Class

Ages 1-4

Ni hao means hello in Chinese. Little Panda is a developmentally appropriate music and movement program mostly conducted in Chinese. It nurtures young children's ability to use Mandarin and to participate in dramatic play within a musical context, including singing, chanting, moving, dancing, focused listening, and playing simple instruments. This parent-participation class is fun and informal, providing stimulating experience for both children and caregivers, regardless of one's musical and Mandarin language abilities. NOTE: No make-ups for missed classes. Instructor Jill Yeh grew up in Taiwan and has a BA in English and MA in Education. She also has a Music Teacher Certificate from Early Childhood Music and Movement Association (ECMMA). No previous language experience is necessary. Fee is per parent/child pair. \$25 material fee due at first class for songbook and CD. No class Oct. 3 & Nov. 28

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214836	1-4	IRCC	Sep19-Dec5	9:45AM-10:30AM	10	F	Yeh	\$159
214837	1-4	IRCC	Sep19-Dec5	10:45AM-11:30AM	10	F	Yeh	\$159

## BEGINNING & CONTINUING MUSIC LESSONS

For more information, call (510) 791-4318

Instructor Julie Thomas, BA Piano and Guitar, AA Performing Arts

### Keyboard

Ages 4 & up

Beginners will enjoy a fun introduction to keyboard through learning of finger positions, note reading, theory and rhythm, and ear training. Experienced players will have lessons tailored to their skill level. We will play piano music on keyboards. Bring any type of battery-operated keyboard.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213629	4 & up	WSCC	Oct11-Nov15	9:55AM-10:45AM	6	Sa	Thomas	\$149
213630	4 & up	WSCC	Nov22-Jan 3	9:55AM-10:45AM	6	Sa	Thomas	\$149

### Violin

Ages 4 & up

This is a group class where students will receive individual instruction specific to each person's own skill level. Children as young as 4 may join and will start on basics. Older children or experienced students will receive continuing lessons at a more advanced level. Class covers note reading, theory, rhythm, composition, technique, and posture for violin and bow. Each student needs to bring a violin and bow to class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213637	4 & up	WSCC	Oct11-Nov15	11:45AM-12:35PM	6	Sa	Thomas	\$149
213638	4 & up	WSCC	Nov22-Jan 3	11:45AM-12:35PM	6	Sa	Thomas	\$149

### Guitar

Ages 6 & up

Beginners will learn the basics of guitar playing including melodies, chords and reading music. Experienced players will have lessons tailored to their skill level. Participants will learn the basics of guitar playing including melodies, chords and reading music. Bring your guitar and pick.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213631	6-16	WSCC	Oct11-Nov15	9:00AM-9:50AM	6	Sa	Thomas	\$149
213632	6-16	WSCC	Nov22-Jan3	9:00AM-9:50AM	6	Sa	Thomas	\$149
213633	17 & up	WSCC	Oct11-Nov15	10:50AM-11:40AM	6	Sa	Thomas	\$149
213634	17 & up	WSCC	Nov22-Jan3	10:50AM-11:40AM	6	Sa	Thomas	\$149

### Clarinet and Recorder

Ages 6 & up

Begin first-time lessons on clarinet or recorder or continue to more advanced playing if you already know how to play. The instructor can help you with band assignments if you need extra help for school band. Class covers note reading, technique, performance, and theory. Students need to bring their own instrument to each class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
213635	6 & up	WSCC	Oct11-Nov15	12:35PM-1:20PM	6	Sa	Thomas	\$149
213636	6 & up	WSCC	Nov22-Jan3	12:35PM-1:20PM	6	Sa	Thomas	\$149





**Cultural Drumming with Ms. Adaku Davis**

**Ages 18 & up**

For more information, call (510) 791-4351

An absolutely fun and jamming drum class that will teach participants to play African and Latin rhythms on Djembe, Doumbek and Latin Drums along with other percussion instruments such as cowbells, double bells, claves and shekeres. This is a level one and level two classes for ages 18 and up. No experience is needed. Students will learn and memorize approximately 5 rhythms. This is a really great class for couples to do together or for family and friends to join in together. Students will learn to listen, concentrate and work as a team. Class will be taught by Adaku a professional drummer, performer and percussionist. Adaku has over 12 + years experience as an artist instructor. The last class will be the student's performance for their family and friends and staff. Instructor will provides all instruments. Come excited and ready to jam! No class Nov 11 & 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215229	18 & up	IRCC	Sep9-Oct21	6:45PM-7:45PM	7	Tu	Davis	\$79
215230	18 & up	IRCC	Oct28-Dec16	6:45PM-7:45PM	6	Tu	Davis	\$69



**VOICE**

For more information, call (510) 494-4322

**Tykes**

**Ages 4-7**

This is a music class for young children with a focus on singing. Your child will learn basic vocal exercises and apply these singing skills to a number of songs. Students will learn about breathing, musical notes, composers and instruments. All material is taught at a very basic level and in a fun, interactive way. No class Nov 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214349	4-7	CCC	Sep12-Oct17	5:00PM-5:45PM	6	F	Benites	\$139
214350	4-7	CCC	Nov7-Dec19	5:00PM-5:45PM	6	F	Benites	\$139

**Youth**

**Ages 8-15**

This is a singing class designed for those who like to sing but have never taken a singing class. You will learn the principles of breath support, as well as basic music theory. All exercises will be done as a group with some individual attention for those who need it. Music will be taught to each student based on their individual abilities and with the purpose of improving their singing technique. No class Nov 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214351	8-15	CCC	Sep12-Oct17	6:00PM-7:00PM	6	F	Benites	\$169
214352	8-15	CCC	Nov7-Dec19	6:00PM-7:00PM	6	F	Benites	\$169

**Adult**

**Ages 15 & up**

This is a singing class designed for those who like to sing but have never taken a singing class or feel they are a beginner and would like practice. You will learn the principles of breath support and phonation, as well as basic music theory. No class Nov 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215489	15 & up	CCC	Sep12-Oct17	7:15PM-8:15PM	6	F	Benites	\$169
215490	15 & up	CCC	Nov7-Dec19	7:15PM-8:15PM	6	F	Benites	\$169

**Fremont Youth Choir**

**Ages 6-16**

This NEW choir experience will provide the youth of Fremont with the opportunity for artistic and personal growth through choral music performance. The Choir will enable its members to: Express themselves through a high standard of choral performance and artistic communication; Develop individual vocal, musical, aural and analytical skills; develop an appreciation for classical and traditional music from the world's cultures; develop understanding and respect for others from different racial, religious, and ethnic backgrounds; develop responsibility, self-confidence, and a love for singing; and understand the importance of their individual contribution to the success of the group. Membership in the Fremont Children's Choir is a commitment of faithful, consistent, and punctual attendance. Acceptance into the choir is by audition only. No class Oct 23 & Nov 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
211368	6-16	CCC	Sep25-Dec11	5:00PM-6:30PM	10	Th	Benites	\$239





# SPECIAL INTEREST

SEE  
PAGE 43 FOR  
JUST FOR FUN  
CAMPS



## Earthquake Walk at Central Park Fremont

**Ages 8 & up**

*For more information, call (510) 790-5541*

Over the last million years, the natural beauty of Fremont has been shaped by the Hayward Fault. In association with the USGS, Math Science Nucleus, instructors will be leading these 'ground breaking' tours and exposing the science and beauty of the Hayward Fault. This fault is one of 10 active faults in the world actually creeping at 5 mm/year. The tour will take place at Central Park (Lake Elizabeth) and explores dramatic faulting effects in both natural and urban environments. View the floor of a building that reveals dramatic evidence of this fault activity. (Children under 14 must be accompanied by an adult) Tours begin at the Fremont Earthquake Exhibit (Fremont Community Center, 40204 Paseo Padre Pkwy-Enter at Mission View Terrace), located in the heart of Central Park on the lake side of the Fremont Community Center.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
212729	8 & up	CP	Sep20	9:30AM-11:00AM	1	Sa	\$15
212730	8 & up	CP	Oct18	9:30AM-11:00AM	1	Sa	\$15
212731	8 & up	CP	Nov15	9:30AM-11:00AM	1	Sa	\$15
212732	8 & up	CP	Dec6	9:30AM-11:00AM	1	Sa	\$15

## Landscape and Horticultural Design

**Ages 18 & up NEW!**

*For more information, call (510) 494-4322*

This is the best time of year to plan and plant your garden in drought years. The winter rain can help the new plants get established. In this NEW program, students will have the opportunity to learn about horticulture and landscape design while obtaining an understanding of garden basics, plant propagation, planting vegetable gardens, and much more. Check online at [www.RegeRec.com](http://www.RegeRec.com) for the specific focus each class offers.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214953	18 & up	CPVSC	Oct8	6:30PM-8:00PM	1	W	Elliott	\$25
214954	18 & up	CPVSC	Oct15	6:30PM-8:00PM	1	W	Elliott	\$25
214955	18 & up	CPVSC	Oct22	6:30PM-8:00PM	1	W	Elliott	\$25
214956	18 & up	CPVSC	Oct29	6:30PM-8:00PM	1	W	Elliott	\$25
214957	18 & up	HCR	Nov5	6:30PM-8:00PM	1	W	Elliott	\$25
214958	18 & up	CPVSC	Jan7	6:30PM-8:00PM	1	W	Elliott	\$25
214959	18 & up	CPVSC	Jan14	6:30PM-8:00PM	1	W	Elliott	\$25

## Retirement Planning Today®

**Ages 50-65 NEW!**

*For more information, call (510) 791-4318*

In this course you'll learn how to: manage investment risks, use new tax laws to your advantage, make informed decisions about your company retirement plan, and adjust your estate plan to function properly under the new laws. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help you build wealth, align your money with your values, and achieve your retirement lifestyle goals. This course includes a 225-page illustrated textbook. Couples may attend together for a single registration fee. Class sizes are limited so register today.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215979	50-65	WSCC	Sep23-Sep30	6:30PM-9:30PM	2	Tu	Shah	\$49
217179	50-65	OHAC	Oct4-Oct11	9:00AM-12:00PM	2	Sat	Shah	\$49

## HEALTH & NUTRITION

*For more information, call (510) 494-4322*

### Boosting Immunity Naturally and Effectively

**Ages 18 & up**

Learn how to boost your family's immunity before winter sets in. For those who are interested in outsmarting the flu virus and other bugs, this class will provide a wealth of information on how to strengthen one's defenses naturally through healthy diet, time tested herbs and supplements. This workshop will provide ample information on immune enhancing foods, broths and herbal teas that you can prepare with ease. Prevention is way better than the cure! \$9 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216479	18 & up	SHP	Nov16	5:00PM-7:00PM	1	Su	Ramakrishnan	\$39

### Smart Nutrition for Diabetes

**Ages 18 & up**

Type 2 Diabetes, insulin resistance and pre-diabetic conditions can be reversed in most people! That's right with the right kind of diet, key therapeutics and life style changes, people with these issues can take charge of their health. This class will guide you towards making excellent nutrition choices and focus on specific foods, herbs and supplements that balance blood sugar. A holistic approach to improving health is not about counting carbs and looking at numbers or grams. Instead, the emphasis is on eating real, whole foods and turning your kitchen into a nature's pharmacy while changing life styles and habits. Be prepared to take plenty of notes since we will discuss a lot of information. \$9 material fee due at workshop.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216480	18 & up	SHP	Oct19	5:00PM-7:00PM	1	Su	Ramakrishnan	\$39

### Nutrition Essentials

**Ages 18 & up NEW!**

This comprehensive three-part workshop is designed to provide you with all the latest and relevant information on health and nutrition-how to achieve healthy and permanent weight loss, how to boost energy levels and feel energetic, improve immunity, restore good health and more. We will discuss smart meal planning to cook nutritious meals for your family, how to read food labels and watch out for commonly found ingredients in our food supply that are detrimental to our health. During each session, we will focus on some key food groups and discuss their beneficial properties. Each session will also include a brief cooking demonstration focusing on making simple dishes with certified organic, unprocessed and locally grown ingredients. \$27 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215381	18 & up	SHP	Sep14-28	4:00PM-6:00PM	3	Su	Ramakrishnan	\$119

SPECIAL INTEREST

SPECIAL INTEREST

TO REGISTER, SEE PAGE 49 OR ONLINE AT [WWW.REGEREC.COM](http://WWW.REGEREC.COM)

## MAGIC

For more information, call (510) 494-4322

### Abracadabra Kids

**Ages 4-6**

Hocus pocus-Abracadabra! Students are introduced to magic through simple 'self working' magic tricks that the junior magicians take home to dazzle their family. This class is an introduction to simple magic tricks that will develop fine motor skills, self-confidence and encourage creativity. Between learning tricks and having fun, the instructor will entertain the children with magic tricks. Each child receives a magic wand, Magician's Assistant Certificate and the simple tricks they have learned. This is a parent participation class. Fee is per parent/child pair. \$4 material fee due at class. Optional Wizard Hat additional \$3.50.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215187	4-6	OHAC	Oct8	6:30PM-7:40PM	1	W	Wertman	\$19
215188	4-6	OHAC	Nov19	3:30PM-4:40PM	1	W	Wertman	\$19

### Evening of Magic:

**Ages 7-11**

#### Parent & Child Workshop

Special Halloween Edition!! Enjoy an evening of discovering the art of magic with your child! Learn how to make something disappear or how to read a mind. Learning magic tricks develops self-confidence, ignites creativity, may further develop fine motor skills and can spark an interest in reading. This class is designed for students and parents with little or no previous conjuring experience. Potential magicians explore the art of magic through a variety of simple magic tricks in an encouraging and enjoyable environment. Each registrant receives a magic wand, Magician's Assistant Award, several manufactured basic magic tricks and materials to perform the tricks that can be done with household items. Fee is per parent/child pair. \$6 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215189	7-11	CPVSC	Oct24	6:45PM-8:30PM	1	F	Wertman	\$25

### Afternoon of Wizardry

**Ages 7-12**

Too busy to take your child to Hogwarts-Harry Potters School of Wizardry? Why not bring them to the Wizard's Workshop? Learn how to make something disappear or 'how to read a mind'. Designed for students with little or no previous conjuring background. Wizards and magicians explore the art of magic through a variety of simple magic tricks in an encouraging and enjoyable environment. Each junior wizard receives a wizard's hat, magic wand, magicians assistant award, and the magic booklet '102 Easy Magic Tricks'. Bring a snack. \$6 material fee due at class. Optional Wizard hat - \$3.50.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216579	7-12	OHAC	Nov11	1:30PM-4:30PM	1	Tu	Wertman	\$29



## PETS

For more information, call (510) 790-5546

### Puppy Kindergarten

Give your puppy the best start in life during this critical learning stage! We will cover all the basics on our way to puppy perfection through socialization, beginning obedience and behavior problem-solving. You will be introduced to the basic obedience commands: come when called, sit, stay, leash walking, maintaining focus among distraction, and much, much more. Topics also discussed: housetraining, chewing, biting, and aggression prevention. Puppies are required to be current on all vaccinations.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215364	18 & up	TNC	Sep24-Oct22	7:00PM-7:45PM	5	W	Collett	\$145

### Family Dog Basic Training

(Dogs of all ages, handlers must be accompanied by parent if under 14) This course uses current and effective reward based training methods to train your dogs. Your dog will build confidence and be enthusiastic about learning a variety of behaviors (sit, down, stay, settle, come, leave it, leash manners, focus among distractions, go to your mat and more). Owners and dogs (best friends) will develop a stronger bond and a better understanding of each other, making life more fun together! Make sure your contact information (phone number and especially your email address) is complete so the teacher can get in touch with you in advance of class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216430	14 & up	TNC	Sep24-Oct22	8:00PM-8:45PM	5	W	Collett	\$145

### Chess!

**Ages 5-13**

For more information, call (510) 791-4318

Chess teaches critical and abstract thinking, planning, logic and patience. This class is suited for all levels, from beginner to advance. Each class will include 25 minutes of instruction and 25 minutes of tournament games. Your child will learn the game of chess and develop life skills that will help them now and in the future. All supplies are provided. No class 11, 25, 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214229	5-15	CPVSC	Sep9-Oct21	4:30PM-5:30 PM	7	Tu	U.S. Chess Mates	\$89
217079	5-13	CPVSC	Oct28-Dec16	4:30PM-5:30PM	6	Tu	U.S. Chess Mates	\$89
214230	5-13	WSCC	Sep12-Oct24	4:30PM-5:30PM	7	F	U.S. Chess Mates	\$89
217080	5-13	WSCC	Nov7-Dec19	4:30PM-5:30PM	6	F	U.S. Chess Mates	\$79

# SPORTS

CHECK OUT  
PAGE 44 FOR  
SPORTS CAMPS



## BADMINTON

For more information call, (510) 494-4334

Come learn the ins and outs of this exciting sport that is quickly growing in popularity! You are guaranteed to have fun while gaining knowledge of technique, footwork, and a variety of shots. We do provide racquets but due to limited availability we ask that you bring your own if possible. This class fills up very quickly so sign up ASAP! These courses are taught by former Irvington and Mission San Jose High School varsity players and coaches who have shared their experience and expertise at the community center for years!

### Level 0

**Ages 5-8**

This is an introduction to the fun and exciting sport of badminton. This course will be a slower-paced foundation class where students will learn hand-eye coordination, form, and basic shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	SEE
214102	5-8	IRCC	Sep7-Oct12	10:15AM-11:15AM	6	Su	\$95
214103	5-8	IRCC	Oct19-Nov23	10:15AM-11:15AM	6	Su	\$95

### Level I

**Ages 8 & up**

This is for the beginning player who has limited experience in badminton. Learn key shots, such as clears and serves, in addition to proper court movement. This class will prepare you for advancing to our Level 2 class. Bring a racquet and learn all the ins and outs of this exciting sport with guaranteed fun while gaining knowledge of technique, footwork, and a variety of shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	SEE
214104	8 & up	IRCC	Sep7-Oct12	9:05AM-10:05AM	6	Su	\$95
214105	8 & up	IRCC	Sep7-Oct12	10:15AM-11:15AM	6	Su	\$95
214106	8 & up	IRCC	Oct19-Nov23	9:05AM-10:05AM	6	Su	\$95
214107	8 & up	IRCC	Oct19-Nov23	10:15AM-11:15AM	6	Su	\$95

### Level II

**Ages 8 & up**

A faster paced course for the player that is ready to take on new technique and instruction. This class will build upon the fundamentals taught in the Level 1 course and focus on refining a player's skill to prepare them for the challenge of the Level 3 class. Bring a racquet and learn all the ins and outs of this exciting sport with guaranteed fun while gaining knowledge of technique, footwork, and a variety of shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	SEE
214108	8 & up	IRCC	Sep7-Oct12	9:05AM-10:05AM	6	Su	\$95
214109	8 & up	IRCC	Sep7-Oct12	11:30AM-12:30PM	6	Su	\$95
214110	8 & up	IRCC	Oct19-Nov23	9:05AM-10:05AM	6	Su	\$95
214111	8 & up	IRCC	Oct19-Nov23	11:30AM-12:30PM	6	Su	\$95

### Level III

**Ages 11 & up**

Enjoy playing the game of badminton by learning how to play singles and doubles. You will be exposed to rules, strategy, and advanced technique to improve your game. You must be able to rally with some consistency. Ideally will have completed both the Level 1 and 2 classes or have played more than 3 months. Bring a racquet and learn all the ins and outs of this exciting sport with guaranteed fun while gaining knowledge of technique, footwork, and a variety of shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	SEE
214112	11 & up	IRCC	Sep7-Oct12	11:30AM-12:30PM	6	Su	\$95
214113	11 & up	IRCC	Oct19-Nov23	11:30AM-12:30PM	6	Su	\$95

## BASEBALL & SOFTBALL

### Skills & Drills Clinic

**Ages 6-14**

For more information, call (510) 790-5520

Looking to improve your baseball or softball skills? Then join us for this baseball and/or softball clinic at the Central Park Softball Complex. Participants will develop and improve their skills through various drills and fun games. Our fun and energetic staff, who are comprised of local high school and college baseball talent, have the knowledge and ability to help players of any skill level. Please bring your own glove, water and dress in athletic clothing. We recommend each player wears molded cleats, but it is not required.

#### BASEBALL

BAR	AGE	LOC	DATE	TIME	#	DAY	SEE
214779	6-10	CPSBC	Sep10-Oct8	5:00PM-6:00PM	5	W	\$99
214780	11-14	CPSBC	Sep10-Oct8	6:00PM-7:00PM	5	W	\$99

#### SOFTBALL

BAR	AGE	LOC	DATE	TIME	#	DAY	SEE
214781	6-10	CPSBC	Oct15-Nov12	5:00PM-6:00PM	5	W	\$99
214782	11-14	CPSBC	Oct15-Nov12	6:00PM-7:00PM	5	W	\$99



## CRICKET

For more information, call (510) 790-5520

### Cricket Zeal Academy

**Ages 7-13**

Brand NEW, and just in time for fall! Come and learn the game of cricket from the best! Cricket Zeal Academy provides a fun and safe environment for all levels. Cricket Zeal Academy aims to be a scientific, systematic, structured and comprehensive coaching program for youth under the guidance of internationally certified and highly qualified resident coaches. Head Coach Raghu Boorada is a cricket Australia high performance and level 3 cricket coach. Don't forget to bring your water.

BAR	AGE	LOC	DATE	TIME	#	DAY	SEE
214081	7-13	GES	Sep3-24	4:00PM-5:30PM	4	W	\$125
214082	7-13	GES	Oct1-29	4:00PM-5:30PM	5	W	\$155
214083	7-13	GES	Nov5-26	4:00PM-5:30PM	4	W	\$125
214084	7-13	GES	Sep3-24	5:00PM-6:30PM	4	W	\$125
214085	7-13	GES	Oct1-29	5:00PM-6:30PM	5	W	\$155
214086	7-13	GES	Nov5-26	5:00PM-6:30PM	4	W	\$125
214087	7-13	GES	Dec3-17	4:00PM-5:30PM	3	W	\$95
214089	7-13	GES	Dec3-17	4:00PM-5:30PM	3	W	\$95

TO REGISTER, SEE PAGE 49 OR ONLINE AT WWW.REGREC.COM

# BASKETBALL

For more information, call (510) 494-4334

## Jump Start Basketball II

Ages 5-7

This class is a continuation of Jump Start Basketball. Development of the basic skills learned in Jump Start Basketball will be taught and advanced with NEW techniques and skills, along with playing some of the same fun games. Fine motor skills, socializing skills, and listening skills still come into play with this class. It is encouraged for children who have taken Jump Start Basketball. No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214146	5-7	CCC	Sep3-Oct8	7:00PM-7:45PM	6	W	\$65
214147	5-7	CCC	Oct15-Nov19	7:00PM-7:45PM	6	W	\$65
214533	5-7	CCC	Sep8-Oct13	7:00PM-7:45PM	6	M	\$65
214534	5-7	CCC	Oct20-Dec1	7:00PM-7:45PM	6	M	\$65

## YOUTH BASKETBALL LEAGUE

### Grades Pre-K-2nd

The City of Fremont Youth Basketball League, sponsored by Washington Township Medical Foundation, will have City staff teach basics, teamwork, & good sportsmanship. The first two weeks of games will be hour long introductory practices, and the remaining seven weeks will be hour long games! All games will be on Saturdays at Irvington Community Center. If necessary, some games may be played on Sundays. Leagues are intended to be fun! We reserve the right to combine leagues for the overall benefit of the program. No games on Dec 27 & Jan 3.

**Last Day to Register: November 5th at 4:00PM**

**Withdrawals after November 5 will be charged a \$35 service and equipment fee.**

### TEAM REQUESTS

Email participant team requests to RegeRec@fremont.gov. All requests must be made at the time of registration and no later than November 3rd.

### PARENT INFORMATION DAY

This meeting will be held at Irvington Community Center. League information will be handed out on this day.

GRADE	DAY	TIME
Pre-K	Nov15	9:45AM
1st-2nd	Nov15	10:30AM

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214429	4-5	IRCC	Dec6-Feb14	Times Vary	9	Sa	\$159
214430	6-7 Boys	IRCC	Dec6-Feb14	Times Vary	9	Sa	\$159
214431	6-7 Girls	IRCC	Dec6-Feb14	Times Vary	9	Sa	\$159



## Elite Clinics

Ages 4-15

This is a preseason clinic for the City of Fremont Youth Basketball League and we have now added another extra session! Clinics will cover basketball fundamentals and will target areas of improvement. Open to boys and girls, the clinic meets for an hour each day, equivalent to game days in the league. All clinics will be divided by ages, skill level, and friends! Taught by Coach Vaz & Staff.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214090	4-7	IRCC	Sep3-Oct1	4:30PM-5:30PM	5	W	\$99
214096	4-7	IRCC	Sep22-Oct20	4:30PM-5:30PM	5	M	\$99
214093	4-7	IRCC	Oct8-Nov5	4:30PM-5:30PM	5	W	\$99
214094	8-11	IRCC	Sep3-Oct1	5:30PM-6:30PM	5	W	\$99
214097	8-11	IRCC	Sep22-Oct20	5:30PM-6:30PM	5	M	\$99
214091	8-11	IRCC	Oct8-Nov5	5:30PM-6:30PM	5	W	\$99
214092	12-15	IRCC	Sep3-Oct1	6:30PM-7:30PM	5	W	\$99
214098	12-15	IRCC	Sep22-Oct20	6:30PM-7:30PM	5	M	\$99
214095	12-15	IRCC	Oct8-Nov5	6:30PM-7:30PM	5	W	\$99

### Grades 3rd-8th

The City of Fremont Youth Basketball League, sponsored by Washington Township Medical Foundation is better than ever! There will be one 1-hour practice every week that may rotate between T-Th. Times vary between 5-9PM The practice schedule will be available after Oct. 31st. Games will be on Saturday's either at Irvington Community Center or Horner Jr. High School. If necessary, some games will be on Sunday. Volunteer parent coaches are needed-call (510) 494-4334. Coaching clinics will be offered to those needing assistance in coaching. No games on Dec 27 & Jan 3.

**Last Day to Register: October 10th at 4:00PM**

**Withdrawals after November 5 will be charged a \$35 service and equipment fee.**

**Draft Day: October 11 at Irvington Community Center**

All players are required to attend Draft Day at their designated time, so we can balance the teams. If registered after Draft Day, players will be randomly placed on a team, if space is available.

### TEAM REQUESTS

Except for family members, no requests to be on the same team will be accepted.

BOYS DRAFT DAY: GRADE	TIME	GIRLS DRAFT DAY: GRADE	TIME
3rd-5th	10:00AM	3rd-5th	1:15PM
5th-6th	11:15AM	6th-8th	2:00PM
7th-8th	12:30PM		

### BOYS ONLY

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214432	3rd-4th Grades	See Description	Dec6-Feb14	9:00AM-7:00PM	9	Sa	\$159
214434	5th-6th Grades	See Description	Dec6-Feb14	9:00AM-7:00PM	9	Sa	\$159
214436	7th-8th Grades	See Description	Dec6-Feb14	9:00AM-7:00PM	9	Sa	\$159

### GIRLS ONLY

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214433	3rd-5th Grades	See Description	Dec6-Feb14	9:00AM-7:00PM	9	Sa	\$159
214435	6th-8th Grades	See Description	Dec6-Feb14	9:00AM-7:00PM	9	Sa	\$159

**Check online for more information about Badminton, Basketball and Pickleball!**  
[www.fremont.gov/DropInSports](http://www.fremont.gov/DropInSports)

# FENCING

For more information call (510) 790-5546

Instructor supplies all equipment. \$5.00 fee (or proof of current US Fencing membership) will be due on the first day of class.

## Youth Fencing

**Ages 7-12**

This course is for beginning and intermediate level youth fencers. Various games and activities are used to develop and refine technique, develop a repertoire of fencing actions (footwork and blade work), and develop an understanding of fencing rules.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215367	7-12	CCC	Sep9-Oct16	3:30PM-4:30PM	12	Tu,Th	Brown	\$149
215635	7-12	CCC	Oct21-Dec11	3:30PM-4:30PM	12	Tu,Th	Brown	\$149

## Advanced Youth

**Ages 7-12 NEW!**

This course introduces fencers to the world of electric fencing. Various games and activities are used to develop and refine technique, increase repertoire of fencing actions, develop a better understanding of rules, and start physical conditioning. This class is an introduction to competitive fencing; therefore, students are encouraged to get their own equipment.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215368	7-12	CCC	Sep9-Oct16	4:30PM-5:30PM	12	Tu,Th	Brown	\$149
215369	7-12	CCC	Oct21-Dec11	4:30PM-5:30PM	11	Tu,Th	Brown	\$149

## Beginning Teen

**Ages 13-19**

Students with no fencing experience are introduced to basic technique, movement, tactics and rules of modern sport fencing in a fun and friendly atmosphere. Instructor supplies all equipment.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215370	13-19	CCC	Sep9-Oct16	5:30PM-6:30PM	12	Tu,Th	Brown	\$149
215371	13-19	CCC	Oct21-Dec11	5:30PM-6:30PM	12	Tu,Th	Brown	\$149

## Intermediate Teen Fencing

**Ages 13-18**

Refine your technique, increase your repertoire of fencing actions (footwork and blade work), develop a better understanding of the rules, and continue your physical conditioning.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215372	13-18	CCC	Sep9-Oct16	6:30PM-7:30PM	12	Tu,Th	Brown	\$149
215373	13-18	CCC	Oct21-Dec11	6:30PM-7:30PM	12	Tu,Th	Brown	\$149

## Adult Fencing

**Ages 18 & up**

The class will develop your understanding of basic fencing positions, movements, tactics, and rules.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215365	18 & up	CCC	Sep9-Oct16	7:30PM-8:30PM	12	Tu,Th	Brown	\$149
215358	18 & up	CCC	Oct21-Dec11	7:30PM-8:30PM	12	Tu,Th	Brown	\$149



# GOLF

For more information, call (510) 790-5520

## Golf Clinic: Parent & Junior

**Ages 7 & up**

Beginner golf class for the whole family! 4 week class will cover the basic FUNdamentals to get you and your kids onto the golf course. Basic shots, as well as simple rules/etiquette will be covered. \*Minimum one parent per child sign up\*Will not accept registration for adults only\*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214835	7 & up	FPGPC	Sep4-25	6:00PM-7:00PM	4	Th	FPGPC	\$99
214838	7 & up	FPGPC	Sep7-28	1:00PM-2:00PM	4	Su	FPGPC	\$99
214839	7 & up	FPGPC	Oct2-23	6:00PM-7:00PM	4	Th	FPGPC	\$99
214840	7 & up	FPGPC	Oct5-26	1:00PM-2:00PM	4	Su	FPGPC	\$99
214841	7 & up	FPGPC	Nov6-27	6:00PM-7:00PM	4	Th	FPGPC	\$99
214842	7 & up	FPGPC	Nov2-23	1:00PM-2:00PM	4	Su	FPGPC	\$99
214843	7 & up	FPGPC	Dec4-18	6:00PM-7:00PM	3	Th	FPGPC	\$75
214844	7 & up	FPGPC	Dec7-21	1:00PM-2:00PM	3	Su	FPGPC	\$75

## Junior Golf

**Ages 8-17**

Learn the fundamentals of the full swing, the short game, rules of golf and etiquette. Have fun learning golf through numerous activities, games and skills contests. Clubs will be provided for all classes. \$12 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214375	8-17	FPGPC	Sep7-28	11:00AM-12:00PM	4	Su	FPGPC	\$85
214376	8-17	FPGPC	Sep7-28	4:00PM-5:00PM	4	Su	FPGPC	\$85
214377	8-17	FPGPC	Oct5-26	11:00AM-12:00PM	4	Su	FPGPC	\$85
214378	8-17	FPGPC	Oct5-26	4:00PM-5:00PM	4	Su	FPGPC	\$85
214379	8-17	FPGPC	Nov2-23	11:00AM-12:00PM	4	Su	FPGPC	\$85
214380	8-17	FPGPC	Nov2-23	4:00PM-5:00PM	4	Su	FPGPC	\$85
214588	8-17	FPGPC	Dec7-21	11:00AM-12:00PM	3	Su	FPGPC	\$65
214589	8-17	FPGPC	Dec7-21	4:00PM-5:00PM	3	Su	FPGPC	\$65

## Introduction To Golf

**Ages 18 & up**

This class is aimed at the player with little or no playing experience. We will focus on the grip, stance, posture, and full swing for both irons and woods. You will also learn the basic fundamentals of the short game and putting. Clubs will be provided for all the classes. There are no material fees for this class; however range balls must be purchased at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214367	18 & up	FPGPC	Sep7-28	5:00PM-6:00PM	4	Su	FPGPC	\$125
214368	18 & up	FPGPC	Sep3-24	6:00PM-7:00PM	4	W	FPGPC	\$125
214369	18 & up	FPGPC	Oct5-26	5:00PM-6:00PM	4	Su	FPGPC	\$125
214370	18 & up	FPGPC	Oct8-29	6:00PM-7:00PM	4	W	FPGPC	\$125
214371	18 & up	FPGPC	Nov2-23	5:00PM-6:00PM	4	Su	FPGPC	\$125
214372	18 & up	FPGPC	Nov5-19	6:00PM-7:00PM	3	W	FPGPC	\$95
214373	18 & up	FPGPC	Dec7-21	6:00PM-7:00PM	3	Su	FPGPC	\$95
214374	18 & up	FPGPC	Dec3-17	6:00PM-7:00PM	3	W	FPGPC	\$95

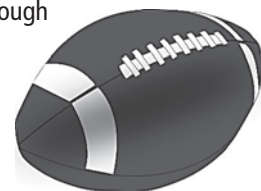
# FLAG FOOTBALL

For more information, call (510) 790-5520

## Flag Football Clinics

**Ages 6-12**

Come out and learn the fun and exciting game of Flag Football. Children will learn skills through drills and games while having fun with our fun and energetic staff. Flag Football Clinics is held at the Central Park Sports Complex. Wear athletic clothes and shoes (molded cleats recommended). Bring water.



BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
216679	6-8	CPSBC	Sep15-Oct20	5:00PM-6:00PM	6	M	\$119
216680	9-12	CPSBC	Sep15-Oct20	6:00PM-7:00PM	6	M	\$119

# GYMNASTICS

For more information, call (510) 791-4351  
No class Oct. 31, Nov. 11, 27, or 28.

## Parent and Me Gymnastics Ages 3-5

Come join the fun with your child! Little tumblers will be introduced to floor exercises, movement and basic use of equipment including obstacle course, trampolines, bars and balance beam. Parent participation is required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215532	3-5	DGA	Sep17-Oct29	4:15PM-5:15PM	7	W	DGA	\$89
215533	3-5	DGA	Sep20-Nov1	9:00AM-10:00AM	7	Sa	DGA	\$89
215534	3-5	DGA	Sep20-Nov1	10:00AM-11:00AM	7	Sa	DGA	\$89
215535	3-5	DGA	Nov5-Dec17	4:15PM-5:15PM	7	W	DGA	\$89
215536	3-5	DGA	Nov8-Dec20	9:00AM-10:00AM	7	Sa	DGA	\$89
215537	3-5	DGA	Nov8-Dec20	10:00AM-11:00AM	7	Sa	DGA	\$89

## Tumble Tots Ages 3-5

Tots will learn advanced motor development through the use of an obstacle courses, floor movements and balance beam. Bridges, advanced cartwheels, basic skills on bars and the trampoline will be introduced.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215540	3-5	DGA	Sep15-Oct27	4:15PM-5:15PM	7	M	DGA	\$89
215541	3-5	DGA	Nov3-Dec15	4:15PM-5:15PM	7	M	DGA	\$89
215542	3-5	DGA	Sep16-Oct28	6:15PM-7:15PM	7	Tu	DGA	\$89
215543	3-5	DGA	Nov4-Dec16	6:15PM-7:15PM	6	Tu	DGA	\$79
215544	3-5	DGA	Sep17-Oct29	5:15PM-6:15PM	7	W	DGA	\$89
215545	3-5	DGA	Nov5-Dec17	5:15PM-6:15PM	7	W	DGA	\$89
215546	3-5	DGA	Sep20-Nov1	9:00AM-10:00AM	7	Sa	DGA	\$89
215547	3-5	DGA	Sep20-Nov1	10:00AM-11:00AM	7	Sa	DGA	\$89
215548	3-5	DGA	Sep20-Nov1	11:00AM-12:00PM	7	Sa	DGA	\$89
215549	3-5	DGA	Nov8-Dec20	9:00AM-10:00AM	7	Sa	DGA	\$89
215550	3-5	DGA	Nov8-Dec20	10:00AM-11:00AM	7	Sa	DGA	\$89
215551	3-5	DGA	Nov8-Dec20	11:00AM-12:00PM	7	Sa	DGA	\$89
215552	3-5	DGA	Sep18-Oct30	4:15PM-5:15PM	7	Th	DGA	\$89
215553	3-5	DGA	Nov6-Dec18	4:15PM-5:15PM	6	Th	DGA	\$79
215554	3-5	DGA	Sep18-Oct30	5:15PM-6:15PM	7	Th	DGA	\$89
215555	3-5	DGA	Nov6-Dec18	5:15PM-6:15PM	6	Th	DGA	\$79
215556	3-5	DGA	Sep19-Oct24	5:15PM-6:15PM	6	F	DGA	\$79
215557	3-5	DGA	Nov7-Dec19	5:15PM-6:15PM	6	F	DGA	\$79

## Boys Only TOPS Advanced Ages 4-5

For Boys Only! This advanced TOPS class will build on previously learned skills. Participants must be able to perform cartwheels, round-offs, and forward/backward rolls. Students will learn a variety of tumbling techniques that may include backbends handstands, balance beam, uneven bars, and trampoline.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215538	4-5	DGA	Sep20-Nov1	9:00AM-10:00AM	7	Sa	DGA	\$89
215539	4-5	DGA	Nov8-Dec20	9:00AM-10:00AM	7	Sa	DGA	\$89



## Boys & Girls Beg/Adv L1-2 Ages 5 & up

Participants will learn basic moves on the floor, uneven bars, balance beam and vault, along with conditioning and flexibility.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215516	5 & up	DGA	Sep15-Oct27	4:15PM-5:15PM	7	M	DGA	\$89
215517	5 & up	DGA	Nov3-Dec15	4:15PM-5:15PM	7	M	DGA	\$89
215518	5 & up	DGA	Sep17-Oct29	3:15PM-4:15PM	7	W	DGA	\$89
215519	5 & up	DGA	Nov5-Dec17	3:15PM-4:15PM	7	W	DGA	\$89
215520	5 & up	DGA	Sep18-Oct30	4:15PM-5:15PM	7	Th	DGA	\$89
215521	5 & up	DGA	Nov6-Dec18	4:15PM-5:15PM	6	Th	DGA	\$79
215522	5 & up	DGA	Sep19-Oct24	4:15PM-5:15PM	6	F	DGA	\$79
215523	5 & up	DGA	Nov7-Dec19	4:15PM-5:15PM	6	F	DGA	\$79
215524	5 & up	DGA	Sep19-Oct24	6:15PM-7:15PM	6	F	DGA	\$79
215525	5 & up	DGA	Nov7-Dec19	6:15PM-7:15PM	6	F	DGA	\$79
215526	5 & up	DGA	Sep20-Nov1	10:00AM-11:00AM	7	Sa	DGA	\$89
215527	5 & up	DGA	Nov8-Dec20	10:00AM-11:00AM	7	Sa	DGA	\$89

## Boys & Girls Intermediate Ages 5 & up Level 3

Enrolling in the intermediate class level Has the prerequisite requirement of prior enrollment in at least 2 sessions at the beginner/advanced beginner. The intermediate level training is a higher level of skills that require that the gymnast has shown adequate skill performance of Beginner/Advanced level skills prior to enrollment in this level. If you have questions about what is the appropriate level for your child please contact Demarays

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215528	5 & up	DGA	Sep19-Oct24	6:15PM-7:15PM	6	F	DGA	\$79
215529	5 & up	DGA	Nov7-Dec19	6:15PM-7:15PM	6	F	DGA	\$79
215530	5 & up	DGA	Sep16-Oct28	6:15PM-7:15PM	7	Tu	DGA	\$89
215531	5 & up	DGA	Nov4-Dec16	6:15PM-7:15PM	6	Tu	DGA	\$79

## Tumble and Trampoline Ages 5 & up

Youth will learn basic to advanced skills along with conditioning and flexibility training. This is a perfect complement for those students focused on competitive martial arts, cheerleading, and dance.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215558	5 & up	DGA	Sep16-Oct28	5:15PM-6:15PM	7	Tu	DGA	\$89
215559	5 & up	DGA	Nov4-Dec16	5:15PM-6:15PM	6	Tu	DGA	\$79



# HORSEMANSHIP

For more information, call (510) 791-4318

PLEASE NOTE: Location is Chaparral Ranch. DO NOT USE GPS! Visit [www.chaparralcorporation.com](http://www.chaparralcorporation.com) for directions.

## Horse Fun on the Farm!

**Ages 3-5**

Old MacDonald had a farm e-i-e-i-o! And on this farm he had a horse with parent in hand, preschoolers can learn horsemanship! We will learn to halter, feed, curry, dandee, hoof pick, mount, dismount, walk, turn, whoa, and enjoy a basic ride on a horse. Children will learn how to introduce themselves to these majestic animals! All participants and parents must wear long pants and close-toed shoes and bring a bike helmet.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214253	3-5	CR	Sep6-27	11:00AM-12:00PM	4	Sa	Rhonda	\$95
214254	3-5	CR	Oct4-25	11:00AM-12:00PM	4	Sa	Rhonda	\$95
214255	3-5	CR	Nov1-22	11:00AM-12:00PM	4	Sa	Rhonda	\$95

## Breakfast Ride

**Ages 8 & up**

Breakfast rides for ages 8 and up are available in sunny Ed Levin Park. A continental breakfast is included at the end of the ride!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214238	8 & up	CR	Sep7	10:00AM-11:30AM	1	Su	CR	\$55
214239	8 & up	CR	Oct5	10:00AM-11:30AM	1	Su	CR	\$55
215935	8 & up	CR	Nov2	10:00AM-11:30AM	1	Su	CR	\$55
215936	8 & up	CR	Dec7	10:00AM-11:30AM	1	Su	CR	\$55

## Horse FUNDamentals!

**Ages 6-7 NEW!**

This is an introductory course for parent and child includes three classroom sessions and one basic riding lesson for child. Topics include safety, horse care, ownership, tack, horse psychology, and riding techniques.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214240	6-7	CR	Sep6-27	1:00PM-2:00PM	4	Sa	Rhonda	\$95
214241	6-7	CR	Oct4-25	1:00PM-2:00PM	4	Sa	Rhonda	\$95
214242	6-7	CR	Nov1-22	1:00PM-2:00PM	4	Sa	Rhonda	\$95

## Horse Fundamentals Level 1

**Ages 8 & up**

The country is so close to the city-come out and learn to ride at Chaparral Ranch! This introductory course includes three classroom sessions and one basic riding lesson. Topics include safety, horse care, ownership, tack, horse psychology, and riding techniques. Adults need to register if they want to participate in the class with their child. No class May 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214243	8 & up	CR	Sep6-27	9:00AM-10:00AM	4	Sa	Rhonda	\$95
214244	8 & up	CR	Oct4-25	9:00AM-10:00AM	4	Sa	Rhonda	\$95
214245	8 & up	CR	Nov1-22	9:00AM-10:00AM	4	Sa	Rhonda	\$95

## Trail Rides

**Ages 8 & up**

Scenic trail rides are available in sunny Ed Levin Park. Beginners are welcome. Trail rides are walking only.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214246	8 & up	CR	Sep21	12:00PM-1:00PM	1	Su	CR	\$45
214247	8 & up	CR	Oct19	12:00PM-1:00PM	1	Su	CR	\$45
214248	8 & up	CR	Nov16	12:00PM-1:00PM	1	Su	CR	\$45
215937	8 & up	CR	Dec21	12:00PM-1:00PM	1	Su	CR	\$45

# ICE SKATING

For more information, call (510) 791-4318

Learn to skate with Professional Skating Instructors! Classes include a 30 minute lesson, skate rental, and free public session the day of the class. Arrive early to put on skates before the start of the class. The temperature of the ice rink 42-48°F, so wear clothing that is warm, comfortable, and easy to move in. A jacket, hat, gloves, or mittens are recommended. Protective gear is optional. No class Nov 26 & 28.

## Tots

**Ages 3-5**

This class develops confidence on the ice while teaching the proper way to fall down, get up, basic forward skating, balance, and introduces glides and stops.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214256	3-5	SIF	Sep19-Oct24	4:00PM-4:30PM	6	F	SIF	\$79
214257	3-5	SIF	Nov7-Dec19	4:00PM-4:30PM	6	F	SIF	\$79

## Youth

**Ages 6-17**

Youth learn the proper way to fall down, get up, stop, skate the two foot glide, one foot glide, forward swizzles, forward stroking backward swizzles, stopping, and an introductory spin.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214258	6-17	SIF	Sep17-Oct22	4:00PM-4:30PM	6	W	SIF	\$79
214259	6-17	SIF	Nov5-Dec17	4:00PM-4:30PM	6	W	SIF	\$79

# INLINE & QUAD SKATING

For more information, call (510) 494-4334

Learn inline skating the right way, from a certified instructor. Course is for the inexperienced or beginner skater. In this class, you'll learn a progression of skills to enable you to skate and skate safely. Mandatory gear required is inline skates with brake, helmet, wrist guards, knee and elbow pads. Don't forget to bring your water.

## Skate to Success for Beginners

**Ages 8 & up**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214729	8 & up	CP	Aug30-Sep6	8:00AM-9:00AM	2	Sa	\$49

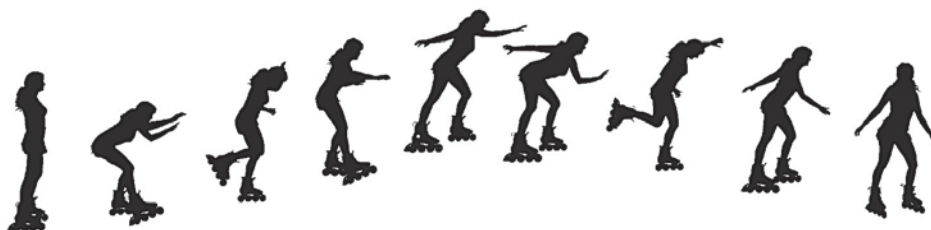
## Advanced Beginner/

**Ages 8 & up**

## Intermediate

This course is designed for skaters who have taken the Skate to Success Beginner Class or those who can skate forward and come to a complete stop with a heel brake. A certified instructor will teach you skating skills such as crossovers, backward skating, a variety of turns and stopping techniques, or transitioning from forward to backward skating. Instruction given and skills taught are based on individual student form and skill level. Course is repeatable as all skills cannot be taught in a 2 week session.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214730	8 & up	CP	Aug30-Sep6	9:00AM-10:00AM	2	Sa	\$49



TO REGISTER, SEE PAGE 49 OR ONLINE AT [WWW.REGEREC.COM](http://WWW.REGEREC.COM)



## LACROSSE

For more information, call (510) 790-5520

### Lacrosse Academy

**Ages 5-18**

Come check out the fastest growing sport in the U.S. Lacrosse has been called the fastest game on two feet. Camp Director Greg Mengis will provide a level of training that has been successful in high school, college and beyond.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214630	5-13	CPSBC	Sep11-Oct2	5:00PM-6:00PM	4	Th	\$59
214631	14-18	CPSBC	Sep11-Oct2	6:00PM-7:00PM	4	Th	\$59
214632	5-13	CPSBC	Oct9-30	5:00PM-6:00PM	4	Th	\$59
214633	14-18	CPSBC	Oct9-30	6:00PM-7:00PM	4	Th	\$59

## ROCK CLIMBING

For more information, call (510) 494-4334

### Little Lizards Climbing Lessons

**Ages 5-12**

Calling all parents and children! Are you looking for a fun and safe way for your kids to expend a little extra energy each weekend? This new program actually allows your kids to climb the walls! In fact, we encourage it! Little Lizards offers four lessons, every Saturday morning for one month, and introduces curious climbers and their parents to the exciting world of rock climbing. Boost their confidence, and join in the fun. The month of lessons includes a Rock Gym membership which offers unlimited climbing time on the Rock walls, harness, free guest days (perfect for siblings!) and free access to Family Fun Night every Saturday.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214132	5-12	CB	Sep6-27	9:00AM-10:00AM	4	Sa	CB	\$75
214133	5-12	CB	Oct4-25	9:00AM-10:00AM	4	Sa	CB	\$75
214134	5-12	CB	Nov1-29	9:00AM-10:00AM	5	Sa	CB	\$75
214135	5-12	CB	Dec6-27	9:00AM-10:00AM	4	Sa	CB	\$75

## MARTIAL ARTS

### Beginning Aikido

**Ages 6-12**

For more information, call (510) 791-4318

Aikido is a traditional Japanese martial discipline that incorporates exercise, awareness, cooperation, respect, and self-discipline. Children increase their self-confidence and personal safety without learning violence or aggression. Loose fitting clothing which covers arms and legs or a training uniform (preferably a judo gi) is recommended. No class Nov 24.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214249	6-12	FCC	Sep22-Oct27	7:00PM-8:00PM	6	M	Pajdowski	\$59
214250	6-12	FCC	Nov10-Dec22	7:00PM-8:00PM	6	M	Pajdowski	\$59

## MARTIAL ARTS AMERICA

For more information, call (510) 791-4351

### Tiny Tigers Taekwondo

**Ages 4-6**

This class is designed by a pre-school physical education teacher. We will focus on fine motor skills, listening, following directions, physical fitness and coordination. A local parent called this, 'The most enjoyable and informative class they ever signed up for!' Come see why this is a sold out program!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215182	4-6	MAA	Sep15-Nov17	6:00PM-6:30PM	10	M	MAA	\$159
215183	4-6	MAA	Sep16-Nov18	4:00PM-4:30PM	10	Tu	MAA	\$159
215184	4-6	MAA	Sep18-Nov20	5:00PM-5:30PM	10	Th	MAA	\$159
215185	4-6	MAA	Sep20-Nov22	10:00AM-10:30AM	10	Sa	MAA	\$169

### Karate for Kids

**Ages 7-11**

The Karate for Kids program is the most popular in the USA. Everyone participates and has a great time. The Karate 4 Kids Foundation has helped over 50,000 children improve their self-esteem, confidence, physical fitness, and attention span. Our main rule is that all students try their absolute best at everything they do. We teach life skills and self-discipline that will last a lifetime. A MAA School Uniform is required and must be purchased at the school for \$49. No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215179	7-11	MAA	Sep15-Nov20	6:30PM-7:15PM	20	M,Th	MAA	\$189
215180	7-11	MAA	Sep27-Dec6	10:30AM-11:15AM	10	Sa	MAA	\$129

### Krav Maga

**Ages 16 & up**

Krav Maga is based on simple principles and instinctive movements. This reality based self-defense class is designed to teach self-defense in the shortest possible time. Learn to defend against common chokes, grabs and bear hugs, along with weapon defense from knives, guns and sticks. Just as important, we teach you to function during the stress and shock of a sudden attack. You will learn takedown defenses like sprawl, one-fourth Nelson hold, triangles, and leg throws. This class is for the working professional, security personnel, and fitness seekers. Please Note: Krav Maga is for those in good physical health. We do offer a free evaluation at our center before you attend the first class. Call to set up an evaluation two weeks prior to the start of session. Krava gloves are required for this class and can be purchased the first day for \$49. No class Nov 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215181	16 & up	MAA	Sep27-Dec6	9:00AM-9:45AM	10	Sa	MAA	\$99



# SKATEBOARDING

For more information, call (510) 790-5546

## JORDAN RICHTER SKATEBOARDING ACADEMY

Jordan Richter's skateboarding academy provides a holistic approach to learning the fundamentals of skateboarding. They have created challenging and exciting lesson plans that make learning to skateboard safe and easy. Each lesson plan is tailored to fit each level of rider, whether you're a beginner, intermediate, or expert skateboarder. Our methods of teaching work to create a strong foundation of skills and confidence, which give each rider a safe and positive skateboarding experience! Students are required to bring their own skateboards, helmets, knee and elbow pads. Jordan can give recommendations in advance for the proper kind of board to have for optimum use!

### Group Lessons

**Ages 6-14**

Group lessons help skaters develop a clear foundation by teaching them how to ride and safely navigate the skate park. This program's main goal is to help students develop control, strength, flexibility, and confidence. With these building blocks in place, students are prepared for a successful introduction to skate parks and more advanced skateboarding terrain and tricks. 1:7 Instructor/Student Ratio. Please be advised that we require a minimum of three students in order to hold the class - we try to hold out making decisions until close to the first class date to allow for more registrations - so please register early so we know to expect you!

#### FREMONT SKATEPARK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	SEE
215307	6-14	FSP	Sep2-23	4:00PM-5:00PM	4	Tu	Richter	\$129
215308	6-14	FSP	Sep2-23	5:00PM-6:00PM	4	Tu	Richter	\$129
215309	6-14	FSP	Sep3-24	4:00PM-5:00PM	4	W	Richter	\$129
215310	6-14	FSP	Sep3-24	5:00PM-6:00PM	4	W	Richter	\$129
215311	6-14	FSP	Sep4-25	4:00PM-5:00PM	4	Th	Richter	\$129
215312	6-14	FSP	Sep4-25	5:00PM-6:00PM	4	Th	Richter	\$129
215313	6-14	FSP	Sep6-27	10:00AM-11:00AM	4	Sa	Richter	\$129
215314	6-14	FSP	Sep6-27	11:00AM-12:00PM	4	Sa	Richter	\$129
215315	6-14	FSP	Sep30-Oct21	4:00PM-5:00PM	4	Tu	Richter	\$129
215316	6-14	FSP	Sep30-Oct21	5:00PM-6:00PM	4	Tu	Richter	\$129
215317	6-14	FSP	Oct1-22	4:00PM-5:00PM	4	W	Richter	\$129
215318	6-14	FSP	Oct1-22	5:00PM-6:00PM	4	W	Richter	\$129
215319	6-14	FSP	Oct2-23	4:00PM-5:00PM	4	Th	Richter	\$129
215320	6-14	FSP	Oct2-23	5:00PM-6:00PM	4	Th	Richter	\$129
215321	6-14	FSP	Oct4-25	10:00AM-11:00AM	4	Sa	Richter	\$129
215322	6-14	FSP	Oct4-25	11:00AM-12:00PM	4	Sa	Richter	\$129
215323	6-14	FSP	Nov4-25	4:00PM-5:00PM	3	Tu	Richter	\$129
215324	6-14	FSP	Oct28-Nov18	5:00PM-6:00PM	4	Tu	Richter	\$129
215325	6-14	FSP	Oct29-Nov19	4:00PM-5:00PM	4	W	Richter	\$129
215326	6-14	FSP	Oct29-Nov19	5:00PM-6:00PM	4	W	Richter	\$129
215327	6-14	FSP	Oct30-Nov20	4:00PM-5:00PM	4	Th	Richter	\$129
215328	6-14	FSP	Oct30-Nov20	5:00PM-6:00PM	4	Th	Richter	\$129
215329	6-14	FSP	Nov1-22	10:00AM-11:00AM	4	Sa	Richter	\$129
215330	6-14	FSP	Nov1-22	11:00AM-12:00PM	4	Sa	Richter	\$129



### Private Lessons

**Ages 6 & up**

All levels of ability can benefit from the private lessons, whether you are brand new to skateboarding or an experienced rider, JRSA's private lessons help you hone your skill-set, develop it under professional guidance, and help take your skating to the next level! The JRSA beginner, intermediate and advanced private lesson plans are individualized to help aspiring skaters reach their maximum potential.

#### FREMONT SKATE PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	SEE
215334	6 & up	FSP	Sep2-23	3:00PM-4:00PM	4	Tu	Richter	\$225
215335	6 & up	FSP	Sep2-23	4:00PM-5:00PM	4	Tu	Richter	\$225
215336	6 & up	FSP	Sep2-23	5:00PM-6:00PM	4	Tu	Richter	\$225
215337	6 & up	FSP	Sep3-24	3:00PM-4:00PM	4	W	Richter	\$225
215338	6 & up	FSP	Sep3-24	4:00PM-5:00PM	4	W	Richter	\$225
215339	6 & up	FSP	Sep3-24	5:00PM-6:00PM	4	W	Richter	\$225
215340	6 & up	FSP	Sep4-25	3:00PM-4:00PM	4	Th	Richter	\$225
215341	6 & up	FSP	Sep4-25	4:00PM-5:00PM	4	Th	Richter	\$225
215342	6 & up	FSP	Sep4-25	5:00PM-6:00PM	4	Th	Richter	\$225
215343	6 & up	FSP	Sep6-27	10:00AM-11:00AM	4	Sa	Richter	\$225
215344	6 & up	FSP	Sep6-27	11:00AM-12:00PM	4	Sa	Richter	\$225
215345	6 & up	FSP	Sep30-Oct21	3:00PM-4:00PM	4	Tu	Richter	\$225
215346	6 & up	FSP	Sep30-Oct21	4:00PM-5:00PM	4	Tu	Richter	\$225
215347	6 & up	FSP	Sep30-Oct21	5:00PM-6:00PM	4	Tu	Richter	\$225
215348	6 & up	FSP	Oct1-22	3:00PM-4:00PM	4	W	Richter	\$225
215349	6 & up	FSP	Oct1-22	4:00PM-5:00PM	4	W	Richter	\$225
215350	6 & up	FSP	Oct1-22	5:00PM-6:00PM	4	W	Richter	\$225
215351	6 & up	FSP	Oct2-23	3:00PM-4:00PM	4	Th	Richter	\$225
215352	6 & up	FSP	Oct2-23	4:00PM-5:00PM	4	Th	Richter	\$225
215353	6 & up	FSP	Oct2-23	5:00PM-6:00PM	4	Th	Richter	\$225
215354	6 & up	FSP	Oct4-25	10:00AM-11:00AM	4	Sa	Richter	\$225
215355	6 & up	FSP	Oct4-25	11:00AM-12:00PM	4	Sa	Richter	\$225
215356	6 & up	FSP	Oct28-Nov18	3:00PM-4:00PM	4	Tu	Richter	\$225
215357	6 & up	FSP	Oct28-Nov18	4:00PM-5:00PM	4	Tu	Richter	\$225
215358	6 & up	FSP	Oct28-Nov18	5:00PM-6:00PM	4	Tu	Richter	\$225
215359	6 & up	FSP	Oct29-Nov19	3:00PM-4:00PM	4	W	Richter	\$225
215360	6 & up	FSP	Oct29-Nov19	4:00PM-5:00PM	4	W	Richter	\$225
215361	6 & up	FSP	Oct29-Nov19	5:00PM-6:00PM	4	W	Richter	\$225
215362	6 & up	FSP	Oct30-Nov20	3:00PM-4:00PM	4	Th	Richter	\$225
215363	6 & up	FSP	Oct30-Nov20	4:00PM-5:00PM	4	Th	Richter	\$225
215596	6 & up	FSP	Oct30-Nov20	5:00PM-6:00PM	4	Th	Richter	\$225
215597	6 & up	FSP	Nov1-22	10:00AM-11:00AM	4	Sa	Richter	\$225
215598	6 & up	FSP	Nov1-22	11:00AM-12:00PM	4	Sa	Richter	\$225



TO REGISTER, SEE PAGE 49 OR ONLINE AT [WWW.REGREC.COM](http://WWW.REGREC.COM)

# SOCCER

For more information, call (510) 790-5520

## Soccer Clinics

**Ages 1½ -12**

US Soccer Coaching provides expert soccer coaching to develop youth soccer players while having considerable amounts of fun! Youth will be coached on age appropriate soccer skills. Shin guards are required. Bring water.

### CENTRAL PARK SOFTBALL COMPLEX

BAR	AGE	LOC	DATE	TIME	#	DAY	DAY FEE
214634	3-4	CPSBC	Sep8-Oct13	5:00PM-6:00PM	6	M	\$119
214640	3-4	CPSBC	Oct27-Dec1	5:00PM-6:00PM	6	M	\$119
214635	5-6	CPSBC	Sep8-Oct13	5:00PM-6:00PM	6	M	\$119
214641	5-6	CPSBC	Oct27-Dec1	5:00PM-6:00PM	6	M	\$119
214636	7-8	CPSBC	Sep8-Oct13	6:00PM-7:00PM	6	M	\$119
214642	7-8	CPSBC	Oct27-Dec1	6:00PM-7:00PM	6	M	\$119
214848	9-12	CPSBC	Oct27-Dec1	6:00PM-7:00PM	6	M	\$119
214846	9-12	CPSBC	Sep8-Oct13	6:00PM-7:00PM	6	M	\$119

### CENTERVILLE COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	DAY FEE
214637	3-4	CCC	Sep10-Oct15	5:00PM-6:00PM	6	W	\$119
214643	3-4	CCC	Oct29-Dec3	5:00PM-6:00PM	6	W	\$119
214638	5-6	CCC	Sep10-Oct15	5:00PM-6:00PM	6	W	\$119
214639	7-8	CCC	Sep10-Oct15	6:00PM-7:00PM	6	W	\$119
214644	5-6	CCC	Oct29-Dec3	5:00PM-6:00PM	6	W	\$119
214645	7-8	CCC	Oct29-Dec3	6:00PM-7:00PM	6	W	\$119
214847	9-12	CCC	Sep10-Oct15	6:00PM-7:00PM	6	W	\$119
214849	9-12	CCC	Oct29-Dec3	6:00PM-7:00PM	6	W	\$119

### WARM SPRINGS COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	DAY FEE
214646	1½-2½	WSSC	Sep6-Oct4	9:00AM-9:45AM	5	Sa	\$89
216629	1½-2½	WSSC	Oct18-Nov15	9:00AM-9:45AM	5	Sa	\$89
214647	2½-3½	WSSC	Sep6-Oct4	9:45AM-10:30AM	5	Sa	\$89
216630	2½-3½	WSSC	Oct18-Nov15	9:45AM-10:30AM	5	Sa	\$89
214648	3½-5	WSSC	Sep6-Oct4	10:30AM-11:15AM	5	Sa	\$89
216631	3½-5	WSSC	Oct18-Nov15	10:30AM-11:15AM	5	Sa	\$89
214649	5-6	WSSC	Sep6-Oct4	9:00AM-10:00AM	5	Sa	\$99
216632	5-6	WSSC	Oct18-Nov15	9:00AM-10:00AM	5	Sa	\$99
214650	7-8	WSSC	Sep6-Oct4	10:00AM-11:00AM	5	Sa	\$99
216633	7-8	WSSC	Oct18-Nov15	10:00AM-11:00AM	5	Sa	\$99
214845	9-12	WSSC	Sep6-Oct4	11:00AM-12:00PM	5	Sa	\$99
216624	9-12	WSSC	Oct18-Nov15	11:00AM-12:00PM	5	Sa	\$99



# VOLLEYBALL

For more information, call (510) 494-4334

This class is designed as a coed program for beginners and intermediate players. Youth will be taught by City of Fremont staff! We will focus on how to pass, set, and spike in a fun atmosphere. It is our goal to create an encouraging environment while establishing the importance of the basics and teamwork on the volleyball court. Our hopes are to excite young people about volleyball and prepare them to continue into the next grade levels. The atmosphere we create will be to improve skills and understand the role of each player. Participants will become proficient at the basics and can apply them in real game situations. This class will include practice drills and actual game time with great instructional tips. Bring your water, and get ready to sweat! No class Nov 28.

### GRADES 6TH-7TH

BAR	AGE	LOC	DATE	TIME	#	DAY	DAY FEE
214136	6th-7th Grades	IRCC	Sep12-Oct17	5:00PM-6:00PM	6	F	\$99
214137	6th-7th Grades	IRCC	Oct24-Dec5	5:00PM-6:00PM	6	F	\$99

### GRADES 8TH-9TH

BAR	AGE	LOC	DATE	TIME	#	DAY	DAY FEE
214138	8th-9th Grades	IRCC	Sep12-Oct17	6:00PM-7:30PM	6	F	\$109
214139	8th-9th Grades	IRCC	Oct24-Dec5	6:00PM-7:30PM	6	F	\$109









# TINY TOTS

For more information, call (510) 494-4349

For questions about Priority Registration, contact the registration desk at [RegeRec@fremont.gov](mailto:RegeRec@fremont.gov) or call (510) 494-4300.

Students may not enroll in more than 12 hours per week. Withdrawals are allowed up to one business day before the class starts. A \$10 withdrawal fee will apply.

## EARLY FALL REGISTRATION

Priority Registration: 6/24/14-7/30/14

Open Enrollment: August 1st, 2014 at 12:01AM (online)

## LATE FALL REGISTRATION

Priority Registration: 10/1/14 - 10/15/14

Transfer Day: 10/16/14

Open Enrollment: October 17th, 2014 at 12:01AM (online)

TINY TOTS

## Parent & Child Preschool **Ages 1½-3**

Introduce your child to a Tiny Tot preschool setting for infants and toddlers. One parent and their child participate in activities together that include movement, music, storytelling and circle time activities. In the 1½-2 and 2-3 year old classes, your child will get to participate in group activities, art, and cooking projects. Register today and get ready to laugh, learn, and play! Sorry, no siblings. Registrants for the 3 hour class must bring a snack.

### CENTERVILLE COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212934	1½-2	CPGB	Sep9-Oct28	9:00AM-10:15AM	8	Tu	Cheryl	\$115
212939	2-3	CPGB	Sep4-Oct30	10:45AM-12:00PM	17	Tu,Th	Cheryl	\$239
212941	2-3	CPGB	Sep4-Oct30	9:00AM-10:15AM	9	Th	Cheryl	\$129
212942	2-3	CPGB	Sep5-Oct31	1:00PM-2:30PM	9	F	Nena	\$155

### IRVINGTON COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212940	2-3	IRCC	Sep3-Oct29	5:45PM-7:00PM	9	W	Nena	\$129
212943	2-3	IRCC	Sep5-Oct31	1:00PM-2:30PM	9	F	Cheryl	\$155

### LOS CERRITOS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212932	1-1½	LCCC	Sep4-Oct30	9:00AM-10:15AM	9	Th	Sheetu	\$129
212933	1½-2	LCCC	Sep4-Oct30	10:45AM-12:00PM	9	Th	Sheetu	\$129
212936	2-3	LCCC	Sep9-Oct28	9:00AM-12:00PM	8	Tu	Sheetu	\$245

### WARM SPRINGS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212935	1½-2	WSPGB	Sep9-Nov4	10:45AM-12:00PM	9	Tu	Vicki	\$129
212938	2-3	WSPGB	Sep4-Oct30	10:45AM-12:00PM	9	Th	Vicki	\$129
212937	2-3	WSPGB	Sep9-Oct30	9:00AM-10:30AM	16	Tu,Th	Vicki	\$245



## Enrichment

**Ages 33 mos-5**

This well balanced enrichment program includes exposure to pre-phonics, math concepts, science, dramatics, motor movement, arts and crafts, music plus field trips! Bring a snack to all classes. Parents do not participate in class. Children must be toilet trained

### CENTERVILLE COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212955	33mos-5	CPGB	Sep3-Oct31	9:00AM-12:00PM	26	M,W,F	Sonal	\$549
212953	33mos-5	CCC	Sep3-Oct29	12:30PM-3:15PM	17	M,W	Jennifer	\$345
212950	33mos-5	CCC	Sep4-Oct30	9:00AM-12:00PM	17	Tu,Th	Jennifer	\$369

### IRVINGTON COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212951	33mos-5	IRCC	Sep3-Oct29	12:30PM-3:15PM	17	M,W	Grace	\$345
212954	33mos-5	IRCC	Sep4-Oct30	9:00AM-12:00PM	17	Tu,Th	Grace	\$369

### LOS CERRITOS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212952	33mos-5	LCCC	Sep4-Oct30	12:30PM-3:15PM	17	Tu,Th	Sheetu	\$345

### NILES COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212957	33mos-5	NPC	Sep4-Oct30	9:00AM-12:00PM	17	Tu,Th	Ellen	\$369

### WARM SPRINGS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212956	33mos-5	WSPGB	Sep3-Oct31	9:00AM-12:00PM	26	M,W,F	Vicki	\$549
212958	33mos-5	WSCC	Sep4-Oct30	9:00AM-12:00PM	17	Tu,Th	Reem	\$369

TINY TOTS



**Pre-K**

**Ages 4-5**

Pre-K classes incorporate kindergarten readiness skills by exposing the student to phonics, pre-writing, science, and math concepts. Along with songs and story telling your child will enjoy a well-balanced program. Bring a snack to all classes. Parents do not participate in this class. Children must be toilet trained. Children must have turned 4 years old by September 1, 2014 for Pre-K class for the Fall Session. Proof of age is required.

**CENTERVILLE COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212959	4-5	CCC	Sep3-Oct31	9:00AM-12:00PM	26	M,W,F	Jennifer	\$585
212960	4-5	CCC	Sep4-Oct30	12:30PM-3:15PM	17	Tu,Th	Jennifer	\$365

**IRVINGTON COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212963	4-5	IRCC	Sep3-Oct31	9:00AM-12:00PM	26	M,W,F	Grace	\$585
212961	4-5	IRCC	Sep4-Oct30	12:30PM-3:15PM	17	Tu,Th	Grace	\$365

**LOS CERRITOS COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212965	4-5	LCCC	Sep3-Oct31	9:00AM-12:00PM	26	M,W,F	Sheetu	\$585

**NILES COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212964	4-5	NPC	Sep3-Oct31	9:00AM-12:00PM	26	M,W,F	Ellen	\$585

**WARM SPRINGS COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212962	4-5	WSCC	Sep3-Oct31	9:00AM-12:00PM	26	M,W,F	Reem	\$585



**SEE PAGE 41 FOR  
TOT SPORTS  
CLASSES**



**DISCOVERY COVE  
Drop In Child Care**

*For more information,  
call (510) 574-2010 or (510) 494-4381*

Do you need time for yourself? Do you have shopping, errands, or appointments that you would rather do without the kids? Never fear, Discovery Cove is here! Discovery Cove offers drop-in, hourly child-care. Children can visit the center up to 12 hours a week. You can relax and enjoy your outing knowing that your children are experiencing a wonderful time filled with activities. Call for reservations.

**Discovery Cove Family Resource Center**

39155 Liberty St. Suite H850

Hours: Monday-Friday  
8:30AM-5:00PM

Ages: 2-10  
Fee: \$7.00 per hour

*Pre-Literacy is not subject to the 12 hour/week limit.  
Parents do not participate in the following class.  
Children must be toilet trained.*

**Pre-K Literacy**

**Ages 3½-5 & 4-5**

This literacy class has similar elements to our popular Tiny Tots Pre-K classes, with an emphasis on reading readiness and literacy development. Children will develop literacy skills and readiness through children's literature, sequencing, storytelling and artistic expression, music and more. \*Children must have turned 4 years old by September 1st, 2014 for Pre-K Literacy class for the Fall Session. Proof of age is required.

**CENTERVILLE COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212968	3½-5	CPGB	Sep3-Oct31	12:30PM-3:15PM	26	M,W,F	Sonal	\$569

**LOS CERRITOS COMMUNITY CENTER**

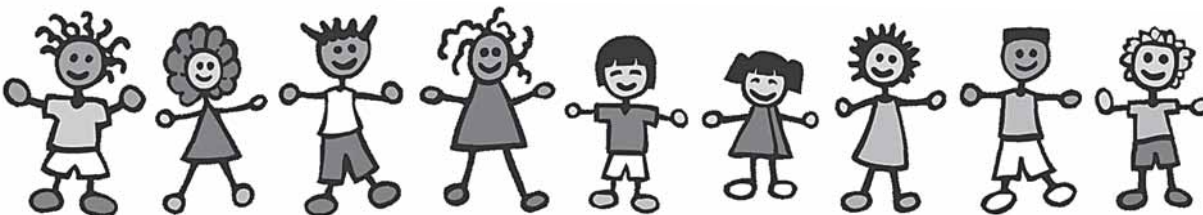
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212969	3½-5	LCCC	Sep3-Oct29	12:30PM-3:15PM	17	M,W	Sheetu	\$375

**NILES COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
212970	3½-5	NPC	Sep3-Oct29	12:30PM-3:15PM	17	M,W	Ellen	\$375

**WARM SPRINGS COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*212966	4-5	WSCC	Sep4-Oct30	12:30PM-3:15PM	17	Tu,Th	Jennifer L.	\$375
212967	3½-5	WSCC	Sep3-Oct29	12:30PM-3:15PM	17	M,W	Cindy	\$375



**TO REGISTER, SEE PAGE 49 OR ONLINE AT WWW.REGERC.COM**

The following Tiny Tots Classes are not subjected to the 12 hour/week limit. Parents do not participate in the following classes. Children must be toilet trained. Withdrawals are allowed up to one business day before the class starts. A \$10. withdrawal fee will apply.

**Progressive Tots on Phonics**

**Ages 3-5**

This class combines the nationally acclaimed Hooked on Phonics Learn to Read program in a language rich environment with language play (songs, word games, rhymes etc.) and storybooks. Hooked on Phonics award-winning programs are based on scientific research and align with the National Reading Standards of the No Child Left Behind Act. Your child will learn valuable tools to learn to read. Children should possess language skills and know their alphabet. As the class grows and your child learns, the class will be broken into groups based on their ability, beginner, intermediate or advanced.

**CENTERVILLE COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
212944	3-5	CCC	Sep4-Oct30	4:00PM-5:00PM	17	Tu,Th	\$185
215599	3-5	CCC	Nov4-Jan22	4:00PM-5:00PM	17	Tu,Th	\$185
212945	3-5	CCC	Sep3-Oct29	4:00PM-5:00PM	17	M,W	\$185
215629	3-5	CCC	Nov3-Jan21	4:00PM-5:00PM	16	M,W	\$185

**IRVINGTON COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
212946	3-5	IRCC	Sep4-Oct30	9:00AM-10:00AM	17	Tu,Th	\$185
215630	3-5	IRCC	Nov4-Jan22	9:00AM-10:00AM	17	Tu,Th	\$185
212947	3-5	IRCC	Sep3-Oct29	4:00PM-5:00PM	17	M,W	\$185
215631	3-5	IRCC	Nov3-Jan21	4:00PM-5:00PM	16	M,W	\$185

**WARM SPRINGS COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
212948	3-5	WSCC	Sep3-Oct29	1:00PM-2:00PM	17	M,W	\$185
215632	3-5	WSCC	Nov3-Jan21	1:00PM-2:00PM	16	M,W	\$185

**NILES COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
212949	3-5	NPC	Sep4-Oct30	2:00PM-3:00PM	17	Tu,Th	\$185
215633	3-5	NPC	Nov4-Jan22	2:00PM-3:00PM	17	Tu,Th	\$185

**Preschool Math!**

**Ages 3-6**

This class is to introduce your preschooler to the world of math! Patterns, numbers and vocabulary all the components that your child will need to be ready for school! This class will give your child a great jump in building a foundation in Math!

**IRVINGTON COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
212931	3-6	IRCC	Sep4-Oct30	10:15AM-11:15AM	17	Tu,Th	\$195
215583	3-6	IRCC	Nov4-Jan22	10:15AM-11:15AM	17	Tu,Th	\$195

**NILES COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
212929	3-6	NPC	Sep4-Oct30	12:30PM-1:30PM	17	Tu,Th	\$195
215581	3-6	NPC	Nov4-Jan22	12:30PM-1:30PM	17	Tu,Th	\$195

**WARM SPRINGS COMMUNITY CENTER**

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
215582	3-6	WSCC	Nov4-Jan22	1:00PM-2:00PM	17	Tu,Th	\$195
212930	3-6	WSCC	Sep4-Oct30	1:00PM-2:00PM	17	Tu,Th	\$195



**Tiny Tot Science**

**Ages 4-6**

This science enrichment class is designed especially for young children between the ages of 4-6 years old. Through a variety of exciting lessons, we will sparks excitement in your preschooler or kindergartner by introducing them to the wonderful world of science. These classes will support vocabulary development, math, literacy, creativity, investigation, and many other important skills as we engage in fun, hands-on, educational science experiments. Each class will have a different science theme. Fun filled class activities include science experiments, indoor/door play, and crafts that enforce learning science concepts.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
213129	4-6	WSPGB	Sep12-Oct3	1:00PM-2:15PM	4	F	\$75
213130	4-6	WSPGB	Oct10-31	1:00PM-2:15PM	4	F	\$75
215579	4-6	WSPGB	Nov7-Dec5	1:00PM-2:15PM	4	F	\$75
215580	4-6	WSPGB	Dec12-Jan 16	1:00PM-2:15PM	4	F	\$75

**Writing Readiness!**

**Ages 4-6**

Is your child ready to write? This class will provide an opportunity to build a solid base upon which good writing skills will be developed in later years. Building fine motor skills, improving hand eye motor co-ordination, & visual motor co-ordination through hands on activities. Teachers will use this critical time in your child's development by providing paper, white boards, crayons, various writing instruments, teaching a proper pencil grip, and most of all, lots of encouragement and supportive response.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
213131	4-6	WSCC	Sep15-Oct22	3:45PM-4:45PM	12	M,W	\$160
216729	4-6	WSCC	Nov3-Dec17	3:45PM-4:45PM	11	M,W	\$145
216730	4-6	CPGB	Nov3-Dec17	3:45PM-4:45PM	11	M,W	\$145





# TOT SPORTS

For more information call (510) 494-4334

SEE PAGE 38  
FOR TINY TOT  
CLASSES



## Jump Start Basketball

**Ages 3-5**

This class has all the fun and excitement of dribble tag, PASS-ket-ball, and mini games, but that's not all. Kids will develop very basic skills in passing, ball handling, and team play, but also in fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy. No class Oct 24, Nov 24 & 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214140	3-5	CCC	Sep5-Oct10	12:00PM-12:45PM	6	F	\$65
214141	3-5	CCC	Oct17-Dec5	12:00PM-12:45PM	6	F	\$65
214142	3-5	CCC	Sep6-Oct11	9:00AM-9:45AM	6	Sa	\$65
214143	3-5	CCC	Oct18-Nov22	9:00AM-9:45AM	6	Sa	\$65
214531	3-5	CCC	Sep8-Oct13	6:00PM-6:45PM	6	M	\$65
214532	3-5	CCC	Oct20-Dec1	6:00PM-6:45PM	6	M	\$65

## Kick off Soccer

**Ages 3-5**

This class has all the fun and excitement of dribbling obstacle courses, partner passing and shooting, and mini games, but that's not all. Kids will develop very basic skills in passing, dribbling, and team play, but also in fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy. No class Oct 24 & Nov 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214182	3-5	CCC	Sep5-Oct10	5:00PM-5:45PM	6	F	\$65
214183	3-5	CCC	Oct17-Dec5	5:00PM-5:45PM	6	F	\$65
214185	3-5	CCC	Sep3-Oct8	6:00PM-6:45PM	6	W	\$65
214186	3-5	CCC	Oct15-Nov19	6:00PM-6:45PM	6	W	\$65
214187	3-5	WSCC	Sep6-Oct11	9:00AM-9:45AM	6	Sa	\$65
214188	3-5	WSCC	Oct18-Nov22	9:00AM-9:45AM	6	Sa	\$65

## Parent & Child Sports Adventures

**Ages 1½-3**

This class has a variety of fun and lead-up activities with sports and games. Basketball, Soccer, Obstacle courses, Flag Tag, and Bubbles will keep you active with your little one. Kids will start to develop fine motor skills, socializing skills, and listening skills. One parent must attend and be ready to play! Sorry, no unregistered siblings. Fee is per parent/child pair. No class Oct 24, Nov 24 & 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214189	1½-3	CCC	Sep5-Oct10	10:30AM-11:15AM	6	F	\$65
214190	1½-3	CCC	Oct17-Dec5	10:30AM-11:15AM	6	F	\$65
214191	1½-3	CCC	Sep6-Oct11	10:00AM-10:45AM	6	Sa	\$65
214192	1½-3	CCC	Oct18-Nov22	10:00AM-10:45AM	6	Sa	\$65
214193	1½-3	CCC	Sep5-Oct10	4:00PM-4:45PM	6	F	\$65
214194	1½-3	CCC	Oct17-Dec5	4:00PM-4:45PM	6	F	\$65
214529	1½-3	CCC	Sep8-Oct13	5:00PM-5:45PM	6	M	\$65
214530	1½-3	CCC	Oct20-Dec1	5:00PM-5:45PM	6	M	\$65

## Playground Palooza

**Ages 3-5**

Playground Palooza is the best way to have your young one introduced to some fun, modified games like tag, kick the can, jump rope, hopscotch, kickball, and many more. These classes involve the same great listening skills and fine motor skills to help teach your young one. Also included is coloring time, chalk art time, and putting puzzles together which helps creative thinking skills. Making new friends has never been so easy! No class Oct24 & Nov28.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214179	3-5	CCC	Sep5-Oct10	1:00PM-1:45PM	6	F	\$65
214180	3-5	CCC	Oct17-Dec5	1:00PM-1:45PM	6	F	\$65



## Rookie Sports & Games

**Ages 3-5**

This class has a variety of fun with sports and games. Find out if basketball, soccer, or other activities will interest your little one. This multi-sport/activities class will emphasize fun with being active. Kids will develop fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy. No class Oct24 & Nov28.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214195	3-5	CCC	Sep5-Oct10	6:00PM-6:45PM	6	F	\$65
214196	3-5	CCC	Sep6-Oct11	11:00AM-11:45AM	6	Sa	\$65
214197	3-5	CCC	Oct17-Dec5	6:00PM-6:45PM	6	F	\$65
214198	3-5	CCC	Oct18-Nov22	11:00AM-11:45AM	6	Sa	\$65
214199	3-5	CCC	Sep3-Oct8	5:00PM-5:45PM	6	W	\$65
214200	3-5	CCC	Oct15-Nov19	5:00PM-5:45PM	6	W	\$65

## T-Ball League

**Ages 3-5**

For more information, call (510) 790-5520

This is a great introduction to the game of baseball/softball. We will cover the basics, teach the children to be part of a team, and demonstrate good sportsmanship! No score is kept-everyone is a winner! We will try to honor all requests for children to be placed on the same team. Requests must be made in writing and turned in at the time of registration Or after registration request may be sent to [m5a@fremont.gov](mailto:m5a@fremont.gov) (please include the barcode) Games will be one-hour. Start time will vary each week. There will be a short parent meeting, Sept 20 at 9 am, at Sigman Field, which is located at the Centerville Community Center.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214590	3-5	CCC	Sep27-Nov1	9:00AM-12:00PM	6	Sa	\$129

TOT SPORTS

TOT SPORTS

TO REGISTER, SEE PAGE 49 OR ONLINE AT [WWW.REGEREC.COM](http://WWW.REGEREC.COM)

# TEENS & TWEENS

TEENS & TWEENS

TEENS & TWEENS

## 6TH GRADE DANCES

For more information, call (510) 494-4344

Come and hang with your friends and meet some new ones! We will have a DJ spinnin' discs, Large-screen Movies, \$1 Snacks/Drinks, and games! If you are paying at the door, your parent will need to sign you in as proof you are in 6th grade and live in or attend a school in Fremont, if not, you must have a school ID. School dress codes must be followed. PARENTS: The confirmation receipt counts as the ticket!

### Back to sChOOL Dance Party

6th Graders Only

**ADVANCED TICKETS: \$12**  
(Available until Thurs, Oct2nd at 4:30PM at the main office and 11:59PM online)

**AT DOOR TICKETS: \$14**  
(Available at 6:30PM at the dance on Fri, Oct3rd)

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214327	6th Graders Only	TNC	Oct3	7:00PM-9:30PM	1	F	\$12

### Snow-Much-Fun Dance

6th Graders Only

**ADVANCED TICKETS: \$12**  
(Available until Thurs, Dec11th at 4:30PM at the main office and 11:59PM online)

**AT DOOR TICKETS: \$14**  
(Available at 6:30PM at the dance on Fri, Dec12th)

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214329	6th Graders Only	TNC	Dec12	7:00PM-9:30PM	1	F	\$12

## Teen Time Management Workshop

Ages 13-18

For more information, call (510) 791-4318

Personal time management skills are essential for success in life. Those who are able to successfully implement time management strategies are able to control their daily workload with ease and confidence rather than spend each day in a frenzy of activities. This workshop will help your student start their school year off right. They will learn techniques to set and accomplish goals, create priorities, recognize and deal with time wasters, improve concentration and efficiency, break indecision and procrastination, and more!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214251	13-18	CPVSC	Sep21	1:30PM-3:30PM	1	Su	Mujtaba	\$29
214252	13-18	CPVSC	Oct19	1:30PM-3:30PM	1	Su	Mujtaba	\$29

## Drivers Education On-line Class

Ages 15½-17½

For more information, call (510) 494-4344 or email [azambrano@fremont.gov](mailto:azambrano@fremont.gov)

This online course is an interactive, educational online class with the latest in animation, video and web technology. It sets the foundation for behind-the-wheel driver's training and is in accordance with the guidelines set by the California Department of Motor Vehicles. It covers the rules of the road, freeway driving, motorcycle and pedestrian safety, major causes of traffic collisions, alcohol & drugs, and much more. Upon successful completion, students will receive a DMV-approved certificate of completion (OL237) via mail of their choice. This course is a requirement for teens to obtain their learner's permit and driver's license. After registering, please email [azambrano@fremont.gov](mailto:azambrano@fremont.gov) or call (510) 494-4344 and give the student's email or phone #. You will be contacted by the agency the next business day. The date/time listed is not the actual day of the class-since class is in your home it can be anytime.

BAR	LOC	FEE
214331	Your Home	59



# THANKSGIVING BREAK CAMPS

## JUST FOR FUN CAMPS

### Ranger's Book of Badges

**Ages 7-11**

For more information, call (510) 790-5541

Based on the wildly popular iPhone App-Bartleby's Book of Buttons, this fun and educational camp will feature daily adventures where children will unlock the mysteries of nature and Central Park. Kids will solve puzzles, learn about the local natural wonders of Fremont and Central Park, and set out on daily adventures in order to earn Ranger Badges toward building a lifetime love and understanding of nature. Registrants may enroll in Central Park Extended Care from 8:00-9:00AM (BAR# 214029) and/or 3:00-6:30PM (BAR# 214030).

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
215376	7-11	NLC	Nov24,25,26	9:00AM-3:00PM	3	M,Tu,W	\$125

### Magic Wizard Camp

**Age 6-10**

For more information, call (510) 494-4322

Get ready for afternoons full of magic! Discover how to make an object appear or disappear and 'how to read a mind'. Magic Camp will teach you the basics! Future magicians will gain skills through an encouraging step-by-step approach while gaining self-esteem. Have fun while learning from a qualified magician who has a teaching credential and a Masters in Theater Arts. Each camper will receive his/her own box of tricks and wand. Bring a snack.\$14 material fee due on first day.

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214973	6-10	OHAC	Nov24,25,26	1:30PM-4:30PM	3	M,Tu,W	\$75

### Hunger Games

**Ages 8-12**

For more information, call (510) 494-4344

May the odds be ever in your favor! Based on the popular book and movie series! Kids will represent the Districts of Panem here at the Capital (CENTRAL PARK). Kids will learn different skills like Katniss Everdeen to survive the trials of Capital Arena! They'll create traps, discover the local wildlife, build shelters, and compete in daily challenges to survive the game. Please bring a lunch. Registrants may enroll in Central Park Extended Care from 8:00-9:00AM (BAR# 214029) and/or 3:00-6:30PM (BAR# 214030).

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214326	8-12	FCC	Nov24,25,26	9:00AM-3:00PM	3	M,Tu,W	\$109

SEE PAGE 47  
FOR EXTENDED  
CARE



### The Game Shows!

**Ages 10-13 NEW!**

For more information, call (510) 494-4344

Do you have what it takes to win a game show? Find out at The Games Shows Thanksgiving Break Camp! You'll spend three days in friendly competition with your peers as you solve puzzles, answer trivia, guide your way through obstacles, and participate in minute to win it games for some cool prizes! Registrants may enroll in Central Park Extended Care from 8:00-9:00AM (BAR# 214029) and/or 3:00-6:30PM (BAR# 214030).

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214353	10-13	TNC	Nov24,25,26	9:00AM-3:00PM	3	M,Tu,W	\$109

### Young Riders Camp

**Ages 8-14**

For more information, call (510) 791-4310

How the west was won. Come join us and our horses on a journey through history. Embrace the ranch experience as you learn to ride, dance at our hoedown, sing at our camp fire and mosey along on a hay ride. No prior riding experience is required. A packet of camp information, including directions, will be mailed to you prior to camp. Bring a lunch. Aftercare is available till 5:00PM at \$15.00 per hour. Please contact instructor Rhonda Mott on the first day of camp for more information.

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214260	8-14	CR	Nov24,25,26	9:00AM-2:00PM	3	M,Tu,W	Rhonda	\$239

JUST FOR FUN

CAMPS

JUST FOR FUN

## SPORTS CAMPS

### Ultimate Sports Jr.

**Ages 4-5**

For more information, call (510) 790-5520

Participants will be taught the basic skills of different sport through games and practice drills. Most importantly, kids will meet new friends and have fun. All equipment is provided. Bring a water bottle, and wear appropriate athletic shoes.

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214629	4-5	CPSBC	Nov24,25,26	8:00AM-12:00PM	3	M,Tu,W	\$85

### Ultimate Sports Camp

**Ages 6-12**

For more information, call (510) 790-5520

Ultimate Sports Camp is best suited for beginner to intermediate level campers, but our staff has the necessary experience and training to challenge campers of all ability levels. Staff will teach traditional sports and non-traditional games that improve coordination and cardio fitness. The full day camp will include field trips to Fremont Park Golf and Practice Center and Fremont Animal Shelter. For the full day: bring water, snack & lunch. For the half day, bring water and a snack. Registrants may enroll in Central Park Extended Care from 3:00-6:30PM (BAR#214030).

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214031	6-12	CPSBC	Nov24,25,26	8:00AM-3:00PM	3	M,Tu,W	\$129
214591	6-12	CPSBC	Nov24,25,26	8:00AM-12:00PM	3	M,Tu,W	\$85

### Holiday Indoor Sports Jam

**Ages 5-12**

For more information, call (510) 494-4334

Indoor Sports Jam is the perfect way to spend the holiday while jammin' to music! Children are split up by ages and skill level. We will also have an arts 'n' craft portion of the day and watch a movie for about 30 mins/per day/per AM and PM session. Bring a snack and water for the AM and PM, along with a lunch if you are attending the Full Day. Wear athletic clothing and shoes. Registrants may enroll in Irvington Extended Care from 8:00-9:00AM (BAR# 214114) and/or 4:00-6:00PM (BAR# 214115).

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214126	5-12	IRCC	Nov24,25,26	9:00AM-4:00PM	3	M,Tu,W	\$119
214127	5-12	IRCC	Nov24,25,26	9:00AM-12:00PM	3	M,Tu,W	\$69
214128	5-12	IRCC	Nov24,25,26	1:00PM-4:00PM	3	M,Tu,W	\$69



### Tennis Camp

**Ages 5-18**

For more information, call (510) 790-5510

This 3 day camp is based on the 4 core components, Athletic Development, Skill Development, Gam Development and Point Play. During the final day all campers will take part in a team competition. All campers will receive a T-shirt and technical evaluation based on the USTA National Player Development Stroke production competencies. Registrants may enroll in Central Park Extended Care from 8:00-9:00AM (BAR# 214029) and/or 3:00-6:30PM (BAR# 214030).

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
216424	5-18	FTC	Nov24,25,26	9:00AM-12:00PM	3	M,Tu,W	\$99
216425	5-18	FTC	Nov24,25,26	9:00AM-3:00PM	3	M,Tu,W	\$189

### Junior Golf Camp

**Ages 7-17**

For more information, call (510) 790-5520

With years of experience in Junior Golf Camps, our instructors and assistants provide a fun atmosphere for learning the golf swing fundamentals, sportsmanship, rules and etiquette. By the end of camp, your child will know how to play golf safely and with noticeable improvement. Registration includes NCGA membership for all students into the YOUTH ON COURSE program. Club rentals are available for \$25 per week. Call (510) 790-1919 for more details on club rental. Please note: Full day campers play the course daily from about 1-2:30 PM and should bring a lunch. Bring water and wear sunscreen. Registrants may enroll in Central Park Extended Care from 8:00-9:00AM (BAR# 214029) and/or 3:00-6:30PM (BAR# 214030).

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214358	7-17	FPGPC	Nov24,25,26	9:00AM-3:00PM	3	M,Tu,W	\$199
214359	7-17	FPGPC	Nov24,25,26	9:00AM-12:00PM	3	M,Tu,W	\$145

### Rock Climbing & Games Camp

**Ages 6-15**

For more information, call (510) 494-4334

Join City Beach for the adventure camp of a lifetime! Activities include: rock climbing, air hockey, basketball, volleyball, facilitated games, foosball, billiards, ping pong, ropes course, crafts, badminton, bocce ball, and more! Healthy snacks and t-shirts provided. All day participants will need to pack a lunch or have the option of purchasing an additional, healthy meal plan through City Beach. Charges will be assessed by City Beach for late pickups. There are no extended care options for this camp.

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
214120	6-15	CB	Nov24,25,26	9:00AM-4:30PM	3	M,Tu,W	CB \$235
214121	6-15	CB	Nov24,25,26	9:00AM-12:30PM	3	M,Tu,W	CB \$155

# ART & COOKING CAMPS

There are no extended care options for Art & Cooking.

## Art is Love

**Ages 6-10 NEW!**

For more information, call (510) 494-4322

Your child is invited to a week filled with mixed media projects. Activities will include sculpting a geometric form with wooden shapes, painting a treasure box and more. This camp encourages creativity and exploration and features lots of fun! There are no extended care options for this camp.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215651	6-10	WSCC	Nov24,25,26	9:00AM-12:00PM	3	M-Tu-W	Mrs. Christina	\$119

## Cook 'n' Art Camp

**Ages 6-10**

Calling all young artists and chefs! Use your creative talents to explore and create awesome art and cooking projects all in one camp! Each day participants complete a wonderful art project and bring home culinary surprises (unless they eat them at camp, which they probably will!) The week culminates on Friday with an art show and homemade refreshments! Dress for messy fun. Fee includes all supplies and ingredients. There are no extended care options for this camp.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214975	6-10	OHAC	Nov24,25,26	9:00AM-12:00PM	3	M,Tu,W	Shultz	\$139



SEE PAGE 8  
FOR COOKING  
CLASSES



## Drawing & Sketching 101

**Ages 8-14 NEW!**

Learn and develop skills in basic drawing and sketching! Activities include information about perspective, line and shading. Students will be encouraged to visualize and form their own original piece of art. There are no extended care options for this camp.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214977	8-14	SHP	Nov24,25,26	1:00PM-4:00PM	3	M-W	\$129

## Project Runway

**Ages 8-14**

For more information, call (510) 494-4322

Save money and express your own style. Design clothing using sewing patterns and learn sewing safety tips and stitching techniques by hand and with machine. Sewing machines provided for each two students. Learn to read patterns to make clothing and more. Campers will rock the runway showing off their new work at the Friday Fashion Showcase. Students will receive a supply list at the first day of class. There are no extended care options for this camp.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214976	8-14	SHP	Nov24,25,26	9:00AM-12:00PM	3	M,Tu,W	\$135

ART

CAMPS

ART

# ACADEMIC ENRICHMENT CAMPS

SEE PAGE 4  
FOR ACADEMIC  
ENRICHMENT  
CLASSES



## 3 Day Chess Fun Camp

Ages 5-13

For more information, call (510) 791-4318

In this 3 day camp students will learn all about timed chess, new and unusual openings and early opening traps. Students on the 1st day will play blitz and bullet chess while learning tricks about clocks and speed chess. This day will be more involved with playing than instruction. On the 2nd day we will instruct heavily on unusual openings and traps that will leave your mom, dad and friends curious where you learned these great tricks! The 3rd day will be fun day with students playing blitz, bullet, bughouse and more chess games created by U.S. Chess Mates. This camp will have your child playing better chess while keeping a smile on their face! All students will receive prizes and awards. There are no extended care options for this camp.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214265	5-13	WSSC	Nov24,25,26	9:00AM-12:00PM	3	M-W	U.S. Chess Mates	\$119

## LEKHA PUBLISHERS

For more information, call (510) 494-4349

### Create-a-Book & Early Reading

Ages 5-7

Morning: The art of bookmaking will be the focus of this week. They will also be introduced to simple binding techniques. Participants will learn how to make shape books, pop ups books, accordion books, and Flag books. Afternoon: Early Reading -Reading is the process of decoding symbols in order to help comprehend a written language. The reading process requires continuous practice, development, and refinement. At Lekha Early Readers children will learn how to read using interactive phonics methods. \$20 material fee due on first day. Registrants may enroll in Central Park Extended Care from 8:00-9:00AM (BAR# 214029) and/or 3:00-6:30PM (BAR# 214030).

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216429	5-7	CPVSC	Nov24,25,26	9:00 AM-3:00PM	3	M,Tu,W	Lekha Publishers	\$225

## MAD SCIENCE

For more information, call (510) 791-4318

### NASA: Journey Into Outer Space

Ages 5-12

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in this new voyage of discovery. See the principles of thrust and propulsion at work in a real rocket launch. Watch star dust burn, and journey through a galaxy as you investigate the life cycle of stars. Explore the farthest reaches of our solar system and create a lunar eclipse in this 'mad' planetary tour. Probe the mysteries of meteors and bounce around satellite light as you learn about space phenomena. Camp fee includes T-shirt or lab coat (limited supply available), water and non-carbonated beverages. Bring a lunch. Registrants may enroll in Central Park Extended Care from 8:00-9:00AM (BAR# 214029) and/or 3:00-6:30PM (BAR# 214030).

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216830	5-12	TNC	Nov24,25,26	9:00AM-3:00PM	3	M,Tu,W	Mad Science	\$199

## COMMUNICATION ACADEMY

For registration questions, call (510) 494-4344

For curriculum question, call (408) 777-8876 or visit [communicationacademy.com](http://communicationacademy.com)

### COMBO CAMPS

#### Public Speaking & Essay Writing

Ages 8-11

Take part in two valuable camps for a discounted price. SAVE \$40 when you enroll in full day camps which combine two fun back-to-back camps from Communication Academy. Parents maintain peace-of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting. Students bring own lunch and supervised by teacher. \$30 material fee due on first day.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214299	8-11	IRCC	Nov24,25,26	9:00AM-3:00PM	3	M,Tu,W	CA	\$329

#### Essay Writing:

Ages 8-11

#### Word Choice & Fluency

Students learn to bring their writing into focus, developing and communicating messages effectively using advanced writing skills. Literary devices such as metaphor and simile, vocabulary, and accurate word usage are applied towards communicating specific messages through their writing. \$15 material fee due on first day. There are no extended care options for the Irvington location.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216082	8-11	IRCC	Nov24,25,26	9:00AM-11:30AM	3	M,Tu,W	CA	\$185

#### Public Speaking:

Ages 8-11

#### Team Leadership

Team Leaderships instills team-management skills by teaching students how to direct for the stage and screen. Public speaking and management leadership combine in the challenging discipline of directing for television, movies, and commercials. Includes access to film production equipment. \$15 material fee due on first day. There are no extended care options for the Irvington location.

### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216083	8-11	IRCC	Nov24,25,26	12:30PM-3:00PM	3	M,Tu,W	CA	\$185



## EXTENDED CARE

Do you need all day child care? Extend your child's camp by registering for either the AM, PM, or even both! Qualified staff will provide a variety of games, and snacks!

### Central Park

**Ages 5-14**

For more information, call (510) 790-5520

This extended care is for Thanksgiving Break Camps located at Central Park.

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214029	5-12	TNC	Nov24,25,26	8:00AM-9:00AM	3	M,Tu,W	\$15
214030	5-12	TNC	Nov24,25,26	3:00PM-6:30PM	3	M,Tu,W	\$45

### Irvington

**Ages 5-12**

For more information, call (510) 494-4334

This is strictly for the camps that are held at the Irvington Community Center only!

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214114	5-12	IRCC	Nov24,25,26	8:00AM-9:00AM	3	M,Tu,W	\$15
214115	5-12	IRCC	Nov24,25,26	4:00PM-6:00PM	3	M,Tu,W	\$25

## FREE SUPERVISED LUNCH

### Irvington

**Ages 5-12**

This free supervised lunch hour is designed for the children that are combining two camps and need supervision between 12:00-1:00 PM Lunch is not provided.

#### THANKSGIVING BREAK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214118	5-12	IRCC	Nov24,25,26	12:00PM-1:00PM	3	M,Tu,W	\$0



EXTENDED CARE

# PATTERSON HOUSE EVENTS



For more information, call (510) 791-4196 or email [cdentry@fremont.gov](mailto:cdentry@fremont.gov)

## FALL CANDLELIGHT TOURS

Strange things are happening at the Patterson House! Come and see for yourself at our Candlelight Tours. Lit by only the light of candles and kerosene lanterns our tour guides will take you on an eerie tour of the house as it appeared in the late 1800's.

TIME	AGE	FRI, OCT 24	SAT, OCT 25	FEE	AT THE DOOR
7:00PM	8 & up	215029	215033	\$7	\$8
7:30PM	8 & up	215030	215034	\$7	\$8
8:00PM	8 & up	215031	215035	\$7	\$8
8:30PM	8 & up	215032	215036	\$7	\$8

## BEHIND THE SCENES TOURS

Ever wonder what is up in the attic? Or what lurks behind closed doors in the Patterson House at night? Now is your chance to find out in our Curiosities of the Attic: The Behind the Scenes Tour. Participants must be able to climb stairs and walk on uneven terrain.

TIME	AGE	FRI, OCT 17	SAT, OCT 18	FEE	AT THE DOOR
7:00PM	8 & up	215129	215133	\$7	\$8
7:30PM	8 & up	215130	215134	\$7	\$8
8:00PM	8 & up	215131	215135	\$7	\$8
8:30PM	8 & up	215132	215136	\$7	\$8

## MURDER MYSTERY DINNERS

Something has gone terribly wrong at the Patterson House and we need your help to solve the mystery! Find clues and act roles while enjoying a formal dinner and catching the Patterson House criminal! Fee includes dinner. Pre-registration is required.

### CLARA'S GARDEN AFFAIR:

Sat, September 13 (BAR # 212580), 5:30PM-8:00PM | \$69 admission | Ages 8 & up



All events will be held at the Patterson House (34600 Ardenwood Blvd., Fremont, Calif.)

EXTENDED CARE

TO REGISTER, SEE PAGE 49 OR ONLINE AT [WWW.REGEREC.COM](http://WWW.REGEREC.COM)



*Creating Community Through  
People, Parks & Programs*

## RECREATION COMMISSION

Meets first Wednesday  
of every month at 7 PM  
Council Chambers  
3300 Capitol Ave Building A

Pavan Vedere, Chair  
John Herndon, Vice Chair

Commission Members:  
Lila Bringhurst  
John Dutra  
Brian Hughes  
Frank Pirrone  
Laura Winter

Community Services Director  
Annabell Holland

## CITY COUNCIL

Meets first, second, and third  
Tuesday of each month at 7 PM  
Additional meeting may be needed,  
and with proper noticing special  
meetings will be held.  
Council Chambers  
3300 Capitol Ave, Building A

Bill Harrison, Mayor  
Vinnie Bacon, Vice Mayor

Councilmembers:  
Anu Natarajan  
Suzanne Lee Chan  
Raj Salwan

City Manager  
Fred Diaz

For City Council Agendas,  
call (510) 284-4060

## Community Services Department Advisory Bodies

Patterson House Advisory Board  
(510) 494-4451

Youth Advisory Commission  
(510) 494-4344

The program listings and fees in this  
publication are subject to change.

## CLASS LOCATIONS

### COMMUNITY CENTERS

CCC	Centerville Community Ctr . . . . .	3355 Country Dr., Fremont 94536	(510) 791-4324
CPGB	Centerville Community Ctr. Playground Bldg . . . . .	3355 Country Dr., Fremont 94536	(510) 791-4324
FCC	Fremont Community Ctr . . . . .	40204 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
FRC	Family Resource Ctr. . . . .	39155 Liberty Ave., Fremont 94538	(510) 574-2000
IRCC	Irvington Community Ctr. (Wally Pond) . . . . .	41885 Blacow Rd., Fremont 94538	(510) 791-4334
LCCC	Los Cerritos Community Ctr . . . . .	3377 Alder Ave., Fremont 94536	(510) 791-4351
NPC	Niles Program Ctr. . . . .	470 School St., Fremont 94536	N/A
OHAC	Olive Hyde Art Ctr . . . . .	123 Washington Blvd., Fremont 94539	(510) 494-4322
TNC	Teen Ctr . . . . .	39770 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
WSSC	Warm Springs Community Ctr . . . . .	47300 Fernald St., Fremont 94539	(510) 791-4318
WSPGB	Warm Springs Community Ctr. Playground Bldg. . . . .	47300 Fernald St., Fremont 94539	(510) 791-4352

### PARKS/FACILITIES AT THE PARKS

AHF	Ardenwood Historical Farm/Patterson House . . . . .	34600 Ardenwood Blvd., Fremont 94555	(510) 791-4196
AAW	Aqua Adventure Waterpark . . . . .	40500 Paseo Padre Parkway, Fremont 94538	(510) 494-4331
CPPP	Central Park Performance Pavilion . . . . .	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPVSC	Central Park Visitor Services Ctr. . . . .	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPSBC	Central Park Softball Complex . . . . .	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CPSC	Central Park Soccer Complex . . . . .	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CCP	Centerville Community Park . . . . .	3355 Country Dr., Fremont 94536	(510) 791-4324
FPES	Forest Park Elementary School . . . . .	34400 Maybird Circle, Fremont, 94555	(510) 713-0141
FPGPC	Fremont Park Golf and Practice Ctr . . . . .	39751 Stevenson Pl., Fremont 94539	(510) 790-1919
FSP	Fremont Skate Park . . . . .	40000 Paseo Padre Parkway	(510) 790-5541
GES	Gomes Elementary School . . . . .	555 Lemos lane, Fremont 94539	N/A
FTC	Fremont Tennis Ctr. . . . .	1110 Stevenson Blvd., Fremont 94538	(510) 790-5510
LE	Lake Elizabeth . . . . .	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
IRCP	Irvington Community Park . . . . .	41885 Blacow Rd., Fremont 94538	(510) 791-4334
NCP	Niles Community Park . . . . .	37697 3rd St., Fremont 94536	N/A
NGCP	Northgate Community Park . . . . .	Paseo Padre Parkway & Milton, Fremont 94555	N/A
NLC	Nature Learning Center (Central Park) . . . . .	40224 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
NP	Nordvik Park . . . . .	Ardenwood Blvd., Fremont 94555	N/A
SHP	Shinn Historic Park & Arboretum . . . . .	1251 Peralta Blvd., Fremont 94536	(510) 790-5541
SPHP	Sylvester P. Harvey Park . . . . .	3850 Grand Lake Dr., Fremont 94555	N/A
VAHP	Vallejo Adobe Historical Park . . . . .	36500 Niles Blvd., Fremont 94536	N/A
WSCP	Warm Springs Community Park . . . . .	47300 Fernald St., Fremont 94539	(510) 791-4318

### OTHER LOCATIONS

ASAF	American Swim Academy, Fremont . . . . .	4150 Technology Dr., Fremont 94538	(510) 657-7946
ASAN	American Swim Academy, Newark . . . . .	37400 Cedar Blvd., Newark 94560	(510) 794-7946
CB	City Beach . . . . .	4020 Technology Pl., Fremont 94538	(510) 651-2500
COFTR	City of Fremont Training Room . . . . .	3300 Capitol Ave., Bldg B, Fremont 94538	N/A
CR	Chaparral Ranch . . . . . (do not GPS) . . . . .	for directions visit <a href="http://www.chaparralcorporation.com">www.chaparralcorporation.com</a>	(925) 321-1759
DGA	Demaray's Gymnastics Academy . . . . .	40511 Albrae St., Fremont 94538	(510) 661-0576
FFTC	Fremont Fire Tactical Training Center . . . . .	7200 Stevenson Blvd, 94539	N/A
MAA	Martial Arts America . . . . .	4040 Papazian Way, Fremont 94538	(510) 490-8300
MAM	Melody Academy of Music . . . . .	1972 Driscoll Rd. Suite #5, Fremont 94539	(510) 656-3489
NVMH	Niles Veterans Memorial Hall . . . . .	37154 2nd St., Fremont 94536	N/A
OCF	Olive Children Foundation . . . . .	43531 Mission Blvd., Fremont 94539	(510) 770-8708
PRDO	Recreation Services Office . . . . .	3300 Capitol Ave, Bldg B, Fremont 94538	(510) 494-4300
SF	SnapFitness . . . . .	43480 Mission Blvd., Ste #160, Fremont 94539	(510) 226-7627
SIF	Sharks Ice at Fremont . . . . .	44388 Old Warm Springs Blvd, Fremont 94538	(510) 623-7200
Tule	Tule Ponds at Tyson Lagoon . . . . .	1999 Walnut Ave., Fremont 94538	N/A







3300 Capitol Ave. Bldg. B  
 Fremont, CA 94538  
 Hours: Mon-Fri, 8:30AM-5:00PM  
 Email: RegeRec@fremont.gov  
 Phone: (510) 494-4300

**REFUND POLICY**

Refunds are allowed if requested up to one business day prior to the start of the activity. A \$10 per class withdrawal fee will be deducted from your refund. Please allow up to four weeks for receipt of refund by check.

**TRANSFER POLICY**

Transfers are allowed up to one business day prior to the start of the class. There is no charge for this service.

**CANCELLATIONS**

The Community Services Department reserves the right to cancel a class for any reasonable cause. Should this happen, your fee will be refunded in full or you may transfer to any open class.

**NON-RESIDENT FEES**

For persons not residing in Fremont, the fee is \$5 in addition to the published fee per class.

**SENIOR CITIZEN DISCOUNT**

Seniors (Ages 60+) receive a 10% discount on all classes except those designated for seniors.

*Requests for withdrawals/transfers must be made in writing via email, fax, in person, or our online form.*

**FINANCIAL ASSISTANCE**

The City of Fremont and many local business and organizations have funded a grant program, which provides financial assistance for Fremont Residents. For information regarding eligibility for reduced fees, please call (510) 494-4300. All requests are kept confidential. Should you or your business wish to contribute to this scholarship program, call (510) 494-4300. Donations are tax deductible.



*The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities*

**NOW IT IS EASIER THAN EVER TO REGISTER!**



**5 WAYS TO REGISTER!**

- ✓ ONLINE at www.RegeRec.com
- ✓ EMAIL registrations (Scan/Photograph)
- ✓ FAX registrations to (510) 494-4375
- ✓ MAIL registrations to our office.
- ✓ WALK IN & register in person!

We only accept:



**ACTIVITY REGISTRATION FORM**

**Adult Registrant / Parent / Guardian**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_  
 HOME PHONE: \_\_\_\_\_ WORK [ ] / CELL PHONE [ ]: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 EMAIL ADDRESS: \_\_\_\_\_

BARCODE	PARTICIPANT NAME	BIRTHDATE	M/F	FEE*

Visa  MasterCard Expiration Date: \_\_\_\_\_ Card Number \_\_\_\_\_ TOTAL \_\_\_\_\_  
 Cardholder Name (printed): \_\_\_\_\_ Cardholder Signature: \_\_\_\_\_  
 \*Non-residents add \$5 per class

**CITY OF FREMONT RELEASE AGREEMENT FOR ALL PARTICIPANTS**

**IN CONSIDERATION OF PERMISSION TO PARTICIPATE IN OR USE ANY CITY OF FREMONT (hereinafter referred to as "City") FACILITIES IN CONNECTION WITH THIS ACTIVITY, THE PARTICIPANT AGREES TO THE FOLLOWING:**

- 1. THE PARTICIPANT HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE THE CITY OF FREMONT, ITS EMPLOYEES, OFFICERS AND AGENTS (hereinafter referred to as "releasees")** from all liability to the participant, his or her personal representatives, assigns, heirs, and next of kin, for any loss, damage, or claim therefore on account of injury to the person, participant's family member, or property of the participant, whether caused by any negligent act or omission of the releasees or otherwise, while the participant or participant's family member is participating in a City activity or using any City facilities in connection with the activity.
- 2. THE PARTICIPANT HEREBY AGREES TO INDEMNIFY AND HOLD HARMLESS** the releasees from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees' right to indemnify incurred on appeal) resulting from involvement in this activity, whether caused by any negligent act or omission of the releasees or otherwise.
- 3. THE PARTICIPANT HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE** to self or participant's family member while upon City property or participating in the activity or using any City facilities and equipment, whether caused by any negligent act or omission of releasees or otherwise. The participant expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk, are intended to be as broad and inclusive as permitted by California law and that if any portion thereof is deemed to be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

**I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING** and I am aware of the legal consequences of this agreement, including the acknowledgement that it prevents me from suing the City or its employees, agents, or officers, if I or my family member is injured or my property is damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.

**IF THE PARTICIPANTS ARE MINORS** his or her custodial parent or legal guardian must read and execute this agreement. I hereby warrant that I am the custodial parent or legal guardian of the participants listed on the registration form.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

CENTERVILLE COMMUNITY CENTER



OLIVE HYDE ART CENTER



WARM SPRINGS COMMUNITY CENTER



CENTRAL PARK PERFORMANCE PAVILION



LOS CERRITOS COMMUNITY CENTER



CENTRAL PARK PICNIC RESERVATIONS



SHINN HISTORIC PARK



# Facility & Picnic Reservations

- ◆ Picnic Reservations
- ◆ Indoor & Outdoor Facilities
- ◆ Small, Medium & Large Capacities
- ◆ Family Events
- ◆ Business/Corporate Events
- ◆ Weddings & Special Events
- ◆ Meetings & Events
- ◆ Ongoing Rentals
- ◆ Birthdays & Parties



(510) 494-4300 ◆ [www.Fremont.gov/FacilityRentals](http://www.Fremont.gov/FacilityRentals)

# THANK YOU TO OUR SPONSORS!

Aqua Adventure Waterpark would like to thank these organizations for their support of our scholarship program. Through their donations, scholarships were available for low income children living in the City of Fremont.



Open weekends  
through September

[GoAquaAdventure.com](http://GoAquaAdventure.com)

City of Fremont Community Services  
3300 Capitol Avenue • Building B  
P.O. Box 5006  
Fremont, CA 94537-5006

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ECRWSS

# PATTERSON HOUSE EVENTS

## CANDLELIGHT TOURS

Oct 24 & 25

\$7 admission

## BEHIND THE SCENES TOURS

Oct 17 & 18

\$7 admission

## MURDER MYSTERY DINNERS

Clara's Garden Affair

Sept 13 | 5:30-8:00PM

\$69 admission

See page 47 for more details or visit  
[www.Fremont.gov/PattersonHouse](http://www.Fremont.gov/PattersonHouse)

For more information,  
call (510) 791-4196 or  
email [cdentry@fremont.gov](mailto:cdentry@fremont.gov)



[www.RegeRec.com](http://www.RegeRec.com)